



# SALINI JOSEPH



Dubai



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## PROFESSIONAL SUMMARY

Compassionate Staff Nurse with 5 years knack for delivering top-tier patient care. Excel in creating supportive environment, leading to improved patient recovery times and satisfaction. Skilled in coordinating with medical teams to enhance treatment plans and streamline operations, ensuring optimal care delivery.

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## WORK HISTORY

**STAFF NURSE**, 03/2024 - 11/2024

**DR. SAMEER ABBAS MEDICAL CENTRE (IVF)**, Riyadh, Saudi Arabia

- Improved patient comfort by providing expert bedside care.
- Administered medication for pain management and symptom control.
- Increased patient understanding with clear explanation of medical procedures.
- Provided compassionate emotional support to patients, easing their anxiety.
- Executed clinical tasks efficiently whilst maintaining attention to detail.
- Prepared patients for surgery by following strict hygiene and fasting procedures.
- Prioritised health problems to assist patients in complex, urgent or emergency situations.
- Assisted patients with healing and recovery after surgery.
- Disposed of samples and hazardous waste to prevent infection.
- Updated patient records meticulously to ensure accurate documentation.

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**STAFF NURSE**, 11/2021 - 11/2023

**ALMAALI MEDICAL CENTER**, Unaizha, Saudi Arabia

- Assisted doctors during examinations for efficient healthcare delivery.
- Updated patient records meticulously to ensure accurate documentation.
- Delivered exceptional nursing care, resulting in improved patient satisfaction rates.
- Facilitated smooth discharge processes for a seamless transition home.
- Coordinated with pharmacy staff ensuring timely delivery of medicines.
- Worked closely with fellow nurses, doctors and clinicians for consistent communication and continued best care practices.
- Monitored and recorded patient condition, carrying out and reporting regular observations.
- Established positive rapport with patients and families through active listening and compassionate care.
- Assessed and evaluated patient needs, supporting accurate diagnosis and care planning.
- Managed patient discharges, providing relevant follow-up care advice with required prescriptions and medication.
- Delivered consistently high standards of individualized nursing care, best maintaining patients' health and wellbeing.
- Prioritised health problems to assist patients in complex, urgent or emergency situations.
- Liaised with senior physicians to plan timely, successful patient discharges.

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**STAFF NURSE**, 06/2020 - 07/2021

**Fathima Hospital**, Calicut, India

- Nursing care of pre & post operative care of the patients
- Monitoring vital signs and recording
- Doing rounds with doctors
- Assisting duty for staff members
- Taking ECG
- Knowledge and use of oxygen devices like O2 Nasal Canula, Simple mask, venture mask, Non rebreathing and rebreathing mask Nebulizer

- Assisting surgeons for dressing suturing and suture removal
- Preparing patients for surgery
- Rendering direct nursing care, administration of blood and blood products
- Insertion of urinal catheter
- Maintaining fluid balance, giving injections via IM, IV, intra dermal and subcutaneous etc
- Insertion of IV canula, N.G
- Tube caring of central line and maintaining total parental nutrition
- Provide bedside care
- Special care giving to the patients with coma stage
- Providing basic life support nursing care
- Carryout the orders of physicians regarding medications and injections
- Caring the patients with a range of conditions
- I have also been entrusted with the special care of diabetic patients, insulin injections and monitoring urine & blood sugar etc
- I also have to ensure particularly the bed ridden patients personal hygiene and grooming which involves manicure, pedicure, bathing and dressing them
- Manage patients case loads in a diverse range of critical settings
- Managed ward in a regular basis
- Carryout order and provide treatment accordingly
- Helping to meet the physical and emotional needs of each patients
- Procedures done in Medical and Surgical Ward
- Proper hand washing before and after every procedure
- IV canula insertion and IVF therapy
- Collection of blood samples and other specimens sent to the laboratory with proper identification
- ECG Recording
- Nasogastric tube insertion, gastric lavage
- Assisting surgeons for dressing, suturing and suture removal etc
- Assisting insertion and removal of central line
- Foley's catheterization
- Intubation and extubation
- Intravenous and intramolecular medication
- Application of skin traction, Thomas splint, Cervical collar etc
- Admission and discharge procedure

- Prepare the patient for X-Ray, Ultrasonography, TMT, 2Decho, MRI, CT Scan, Endoscopy, Colonoscopy
- Assist the doctors in performing procedures like:- CPR, endotracheal intubation, wound suturing pop casting, lumbar puncture
- Neurological assessment of head injury patient, Nebulizations
- Types of the patient handled in Medical and Surgical ward
- Abdominal pain
- Appendectomy
- Epitasis Glaucoma
- Food Poisoning
- Drug & Chemical poisoning
- Acute gastro enteritis
- Renal failure
- Diabetic mellitus
- Congestive heart failure
- Bronchial Asthma
- Wound infection
- Tuberculosis
- Allergic diseases
- Pulmonary Oedema
- Upper respiratory tract infection
- Peritonitis
- Renal colic
- Foreign body
- Epilepsy
- Hypoglycemia
- Mouth cancer, Jaundice
- Hyper pyrexia
- Abdominal distension
- Respiratory tract infection
- Pneumonia
- Infective hepatitis
- Equipments handled
- Glucometer
- Pulse Oxy meter
- Nebulizer
- Suction Machine
- Ambubag
- ECG machine
- Portable Oxygen Cylinder
- Digital Thermometer
- Autoscope
- Protoscope

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**SKILLS**

- Glucometer
- Pulse Oxy meter
- Nebulizer
- Suction Machine
- Ambubag
- ECG machine
- Portable Oxygen Cylinder
- Digital Thermometer
- Autoscope
- Protoscope
- Mobility assistance
- Clinical understanding
- Admission procedures
- Discharge procedures
- Infection Prevention and Control
- Ethical decision-making
- First-class patient care
- Data confidentiality
- Outstanding communication
- Complex medical care

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**EDUCATION**

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***Mother Chantal School of Nursing, Edathua, Alappuzha, Kerala, India, 01/2018***  
**Diploma in General Nursing & Midwifery**

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**LANGUAGES****English**

Fluent

**Malayalam**

Native

**Hindi**

Intermediate

**Arabic**

Upper intermediate

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**PERSONAL INFORMATION**

Date of Birth : 26/May/1997  
Nationality : Indian  
Marital Status : Married  
Passport Number : T8894739  
Date of birth : 26/05/1997  
Nationality : Indian  
Visa Status : Visit Visa

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**CERTIFICATIONS AND  
LICENSES**

- **Diploma in General Nursing And Midwifery**  
(KL01201900035)
- **MOH Evaluation Letter**  
(322086)
- **Basic Life Support** (59355)

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**DECLARATION**

I do hereby declare that the above statements are true to the best of my knowledge and belief.