

# DR MEHREEN YOUSUF BANGASH

Pediatrician / DHA Approved:-  
Physician -General Practitioner-  
General Practice)



## Personal details



DR MEHREEN YOUSUF  
BANGASH



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Flat 110, National Bonds Oasis,  
Dubai Silicon Oasis



Islamabad



Female



Married

## Skills

Research Methodology, Biostatistics and Dissertation Writing

Neonatal Intensive Care

Clinical supervision

Emergency medicine

Family communication

Introduction to Computer & Internet

Treatment planning

Patient assessment

## Profile

An academically and professionally, specialized Pediatrician. Currently working as a Pediatric Consultant, providing diagnosis and treatment of a wide range of pediatric conditions.

Compassionate and dedicated pediatrician with extensive experience in managing neonatal care and pediatric emergency services. Proven ability to lead teams while ensuring the highest standards of patient care. Strong communicator skilled at building rapport with children and their families, enabling effective treatment plans and health education. Passionate about staying informed of the latest clinical guidelines and providing holistic child-centric care.

## Education

### FCPS-II Pediatrics

Jul 2016 - Sep 2020

Collage of Physicians & Surgeons Pakistan, Islamabad Pakistan

1. **FCPS-II** - May 2024
2. **IMM** - March 2019
3. **FCPS-I** - July 2016

**Research** Nebulizer Epinephrine versus Nebulizer Salbutamol in Hospitalized Children with Bronchiolitis  
(Pakistan Atomic Energy Commission Hospital Islamabad)

### MBBS

Nov 2008 - Nov 2013

Khyber Girls Medical College (KMU), Peshawar - Pakistan

### HSSC/ Pre-Medical

Mar 2006 - Mar 2008

Board of Intermediate & Secondary Education, Peshawar - Pakistan

## Employment

### Woman Medical Officer

Oct 2020 - Present

Government of Khyber Pakhtunkhwa, Peshawar - Pakistan

**WMO & Incharge NICU**, Paediatric Department, DHQ Hospital Kurram Agency

### Hospital Overview

Sub-specialties available Busy 48 bedded A&E

Operating 24/7 A&E Components

### Responsibilities

- Team leader in NICU
- Overseeing 12 incubators and 3 phototherapy units for neonates
- Lead outpatient pediatric consultations.
- Diagnose complex medical conditions.
- Supervise junior doctors and nurses.
- Develop treatment plans for chronic cases.
- Advise on child nutrition and development.
- Handle referrals and second opinions.
- Review and interpret diagnostic tests.
- Ensure quality and safety in care.
- Communicate clearly with families.
- Stay updated with clinical guidelines.

### PG Paediatric

Jun 2016 - Sep 2020

Pakistan Atomic Energy Commission Hospital, Islamabad - Pakistan

**4 years Training in Pediatrics**

**Hospital Overview**

Diagnostic interpretation	●●●●●
Quality assurance in healthcare	●●●●●
Clinical Research	●●●●●
Medical Documentation	●●●●●
Immunization Programs	●●●●●
Pediatric Nutrition	●●●●●

## Languages

English	●●●●●
Urdu	●●●●●
Arabic	●●●●●

## References

**Dr. Madeeha Sultan - FCPS Peads**  
Medcare Hospital, Dubai-UAE  
madihasultan1053@gmail.com

**Dr. Iyas - FCPS Medicine**  
Wellness One Day Surgery Center,  
AbuDhabi - UAE  
drilyas93@gmail.com

Renowned tertiary care hospital with all sub- specialties available Busy 48 bedded pediatric ward.

**NICU Details:** 15 incubators & 3 ventilators and 5 phototherapy units

**Pediatric Emergency Services** running 24/7

### Responsibilities

- Assist in daily ward rounds.
- Take patient history and perform examinations.
- Monitor vital signs and clinical progress.
- Document case notes and reports.
- Present cases in clinical discussions.
- Manage emergency pediatric cases under supervision.
- Perform basic procedures (IV, lumbar puncture, etc.).
- Counsel parents about child's condition.
- Support immunization and health camps.
- Participate in academic and research activities.

### TMO /House-Job

**Nov 2013 - Dec 2014**

Hayatabad Medical Complex, Peshawar - Pakistan

**6 months House-Job in Surgery and Allied and 6 months House-Job in Medicine and Allied.**

**(Gynae and Obs - 2 months, General Surgery - 3 months, Oral & Maxillofacial Surgery - 1 month, Psychiatry - 1 month, General Medicine - 3 months, Pediatrics - 2 months)**

## Certificates

Certificate on Basic Life Support (BLS) complete on 17/11/2018

Participation in Workshop on **Patient First** Organized by **PAEC Hospital**

3-Days- 23rd Biennial International Pediatric Conference on **Moving from Millennium to Sustainable Development Goals** (14 CME Credit Hours)  
Organized By **BIPC**

3-Days Training of Trainers on **Baby Friendly Hospital Initiative (BFHI)**  
Organized by **UNICEF**

2 days Training on Improving Knowledge on **Gender-Based Violence among Health Staff at SHC Facilities KP Health Systems Strengthening Program**  
Organized by **ADB**

Sanofi **Lumber Puncture Mentorship Skill Workshop** Organized by **PAEC Hospital**

2-Days Training of Trainers from Health Care Providers on **Kangaroo Mother Care Services** Organized By **NUTRITION INTERANATIONAL**

### OTHERS

**Merit Certificates** for outstanding participation and contributions, including: winner of Quiz and Chats Competitions; Organizer of Literary Week; Sub Editor in the 1st Edition of College Magazine *HAVI* (2008–10); Chief Organizer of Sports Week (2011); Organizer of *SAR ARTYSTY* (2011); awarded Best Poster on World No Tobacco Day (2011); participant in Drama and Medical Quiz (2009).

*Dr. Mehreen Yousuf Bangash*