



# SANDRA KRISHNA C

REGISTERED NURSE WITH MOH ELIGIBILITY

## PROFILE SUMMARY

Compassionate and dedicated Registered Nurse with **over 3 years** of extensive experience in high-pressure environments. Skilled in patient care, coordinating with multidisciplinary teams, managing records and educating patients and families. Proficient in clinical procedures, emergency response and personalized care. Committed to improving outcomes through evidence-based practice and continuous development. Seeking to join a dynamic healthcare team.

## CONTACT ME



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UAE, Sharjah

## WORK EXPERIENCE



### Registered Nurse

Rivershore Hospital

Feb 2022 - Oct 2024



### Nurse Trainee

Believers Church Medical College Hospital

Mar 2020 - Jun 2021

## EDUCATION DETAILS

### BSc Nursing

Kerala University of Health Sciences  
Kerala, India | 2019

## PROFESSIONAL REGISTRATION

Kerala Nurses & Midwives Council

Reg No. : KL03202002040

## KEY SKILLS

- Patient Assessment
- Compassionate Care
- Wound Care
- Infection Control
- Treatment Planning
- Medication Administration
- Emergency Response
- Mobility Assistance
- Patient Counseling
- Medical Recordkeeping
- Routine Examinations
- Clinical Documentation
- Emotional Support
- Patient & Family Education

## SOFTWARE SKILLS

- MS Office Suite

## DUTIES AND RESPONSIBILITIES

- Monitor and assess patients' physical, mental and emotional health, taking vital signs and identifying any changes.
- Provide care for wounds, including cleaning and dressing.
- Safely administer prescribed medications and treatments, ensuring proper dosages and timings.
- Quickly evaluate patients' vital signs, symptoms and medical history to identify immediate health issues.
- Initiate and manage intravenous (IV) fluids and medications.
- Collaborate with doctors and other healthcare professionals to create personalized care plans for patients.
- Educate patients and families on managing health conditions, medications, lifestyle adjustments and preventive care.
- Accurately document patient conditions, treatments, progress and responses in medical records.
- Set up and prepare medical equipment and supplies for emergency procedures.
- Follow hospital policies, state regulations and professional ethical standards in providing care.

## ■ SOFT SKILLS

- ♦ Communication
- ♦ Leadership
- ♦ Team Work
- ♦ Critical Thinking
- ♦ Problem Solving
- ♦ Time Management
- ♦ Attention to Detail

## ■ CASES HANDLED

- ♦ Chronic Kidney Disease (CKD)
- ♦ Chronic Liver Disease (CLD)
- ♦ Respiratory Tract Infections (RTIs)
- ♦ Paracentesis
- ♦ IV Cannulations
- ♦ Catheterization
- ♦ Wound Care

## ■ PERSONAL INFO

- ♦ Nationality : Indian
- ♦ Gender : Female
- ♦ Date of Birth : 25/06/1997
- ♦ Passport No. : W3972778

## ■ LANGUAGES KNOWN

- ♦ English ● ● ● ● ●
- ♦ Hindi ● ● ● ● ○
- ♦ Malayalam ● ● ● ● ●

## ■ EQUIPMENT HANDLED

- ♦ Defibrillator
- ♦ ECG Machine
- ♦ Ventilators
- ♦ Warmers
- ♦ Portable Ventilator
- ♦ Suction Apparatus
- ♦ Oxygen Flow Meter
- ♦ Nebulizer
- ♦ Cardiac Monitors
- ♦ Infusion and Syringe Pump

## ■ STRENGTHS & QUALITIES

- ♦ Patience when dealing with others.
- ♦ Flexibility in thinking and operating style.
- ♦ Diligence in ensuring accuracy and quality in work.
- ♦ Capacity to adjust and thrive in changing environments.
- ♦ Inspiring and motivating others to active greatness.
- ♦ Collaborating and working well together with others.

## ■ DECLARATION

I hereby declare that the above written particulars are true and correct to the best of my knowledge and belief.

**SANDRA KRISHNA C**