

Hafeza Faiza Samin

Physiotherapist (DHA Eligibility Letter)

To work in a challenging environment in Health sector, where my skills in the field of Physical therapy could be effectively utilized in harmony with other team members and simultaneously could get an opportunity to be benefited from expertise/experience of my senior colleagues & to serve humanity.

Work History

June, 2022-
till date

Physiotherapist/Clinical Instructor
NWIHS (Northwest Institute of Health Sciences),
Peshawar, Pakistan.

June, 2019-
Dec, 2021

Physiotherapist
LRH (Lady Reading Hospital), MTI Peshawar, Pakistan

- Scheduled all patient's consultation, provided reminder, follow up, kept records on patient's progress.
- Dealt different patients, assessed their symptoms & provided diagnosis & specialized treatment based upon my conclusion.
- Worked with patients who had a range of conditions, including musculoskeletal, pediatric, neurological, cardio-pulmonary and gynecological issues.
- Used different therapeutic modalities and equipment for patient care and treatment.
- Supervised junior staff/technicians and divided duties among them.
- Educated patients and their carers about how to prevent and improve conditions.

Oct, 2017 –
May, 2019

Physiotherapist/Clinical Instructor
NWIHS (Northwest Institute of Health Sciences), Peshawar,
Pakistan.

- Designed and reviewed appropriate treatment programmes using a range of techniques, including manual therapy, therapeutic exercise, electrotherapy and education.
- Liaised with other healthcare practitioners and senior management for optimally patient care.



Contact

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Skills

Musculoskeletal,
Orthopedic & Cardio-
pulmonary rehabilitation

Gynecology & obstetrics
rehabilitation

Neurological, Sports &
Geriatric rehabilitation

Post-surgical rehabilitation

Able to work both
independently & part of
team

Patient Take care

- Worked as an administrator/coordinator in Physiotherapy department and managed department related issues, answered phone calls and correspondence (e-mail, letters, etc.)
- Managed and supervised items of department and provided instructions to junior staff when required.

**Jan,2017 –
Sept,2017**

Clinical Therapist

R CRS (Rehman College of Rehabilitation Sciences),
Rehman Medical institute, Peshawar, Pakistan.

- Prepared assignments/presentations as assigned by consultant and submitted timely reports.
- Treated different patients having musculoskeletal, orthopedic and gynecological issues.
- Monitored the patients progress and adjust the treatment accordingly.
- Advised patients on leading a healthy lifestyle.
- Kept reports on patients and their progress.

**April,2016 –
Dec,2016**

Clinical Instructor/Teaching Assistant

IPM&R (Institute of Physical Medicine & Rehabilitation),
Khyber Medical University, Peshawar, Pakistan.

- Supervised trainee and was given different tasks/assignments to them.
- Helped colleagues/seniors whenever necessary.
- Monitored & ensured accuracy of recording on patient's medical reports, statistics etc.

Education

2016-2019

MSPT (Master of Science Physical Therapy) Musculoskeletal

*IPM&R (Institute of Physical Medicine & Rehabilitation), Khyber Medical University
Peshawar, Pakistan.*

2011-2016

DPT (Doctor of Physical Therapy)

*IPM&R (Institute of Physical Medicine & Rehabilitation), Khyber Medical University
Peshawar, Pakistan.*

Focus on work

Patience, sensitivity &
Tolerance

Knowledge of different
rehabilitation techniques
and equipment

Soft spoken

Communication

Teaching/Leadership

Languages

English, Urdu, Hindi &
Pashto

Training & Certifications

- DHA Eligibility Letter Holder
- Certificate of appreciation for fight against COVID-19.
- Certificate of participation on “Modern Cupping for Nonspecific Mechanical Low back Pain (NSLBP) A Case Study Based Workshop” organized by NWIHS in collaboration with PrimePhysio UK & Ghani Physio.
- Attended the online webinar on “Sports Taping Upper Limb” organized by Grow Physio.
- Certification on participation in a course on “Current taping techniques for pain relief”.
- Awarded with certificate of training on “Advanced CardioVascular Life Support (ACLS)” by medtigo Health Education.
- Awarded with certificate of training on a “Basic First Aid & Basic Life Support (BLS)”.
- Awarded with certificate of training on “Vital Signs, IV Line Access and Basics of Blood Transfusion”.
- Certificate on participation in a course on “Physiotherapy and assessment of spine problems”.
- Awarded with certifications for being as an active member of the organizing team of Health Research Conference.
- Certificate on participation in a three days’ workshop on “Teaching and Learning Materials”.

References

- Available upon demand