

# Dr. Sajid a Me eth al

MBBS/General practitioner with  
Diploma in aesthetic medicine  
/4+ Years of clinical  
experience in outpatients  
and inward settings.



DHA ID : 22814470  
MOH ID : 295725

## Contact

+971 542871150

sajidampk@gmail.com

Al Qusais 2  
DUBAI, UAE

## Personal info

Gender : Female  
DOB : 15.03.1993  
Status : Married  
Nationality : Indian  
Visa Status : Resident Visa

## LANGUAGE KNOWN

|           |       |
|-----------|-------|
| English   | ***** |
| Malayalam | ***** |
| Hindi     | ***** |
| Arabic    | ***   |
| Urdu      | ***** |
| Tamil     | ***   |
| Kannada   | **    |

## PROFILE

Dedicated and compassionate healthcare professional with a strong background in medicine and over 4 years of experience in various clinical settings, including general practice, general medicine, general surgery, emergency treatment, outpatient departments, OBG and Oncology. Committed to providing high-quality patient care and ensuring positive outcomes. Demonstrates a quick learning ability and possesses excellent medical knowledge.

## EMPLOYMENT HISTORY

### General Practitioner

**Arincare Polyclinic, Muhaisnah 4, Dubai**  
(05.12.2022 to Present, Full time License)

- Performing comprehensive patient assessments, including history taking, physical examination, and ordering appropriate investigations. Administering treatments based on the diagnosis and managing patient care.
- Conducting minor surgeries under local anesthesia, such as suturing, incision and drainage of abscesses, excision of lumps, simple wound debridement, and dressing.
- Managing critical medical conditions, such as acute exacerbations of asthma/COPD, acute coronary syndrome, hypoglycemia, dehydration, and hypertensive urgency. This includes timely assessment, appropriate interventions and coordination of further care.

### General Practitioner

**Med One Medical Center (Arincare Group), Al Qusais 2, Dubai**  
(05.12.2022 to Present, Part Time License)

- Performing comprehensive patient assessments, including history taking, physical examination, and ordering appropriate investigations. Administering treatments based on the diagnosis and managing patient care.
- Conducting minor surgeries under local anesthesia, such as suturing, incision and drainage of abscesses, excision of lumps, simple wound debridement, and dressing.
- Managing critical medical conditions, such as acute exacerbations of asthma/COPD, acute coronary syndrome, hypoglycemia, dehydration and hypertensive urgency. This includes timely assessment appropriate interventions and coordination of further care.

### General practitioner

**Nucleus multispecialty polyclinic, Nadapuram, Calicut**  
(11.06.2019 to 29.06.2022)

- Conducted daily outpatient unit, attending to 100-150 patients with diseases such as upper respiratory tract infections, gastroenteritis, GERD, viral fever, ear infections, conjunctivitis, cellulitis, osteoarthritis, etc.
- Promptly identified early danger signs and facilitated admission or referral to the closest base hospital for consultant opinion and further management.
- Managed and performed usual emergency treatment and procedures.

# Computer Knowledge

MS Office

## Professional Skills

- Basic and Advance life support
- Clinical/Critical Care  
Chemical peeling  
,PRP,Mesotherapy,Botox,Fillers,  
misolipolysis,ND YAG laser
- Nutrition
- Direct Patient Care  
(including investigation  
interpretation, patient  
procedures and patient  
management in both  
medical and surgical  
aspects)
- Health promotion
- Medical Affairs
- Medical Education
- Medical Research
- Medical Counselling
- Organizational Skills
- Patient Education

## Hobbies

Travelling  
Cooking

## References

**Dr. Prajitha Prasad**  
Medical Director  
Med One Medical Center  
0569406677

**Dr. Abseer K S**  
Internal Medicine Specialist  
NMC Royal Clinic  
0588346426

## General practitioner

**Department of Obstetrics and Gynecology**

**Malabar medical college, Calicut**

(June 2019 to March 2020)

- Worked as general practitioner doctor in OBG department.
- Pregnancy-related illness and complication
- Experience treating OP and IP patients under supervision.
- Have experience in OBG minor procedures (per vaginal examination, pipelle endometrial biopsy, dilatation and curettage)
- Assist in major OBG surgeries (LSCS, Hysterectomy, Vaginal Hysterectomy + Pelvis floor repair, etc.)

## General practitioner

**Department of Oncology**

**Aster MIMS, Calicut**

(June 2018 to May 2019)

- Worked as general practitioner doctor in oncology department and managed IN patient and out patients under supervision.
- Experience in all minor procedures
  - suturing,
  - PICC line insertion,
  - Ascitic tapping,
  - Lumbar puncture and intrathecal chemotherapy administration.
- Bone marrow aspiration procedure.

## EDUCATIONAL INFO:

- **Bachelors of Medicine and Bachelors of Surgery**  
Yenepoya University, Mangalore.
- **Diploma in Aesthetic medicine** certified by American association of continuing medical education

## PROFESSIONAL LICENSE / CERTIFICATION:

- Dubai Health Authority, Unique Id: 22814470
- Ministry Of Health & prevention, Id: 295725
- BLS [Basic Life Support]
- ACLS (Advanced Cardiac Life Support)

## DECLARATION:

I hereby, declare that the above information is true to the best of my knowledge and belief.

**Dr. Sajida Meethal**