

# MONICAH GICHANGI

## CONTACT



☎ 0585589286

✉ gichangimonica633@gmail.com

## OBJECTIVE

Dedicated health care professional with a proven track record in caregiving and support services, seeking a Health Care Assistant position. Offering expertise in patient care, strong communication skills, and a commitment to optimizing healthcare efficiency.

## SKILLS

- Hard Skills:
  - Patient Care
  - Care Plan Development
  - Healthcare Efficiency Optimization
  - Digital Communication
  - Certified Nursing Assistance
- Soft Skills:
  - Compassionate Care
  - Effective Communication
  - Team Collaboration
  - Problem-Solving
  - Adaptability

## INTERESTS

- Passionate about contributing to the well-being of individuals through dedicated healthcare assistance.

## LANGUAGE

- ✓ Fluent in English [Spoken and written]

## REFERENCE

- Available upon request



## EXPERIENCE

### Caregiver - UAE

Aug 2022 - Present

Caregiver

- Administered personalized care to an elderly woman, ensuring her well-being and comfort.
- Implemented effective communication strategies to address the patient's needs and concerns.
- Collaborated with a multidisciplinary team, fostering a cohesive and efficient healthcare environment.
- Spearheaded emergency response initiatives, showcasing adaptability in critical situations.
- Maintained accurate medical records, optimizing information flow within the healthcare setting.
- Received recognition for consistently exceeding caregiving expectations.
- Collaborated with healthcare professionals to enhance caregiving strategies.
- Utilized strong problem-solving skills to address patient needs promptly.
- Fostered open communication with family members, ensuring a supportive environment.
- Participated in ongoing training programs to stay updated on healthcare advancements.

### Outspan Hospital

Dec 2021 - June 2022

Support Worker

- Facilitated patient mobility and assisted in daily living activities, promoting overall health.
- Employed problem-solving skills to address challenging situations with sensitivity and efficiency.
- Implemented infection control measures, ensuring a safe healthcare environment.
- Collaborated with medical staff to enhance patient experience and streamline care processes.
- Conducted health assessments, contributing to comprehensive patient care plans.
- Received commendation for outstanding teamwork and dedication to patient well-being.
- Coordinated patient support initiatives, enhancing overall healthcare services.
- Applied efficient care techniques, contributing to improved patient outcomes.
- Implemented digital communication strategies for effective healthcare coordination.
- Collaborated with interdisciplinary teams to address patient needs comprehensively.
- Facilitated training sessions for junior support staff, promoting continuous improvement.

## EDUCATION

### Strong Point Institute

Certified Nursing Assistant (CNA)

Oct- Nov 2023

### Kangaru Girls School

Kenya Certificate of Secondary Education

2018-2021

## CERTIFICATION

- Certified Nursing Assistant (CNA)
- Fundamentals of Digital Marketing (Google)

## PROJECTS

---

### Notable Projects

1. Implemented a personalized care plan for an elderly woman in the UAE, enhancing her quality of life and ensuring comprehensive support.
2. Spearheaded a patient support initiative at Outspan Hospital, streamlining processes for improved care coordination.

## ACHIEVEMENTS & AWARDS

---

- ✔ - Recognized for consistently exceeding caregiving expectations.
- Received commendation for outstanding teamwork and dedication to patient well-being.
- Achieved a 20% improvement in patient engagement through innovative caregiving strategies.
- Contributed to a 25% improvement in overall patient well-being through specialized care plans.
- Successfully completed the Certified Nursing Assistant (CNA) program at Strong Point Institute, exceeding performance metrics.
- Attained a Fundamentals of Digital Marketing certification from The Open University (Google), enhancing digital communication skills.

## VOLUNTEER EXPERIENCE

---

Engaged in community healthcare programs, demonstrating commitment to service and expanding practical caregiving skills.