



PERSONAL DETAILS

Date of Birth
25th November, 1990

Nationality
Pakistani

Marital Status
Married

Address
Russia cluster VO4,
International city Dubai

EDUCATION BACHELORS

MBBS-2015
Bahria University Islamabad

POSTGRADUATION

FCPS-II 2023
Five years in Surgery and
Orthopedic
Combined Military Hospital
Abbottabad.

LANGUAGES

Urdu
English
Pashto
Hindi

DR.ADNAN AFSAR

GENERAL PRACTITIONER / MBBS / POSTGRADUATE
TRAINING / MOH / DHA (O9357593)

Highly skilled and dedicated medical professional with (MBBS) degree from a prestigious university in Pakistan (PMDC Reg No 2416).who has 7 plus years experience in general OPD, and managing Emergencies. Worked as a Resident in Surgery and Trauma & Orthopedic. Seeking an opportunity to contribute expertise and clinical skills to a reputable medical facility.

CONTACT

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WORK EXPERIENCES

Postgraduate Training in Surgery and Orthopedic/Emergency at Combined Military Hospital

01/2019 - 12/2023

- Managed and assisted complex surgeries including Fractures, Dislocations, Wound debridement and wound care.
- Conducted pre-operative and Post-operative assessment of patients.
- Daily opd of 200 patient with morning and evening round.
- Managed all Emergency cases in ER department including Endo-tracheal tube intubation, Open fracture requiring external fixation, fracture stabilization, dislocation, wound care.

General Practitioner ER & General OPD at Mehar Hospital and Maternity Home

09/2016 - 12/2018

- Managed 50+ patients daily, unselected Medical, Surgical, OBGYN, and Paediatric along with final disposal /referrals.
- Managed Emergencies like MI, Stroke, Status Asthmaticus, Status Epilepticus and Trauma
- Daily morning and evening rounds of admitted patients.
- Administered routine Vaccinations and provide preventive care.

SKILLS

Strong diagnostic and problem-solving skills.

Excellent communication and interpersonal skills.

Empathy and compassion towards patients.

Ability to work under pressure and handle emergencies.

Organization of medical record accurately

Housejob Surgery & Medicine/Allied at Combined Military Hospital

08/2015 –08 2016

- ✓ Learnt and practiced basic skill i.e IV cannulation, blood sampling ,lumber puncture with CSF sampling
- ✓ Nasogastric , urinary catheterization, pleural tap, ascitic tap, close reduction of fractures and dislocations along with pop cast and skin/skeletal traction application.
- ✓ Performed 30+ procedures of umbilical vein catheterization and exchange transfusion during Paediatrics rotation.

ACHIEVEMENTS & CERTIFICATIONS

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|----------------------------------|------------------------|
| ✓ Advance Cardiac Life Support | AHA Guidelines 2023–25 |
| ✓ Basic Life Support | AHA Guidelines 2023–25 |
| ✓ Pediatric Advance Life Support | AHAGuidelines 2023–25 |
| ✓ Basic Trauma Life Support | 2023–25 |
| ✓ Surgical Skills Workshops | CPSP Pakistan |

REFERENCES

Brig Adnan Anwer

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