RIYA ROSE KURIAN OPTOMETRIST (DHA ELIGIBILE) DHA UNIQUE ID: 32946795



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OBJECTIVE

Seeking a challenging career in a reputed Organization and a position to utilize my analytical skills and abilities as an optometrist that offers, professional & personal growth and also facilitates me to uphold the ethics and ideals of my chosen profession with high standards.

PROFESSIONAL SUMMARY

- Proficient Optometrist with more than 5 years of Hospital experience in comprehensive eye care including refractive and contact lens services, evaluation and diagnosing ocular pathology and pre and post-op surgical co-management.
- Profound ability to approach problems objectively and provide support to patients and their families.
- A disciplined emotionally balanced person with good communication and excellent interpersonal skills.
- Sound ability to manage the time of self and others.

SKILL SETS

- Examine eye with the aid of ophthalmic instruments and pharmaceutical agents to determine visual acuity and impairments to diagnose diseases and other abnormalities such as refractive errors, glaucoma, colour blindness and so on.
- Prescribe and dispensing corrective spectacles, fit contact lenses and other visual aids.
- Educate and counsel patients on contact lens care, visual hygiene, lighting arrangements and safety factors.
- Provide pre and post-operative care for patients undergoing eye surgeries such as cataract extraction, LASIK etc.
- Extensive hands on experience in using specialized technology to detect and measure the progression of eye diseases such as
 - Slitlamp biomicroscopy
 - Tonometry
 - ✤ Keratometry
 - ✤ Lensometry
 - ✤ Biometry
 - ✤ Pachymetry
 - Perimetry(HFA &Octopus)
 - Topography(pentacam)
 - ♦ OCT
 - Fundus camera
 - Electrodiagnostic procedures[ERG,EOG,VEP].

WORK HISTORY

• 1 year of experience at Chaithanya Eye Hospital&Research Institute, Kottayam as **Senior Optometrist** [2018-2019].

- 6 months of retail experience at Antony's Eye Clinic&Opticals, Elanji [2017-2018]
- 2 years of experience at Giridhar Eye Institute, Ernakulam [2015-2017].
- 2 years of experience at Alphonsa Eye Hospital, Pala [2013-2015].
- 6 months internship at Little Flower Hospital&Research Centre, Angamaly [2013].

EXPERIENCE IN COMMUNITY PROGRAMS

- Eye camps organized by several hospitals in association with Lions & Rotary Clubs.
- School screening programs conducted by several hospitals in association with Lions club's SFK (Sight for Kids) project.

CERTIFICATIONS

- Refraction "A CLINICAL REFRESHER 7TH EDITION" conducted on July 2011 at THE EYE FOUNDATION, Coimbatore (Post Graduate Institute of Ophthalmology, Coimbatore).
- "KAAZHCHA 2014", International Workshop on Orthoptic Evaluation in association with Pediatric Ophthalmology and Strabismus Society of the Midlands, UK. (Organized by Dr. Tony Fernandez Eye Hospital, Aluva)
- "PAEDIATRIC POTPOURRI 2016" held on October 2016 conducted by Giridhar eye institute and SSM eye research foundation.
- OPTOCON 2ND CME on contact lens held on January 2017 conducted by Giridhar eye institute and SSM eye research foundation.

ACADEMICS

QUALIFICATION	YEAR	COLLEGE/ SCHOOL	UNIVERSITY/ BOARD	MARKS (%)
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M.Sc in Optometry	2014-2016	Malabar College of allied health sciences	Bharathiar University	73.34%
B.Sc (HONS.)in Optometry& ophthalmic techniques	2009-2013	Little Flower Institute of Medical Science & Research (LIMSAR), Angamaly.	IGNOU	81%
HSC	2007-2009	St. Ann's HSS, Kottayam	State Board Kerala	80.5%
SSLC	2007	Holly Cross HSS, Thellakom	State Board Kerala	85%

DECLARATION

I hereby declare that all the details furnished above are true to the best of my knowledge and belief.

RIYA ROSE KURIAN