

Sabina Neupane

Registered Nurse (DHA - License no: 52754186)

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Ajman, UAE



Profile Summary

Compassionate and dedicated registered nurse specializing in geriatric care. Seeking a position where my expertise in providing comprehensive and empathetic care to elderly patients can contribute to their well-being and quality of life.

Career Progression

Staff Nurse, Max International Hospital & Trauma Centre

Nov, 2015 to Dec, 2017

Registered Nurse , Max International Hospital & Trauma Centre

Jan, 2023 to Sep, 2024

Achievements

- Registered Nurse, License No. 32874 by Nepal Nursing Council
- Registered Nurse, License No. 52754186 by Dubai Health Authority

Areas of Expertise

- Strong Interpersonal Communication skills
- Geriatric Care
- ICU Nurse
- Emergency care
- IV management
- Medical terminologies

Proven Job Role

Max International Hospital & Trauma Centre, Nepal

Jan, 2023 to Sep, 2024

Registered Nurse (ICU care)

- Provided critical care to patients with life-threatening conditions, including those on ventilators, post-surgery, or with multi-organ dysfunction.
- Monitored and recorded vital signs, including blood pressure, heart rate, oxygen saturation, and neurological status, ensuring early identification of clinical changes.
- Administered medications, fluids, and blood products as prescribed, following strict safety protocols and guidelines.
- Operated and maintained advanced medical equipment such as ventilators, infusion pumps, cardiac monitors, and defibrillators.
- Assisted physicians during invasive procedures such as intubation, central line insertion, and arterial blood gas (ABG) sampling.

- Implemented infection control measures, including maintaining a sterile environment and monitoring for signs of hospital-acquired infections.
- Collaborated with multidisciplinary teams to develop and update individualized care plans for critically ill patients.
- Educated patients' families on care plans, prognosis, and the emotional aspects of dealing with critical illness.
- Participated in rapid response and code blue situations, providing immediate and effective interventions.
- Documented all care activities accurately in electronic medical records (EMR), ensuring compliance with hospital policies and regulatory standards.
- Provided pre- and post-operative care for surgical ICU patients, including monitoring for complications and managing pain effectively.
- Maintained up-to-date knowledge of ICU protocols, advanced life support techniques, and emerging trends in critical care nursing.

Max International Hospital & Trauma Centre, Nepal

Nov, 2015 to Dec, 2017

Staff Nurse (ICU Care)

- Provide patient care in accordance with established nursing standards and protocols.
- Administer medications, monitor patient response, and document patient progress.
- Collaborate with other healthcare professionals to provide comprehensive care.
- Educate patient and families about their health conditions and treatment options.
- Manage and prioritize multiple patient needs in fast paced healthcare environment.

Qualifications

Proficiency Certificate Level (PCL) Nursing, Kathmandu Institute of Technical Sciences (KITS) College
 Bachelor In Nursing Science, Nobel College, Kathmandu

Personal Details

Nationality : Nepali
 Visa Status : Spouse Visa
 Languages : English, Hindi, Nepali
 Date of Birth : September, 1995

Reference

Will furnish promptly upon request