

CURRICULUM VITAE



MRS. ROSEMARY THOMAS

General Nursing with 8 years

experience on spouse Visa

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PERSONAL DATA

Date of Birth : 02/07/1989

Sex : Female

Nationality : Indian

Marital Status : Married

PERSONAL STRENGTH

- Willing to learn, Self Motivation
- Systematic , Sincere of Smart worker
- Creative Attitude
- Sympathetic of Patient
- Team Facilitator, Pragmatic

HOBBIES

- Reading
- Listening Music

LANGUAGES

- English
- Hindi
- Malayalam

CAREER OBJECTIVE

To provide holistic nursing care focused on the code of ethics for the betterment of the people. Dedicated, reliable skilled, ethical health care worker with ability to stay calm and intervene during crises, facilitate groups and educational seminars and collaborate on multidisciplinary teams. Looking for STAFF NURSE Position in a well reputed health care institution.

EDUCATIONAL QUALIFICATION

Course	Name of Board	Year	Percentage
SSLC	Board of public examination Govt. of Kerala	2005	54%
12 th Std HSC	Board of public examination Govt. of Kerala	2007	73.8%

PROFESSIONAL QUALIFICATION

Course	Institution	Board / University	Year	Percentage of Marks
GNM	Sahyadri School of nursing	Karnataka State Diploma in Nursing Board	2011	76.6%
ACLS and BLS	Academy of Global Education Bangalore	American Heart Association	2019	Pass

PROFESSIONAL EXPERIENCE

- ✳ Cost Care General Clinic Ajman 2019 February to 15th march 2020
- ✳ VIMS specialty hospital Bangalore from 01.03.2017 to 05.03.2018
 - Bed capacity : 150 beds
 - Department : Medical and surgical
- ✳ Holy Spirit Hospital Mumbai from 01.02.2013 to 31.12.2016
 - Bed capacity : 300 Beds
 - Department : Medical & Surgical Ward
- ✳ United medical Centre, Kasaragod from 15.09.2011 to 20.03.2012

PROFESSIONAL REGISTRATION

MOH License Number – T55131

Karnataka Nursing Council -Registration No: 147592

Kerala Nursing Council- Registration No: 77568

Maharashtra Nursing Council Mumbai Regn. XVII-7654

PASSPORT DETAILS

Passport No : K8883185

Place of Issue : Kozhikode

Date of Issue : 20-12-2012

Date of Expiry : 19-12-2022

EQUIPMENT USED

- Defibrillator • Ventilator • ECG Machine • Suction Apparatus • Pulse Ox meter • Infusion & Syringe Pump • Cardiac Monitor • Ambu Bag • Nebulizer • CVP • Laryngoscop • Oxygen cylinder
- Crash Cart Emergency medicines & intubation tray.

DUTIES AND RESPONSIBILITIES.

- Maintain and creating insurance claims
- Admission and total care of patient.
- Monitoring vital signs and report any deviation from normal to the concerned team leader.
- Evaluation and recording of ECG, Glasgow Coma Scale etc. To evaluate the condition of the patient.
- Specimen collection and send to the laboratory for the test, record the results accurately.
- Adhere to the hospital policies to prevent infection and to ensure standard healthcare to the patients.
- Performed ABG & CPR.
- Drugs preparation specifically narcotics, administration, IV cannulation, IV fluids and insertion of invasive monitoring as required.
- Followed rehabilitation and treatment plans to accelerate patient recovery; minimize pain, discomfort, infections and complications; and optimize patient outcomes

- Well versed in assisting in emergency nursing procedures in order to control patient's physical condition.
- Assist procedures like CPR, lumbar puncture, ICDS and all lifesaving procedures.
- Collection of samples, evaluate and record the results.
- Take record and constantly observe patients' vitals.
- Order diagnostic tests and ensure that all life support equipment is in proper working order.
- Maintain barrier nursing techniques and prevent cross infection.

TYPE OF PATIENTS HANDLED

Cases- URTI, LRTI, Asthma, Tuberculosis, CA lung, Pleural effusion, respiratory failure, COPD, Atelectasis, Bronchitis, Pneumonia, Bronchiectasis.

Surgical cases: Appendectomy, Cholecystectomy, Amputation, ORIF ,CRIF, Debridement, TURP ,Cystoscopy, Laprotomy.

Endocrine - Hyper and Hypothyroidism, Diabetes Mellitus, Diabetic ketoacidosis and other complications.

Neurological - CVA, Epilepsy, Parkinsonism, Meningitis, Multiple sclerosis, Head injury etc.

Infectious – HIV, Fungal infections chicken pox, typhoid, HBSAg, HCV

Orthopedic: Fracture, Osteoporosis, Osteomalacia, Inner vertebral disc prolapsed, Dislocation of disc and joints

Gastro intestinal: Appendicitis, Hernia,Cholelithiasis, Cirrhosis of liver,Ascites

OTHER QUALIFICATIONS

- Attended workshops and seminars related to nursing.
- Attended in-service education
- Basic Computer Skills- MS Office

PERSONAL ASSETS

Hard working, Self-confident, sincere, caring and dedicated to the suffering.

DECLARATION

I hereby, declare the all the above furnished information is true to the best of my knowledge and belief.

Place:

Date:

Mrs. ROSEMARY THOMAS