



# ANUSREE MV

PHYSIOTHERAPIST

DHA ID:98668006-001

DRY NEEDLING PRACTITIONER

## My Contact

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📍 sharjah

## Hard Skill

- Musculoskeletal Rehabilitation
- Neurological Rehabilitation
- Sports Rehabilitation
- Pediatric Physiotherapy
- Geriatric physiotherapy
- pre and postoperative rehabilitation
- ICU Management

## Soft Skill

- Assessment
- Observation
- Diagnosis
- Decision making
- Communication
- Team work

## EDUCATION

- **B.P.T (Bachelor of Physiotherapy)**  
**2013-2017**

Lourde Institute of Allied Health Sciences(KUHS)

## LANGUAGE

- ENGLISH
- MALAYALAM

## AVAILABILITY

- IMMEDIATELY

## VISA INFO

- HUSBAND VISA

## About Me

Dedicated and hardworking physiotherapist with 4years of work experience and valid DHA license. My motive is to give helping hand to others. I'm confident enough to manage any condition associated with musculoskeletal, neurological, paediatric,geriatric,cardio respiratory pre operative and post operative problems using combination of hand on training, exercise prescription and electrotherapeutic modalities.

## Professional Experience

**2018-2022**

**PHYSIOTHERAPIST**

**EMS MEMMORIAL CO OPERATIVE HOSPITAL**

**KERALA**

Provide high quality physiotherapy services to patients focus on pain management ,early mobilization and functional recovery

- Assess diagnose and treat patient who have wide range of conditions including neurological ,musculoskeletal ,cardiorespiratory, pediatric ,geriatric ,gynecological and ICU management.
- Documents of patients case notes reports and collect statistics keep up to date with new technologies and techniques available for treating patients.
- Selected and implimented supportive and assistive devices ,preventing harm or injury to the patient and equipment.
- Communicate effectively at all levels within the inter disciplinary team.
- Actively participate indepartment staff meetings ,unit projects and impliment creative approaches to meeting goals.

**2023**

**PHYSIOTHERAPIST**

**THOMOH AL AMAL HOME HEALTH CARE**

**DUBAI**

- Assess , diagnose and treat patient who have wide range of conditions including neurological ,musculoskeletal ,cardiorespiratory , pediatric ,and geriatric conditions
- Create and impliment treatments cue plan tailored to each patients problems.
- Documents of patients case notes ,reports and collect statistics keep up to date with new technologies and techniques available for traeting patients.

## Trainig and projects

- Dry needling workshop level 1 Organized by Physioneds Academy 28thand 29th january 2024.
- Cardiorespiratory Physiotherapy Hands -on Training conducted by Prof. Subin Solomon, Manipal hospital india
- International seminar on exercise prescription for knee and shoulder in january 2015 Organized by Nazareth College of Rochester ,USA
- Attended a workshop on Intensive care physiotherapy and cardiopulmonary rehabilitation.
- Project work on strengthening exercise for knee after total knee replacement arthroplasty.
- Attended a seminar and hand on training on first aid management for health care professionals

