

Dr. Sajid a Me eth al

MBBS/General practitioner with
Diploma in aesthetic medicine
/4+ Years of clinical
experience in outpatients
and inward settings.



DHA ID : 22814470
MOH ID : 295725

Contact

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sajidampk@gmail.com

Al Qusais 2
DUBAI, UAE

Personal info

Gender : Female
DOB : 15.03.1993
Status : Married
Nationality : Indian
Visa Status : Resident Visa

LANGUAGE KNOWN

English	*****
Malayalam	*****
Hindi	*****
Arabic	***
Urdu	*****
Tamil	***
Kannada	**

PROFILE

Dedicated and compassionate healthcare professional with a strong background in medicine and over 4 years of experience in various clinical settings, including general practice, general medicine, general surgery, emergency treatment, outpatient departments, OBG and Oncology. Committed to providing high-quality patient care and ensuring positive outcomes. Demonstrates a quick learning ability and possesses excellent medical knowledge.

EMPLOYMENT HISTORY

General Practitioner

Arincare Polyclinic, Muhaisnah 4, Dubai
(05.12.2022 to Present, Full time License)

- Performing comprehensive patient assessments, including history taking, physical examination, and ordering appropriate investigations. Administering treatments based on the diagnosis and managing patient care.
- Conducting minor surgeries under local anesthesia, such as suturing, incision and drainage of abscesses, excision of lumps, simple wound debridement, and dressing.
- Managing critical medical conditions, such as acute exacerbations of asthma/COPD, acute coronary syndrome, hypoglycemia, dehydration, and hypertensive urgency. This includes timely assessment, appropriate interventions and coordination of further care.

General Practitioner

Med One Medical Center (Arincare Group), Al Qusais 2, Dubai
(05.12.2022 to Present, Part Time License)

- Performing comprehensive patient assessments, including history taking, physical examination, and ordering appropriate investigations. Administering treatments based on the diagnosis and managing patient care.
- Conducting minor surgeries under local anesthesia, such as suturing, incision and drainage of abscesses, excision of lumps, simple wound debridement, and dressing.
- Managing critical medical conditions, such as acute exacerbations of asthma/COPD, acute coronary syndrome, hypoglycemia, dehydration and hypertensive urgency. This includes timely assessment appropriate interventions and coordination of further care.

General practitioner

Nucleus multispecialty polyclinic, Nadapuram, Calicut
(11.06.2019 to 29.06.2022)

- Conducted daily outpatient unit, attending to 100-150 patients with diseases such as upper respiratory tract infections, gastroenteritis, GERD, viral fever, ear infections, conjunctivitis, cellulitis, osteoarthritis, etc.
- Promptly identified early danger signs and facilitated admission or referral to the closest base hospital for consultant opinion and further management.
- Managed and performed usual emergency treatment and procedures.

Computer Knowledge

MS Office

Professional Skills

- Basic and Advance life support
- ☐ Clinical/Critical Care
Chemical peeling
,PRP,Mesotherapy,Botox,Fillers,
misolipolysis,ND YAG laser
- ☐ Nutrition
- Direct Patient Care
(including investigation interpretation, patient procedures and patient management in both medical and surgical aspects)
- ☐ Health promotion
- ☐ Medical Affairs
- ☐ Medical Education
- ☐ Medical Research
- ☐ Medical Counselling
- ☐ Organizational Skills
- ☐ Patient Education

Hobbies

Travelling
Cooking

References

Dr. Prajitha Prasad
Medical Director
Med One Medical Center
0569406677

Dr. Abseer K S
Internal Medicine Specialist
NMC Royal Clinic
0588346426

General practitioner

Department of Obstetrics and Gynecology

Malabar medical college, Calicut

(June 2019 to March 2020)

- Worked as general practitioner doctor in OBG department.
- Pregnancy-related illness and complication
- Experience treating OP and IP patients under supervision.
- Have experience in OBG minor procedures (per vaginal examination, pipelle endometrial biopsy, dilatation and curettage)
- Assist in major OBG surgeries (LSCS, Hysterectomy, Vaginal Hysterectomy + Pelvis floor repair, etc.)

General practitioner

Department of Oncology

Aster MIMS, Calicut

(June 2018 to May 2019)

- Worked as general practitioner doctor in oncology department and managed IN patient and out patients under supervision.
- Experience in all minor procedures
 - suturing,
 - PICC line insertion,
 - Ascitic taping,
 - Lumbar puncture and intrathecal chemotherapy administration.
- Bone marrow aspiration procedure.

EDUCATIONAL INFO:

- **Bachelors of Medicine and Bachelors of Surgery**
Yenepoya University, Mangalore.
- **Diploma in Aesthetic medicine** certified by American association of continuing medical education

PROFESSIONAL LICENSE / CERTIFICATION:

- Dubai Health Authority, Unique Id: 22814470
- Ministry Of Health & prevention, Id: 295725
- BLS [Basic Life Support]
- ACLS (Advanced Cardiac Life Support)

DECLARATION:

I hereby, declare that the above information is true to the best of my knowledge and belief.

Dr. Sajida Meethal