



B. SYEDA AYEESHA NAZ



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ABOUT ME

My primary goal is to secure a position that not only aligns with my professional aspirations but also offers a platform for continuous growth and development. I am highly adaptable and open to exploring diverse career paths that will stimulate my intellectual curiosity and drive for excellence. My commitment to professional development is unwavering, as I am eager to embrace emerging trends and technologies. This will not only broaden my expertise but also ensure that I remain at the forefront of industry advancements, thereby expanding the spectrum of my knowledge and enhancing my ability to contribute effectively to any professional setting.

EDUCATION

B.P.T (BACHELOR'S DEGREE IN PHYSIOTHERAPY)

KIMS (Kempegowda Institute of
Medical Sciences - Bangalore) /
Bangalore /
2004

- Earned Bachelor of Physiotherapy from KIMS College, affiliated with Rajiv Gandhi University of Health Sciences.

SKILLS

TREATED MUSCULOSKELETAL CONDITIONS

MANAGING CLINIC AND PATIENT HANDLING

LANGUAGES

ENGLISH

URDU

WORK EXPERIENCE

PHYTMED PHYSIOTHERAPY CLINIC

Bangalore
Feb 2023 - Present

Clinical Manager

- Managed comprehensive clinical records, ensuring accurate documentation and compliance with healthcare regulations.
- Oversaw financial operations related to clinical management, maintaining budgetary guidelines and fiscal responsibility.
- Coordinated patient appointment scheduling to optimize clinic workflow and enhance patient access to care.
- Ensured patient wellbeing throughout the treatment process, providing support and addressing concerns effectively.
- Implemented policies and procedures to improve clinic operations and patient care delivery.

HEALTHIFYME PVT LTD

Bangalore
Jul 2018 - Dec 2022

Quality Analyst/SME

- Oversaw quality assurance for the fitness team, ensuring high standards of performance
- Conducted regular training sessions to enhance team capabilities and service delivery
- Maintained accurate records of team performance, facilitating monthly performance reviews
- Implemented best practices to foster a culture of continuous improvement within the team
- Collaborated with management to align quality objectives with overall business goals

PHYTMED PHYSIO CLINIC

Bangalore
Aug 2017 - Jun 2018

Sr. Clinical Physiotherapist

- Evaluated and treated a diverse caseload of patients, implementing individualized treatment plans to enhance functional mobility and manage pain effectively.
- Maintained comprehensive patient records, ensuring accurate documentation of treatment progress and outcomes.
- Developed and executed targeted strategies for physical rehabilitation, focusing on restoring patients' quality of life.
- Collaborated with multidisciplinary healthcare teams to provide holistic patient care and optimize treatment interventions.
- Utilized a variety of physiotherapy techniques and modalities to address patient needs and promote recovery.
- Educated patients and their families on therapeutic exercises and lifestyle modifications to support long-term health and wellness.
- Adapted treatment plans based on patient response and clinical judgment to achieve optimal therapeutic outcomes.

QI BACK & SPINE

Bangalore
Nov 2016 - Jun 2017

HINDI	
TAMIL	
KANNADA	
KASHMIRI	

HOBBIES

COOKING

PERSONAL DETAILS

Date of birth
11 Jul 1978

Nationality
Indian

Visa status
Visit Visa

Marital status
Married

REFERENCES

DR. VASU DEV
Padmashree group of institutions
T: 080-23215517, 23215527

DR. PRAVIN AARON. PT
Padmashree Institution Of
Physiotherapy
T: 080-23215517, 23215527

CLINIKK HEALTH CARE,
OHEALER PVT LTD.
Bangalore
Mar 2016 - Sep 2016

PHYTMED PHYSIO
CLINIC
Bangalore
Aug 2012 - Jan 2016

PADMASHREE
PHYSIOTHERAPY CLINIC
Bangalore
Dec 2005 - Jul 2012

Sr. Spine Consultant

- Managed comprehensive care for patients with spinal, musculoskeletal, and neurological conditions, ensuring high-quality treatment outcomes.
- Maintained electronic medical records (EMR) and manual documentation with a focus on accuracy and confidentiality.
- Conducted Diagnostic Spinal Assessments (DSA) to evaluate and diagnose spinal ailments effectively.
- Collaborated with multidisciplinary teams to develop and implement personalized care plans for patients.
- Utilized advanced medical knowledge to advise patients on treatment options and preventative care strategies.
- Upheld stringent healthcare standards and protocols to provide exceptional patient care and support.

Manager Physiotherapy

- Developed and implemented treatment protocols to enhance patient care within the physiotherapy department.
- Led and supervised a team of physiotherapists, providing guidance and support to ensure high-quality service delivery.
- Maintained effective communication with patients to monitor their progress and satisfaction with treatments provided.
- Ensured the physiotherapy services were administered with the utmost professionalism and adherence to healthcare standards.

Sr. Clinical Physiotherapist

- Evaluated and treated a diverse caseload of patients, implementing individualized treatment plans to enhance functional mobility and manage pain effectively.
- Maintained comprehensive patient records, ensuring accurate documentation of treatment progress and outcomes.
- Developed and executed targeted strategies for physical rehabilitation, focusing on restoring patients' quality of life.
- Collaborated with multidisciplinary healthcare teams to provide holistic patient care and optimize treatment interventions.
- Utilized a variety of physiotherapy techniques and modalities to address patient needs and promote recovery.
- Educated patients and their families on therapeutic exercises and lifestyle modifications to support long-term health and wellness.
- Adapted treatment plans based on patient response and clinical judgment to achieve optimal therapeutic outcomes.

Clinical Physiotherapist

- Managed outpatient department (OPD) operations, ensuring efficient patient flow and high-quality care delivery.
- Developed and implemented treatment strategies tailored to individual patient needs.
- Oversaw the revision of treatment charges to align with service value and operational costs.
- Maintained a patient-centered approach while coordinating physiotherapy interventions.
- Collaborated with a multidisciplinary team to optimize patient outcomes and enhance the therapeutic experience.