

CURRICULAM VITAE



RITA D'SILVA

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MOH Status: RN007030 (Expired)

Present Address:

Building no. 2655 , Flat no 704
, Muweila sharjah .

Permanent Address:

Bangle gudde Ajekar, Karkala Tq,
Udupi Dist,
Karnataka, INDIA.

Personal Data:

Date of Birth : 22-04-1988

Sex : Female

Nationality : Indian

Passport No : R2428098

Date of Issue : 06/03/2017

Date of Expiry: 05/03/2027

Visa Status : Residence Visa

Language Proficiency:

- English
- Malayalam
- Hindi
- Kannada
- Konkani
- Marathi
- Arabic

Career profile:

With an experience of 10 years, Dedicated and patient focused Registered Nurse who demonstrates enthusiasm in providing high quality nursing care. I am trained to be proactive.

- Established record of reliability and responsibility.
- Exceptional capacity to multitask manage competing priorities with ease while fostering delivery of top quality patient care.
- Outstanding interpersonal and communication skills; accuracy in patient history, charting and other documentation.

Professional Experience



Thumbay Hospital, Ajman, UAE – JCI Accredited.

Date of Employment: April 2013 to April 2019

Position: Staff Nurse

Specialty: Medical and Surgical ward , Pediatric ward & OBG ward.



Kasturba Hospital Manipal (KMC).

Date of Employment: Jun 2012 to April 2013

Position: Staff Nurse

Specialty: Medical Unit.



**Sikkim Manipal university, INDIA
(Central Referral Hospital)**

Date of Employment: May 2009 to May 2012

Position: Staff Nurse

Specialty: Medical surgical ward

ADDITIONAL QUALIFICATIONS:

- Experience with NABH accreditation process.
- Experience with JCI accreditation process.

Educational Qualification:

- Post Basic B.Sc. Nursing 2 year
Vidya College Of Nursing
Udupi, Kaup 2021.
- Diploma in General Nursing and
Midwifery 3.5 Yrs from
Manipal school of nursing,
Karnataka, India.- 2009
- P.U.C from Govt. Pre University college
,munial Karnataka, India.- 2005
- S.S.L.C from Jyothi high School, Ajekar
,India..- 2003

Procedures that I Have Done:

- Blood Transfusion
- Major and Minor Dressing
- Incubation
- Introducing Intra Venous Cannula
- Foleys Catheterization
- Administering Medication & Injection
- Suture Removal
- Bladder wash & Bladder Irrigation.
- Insertion of Nasogastric Tube & Feeding

Registration History

- Registered Nurse: MOH UAE
License No: RN007030
- Registered Nurse and Registered Midwife
The Karnataka State Nursing Council,
India.
Registration No. : 112628
Validity: Life Member.

Computer Skill:

Operating Systems - Windows XP,
Package - MS-Office
Good Internet usage skills.

Patient Care Responsibilities:

- Infection control and applying universal precaution in the Recovery.
- Collaborate with health team to plan, implement, coordinate and evaluate patient care.
- Develop and implement discharge planning process on admission of patients.
- Teach and counsel patients and their families regarding treatment plan, diet, and home care and on health related issues in collaboration with other Health care providers.
- Demonstrate ability to interact and communicate effectively with both students and staffs.
- Knowledge of different diseases and illnesses.
- Knowledge of medicines and treatments, and the effect these have on patients.
- An ability to observe, monitor and assess patients' conditions.
- An understanding of nursing law and legislation.
- Communication and people skills, including good listening skills.
- Excellent time management skills.

Equipment's Seen and Handled:

Clinical thermometer, stethoscope, sphygmomanometer, nebulizer, pumps, volumetric pumps, suction apparatus, oxygen cylinders, etc. Machines, ventilators, bed side monitors, defibrillator, pulse oximeter ophthalmoscope, proctoscope, auto scope, kneehammer, laryngoscopes, v-pap machine, pacemaker , syringe pump, glidoscopes, datascope, veinviewers, warmers, blood warmers, phototherapy machines, bi-pap and cpap machines.

Reference: Available upon request.

Declaration:

I hereby declare that the above furnished details given are true to the best of my knowledge and belief that I shall present the document as per the requirement.

Ms. Rita D'silva