



SETHULEKSHMI BABU

PRACTICAL NURSE – MOH license

Dedicated and compassionate Practical Nurse with 7 years of experience in providing high-quality patient care across various departments, including Operation Theatre, Casualty, COVID Lab, Vaccination, Gynecology, Dental, and General OPD. Skilled in pre- and post-operative care, emergency response, infection control, and medication administration. Adept at assisting doctors during procedures, monitoring patient conditions, and ensuring adherence to healthcare protocols. Seeking a challenging nursing position where I can leverage my clinical expertise, patient care skills, and teamwork abilities to contribute to a dynamic healthcare environment while continuously advancing my professional knowledge.

EDUCATION

General Nursing & Midwifery

Board of Examination for General & Midwifery, Andra Pradesh, India | 2009

PROFESSIONAL MEMBERSHIPS

Ministry of Health

Registration Number : T71444

Kerala Nurses & Midwifery Council

Registration Number : 62357

Telangana State Nurses, Midwives Council

Registration Number : 82688

CERTIFICATIONS

- Basic Life Support (BLS)
- Infection Control
- Hand Hygiene Compliance

KEY SKILLS

- Patient Care & Assistance
- Chairside Assistance
- Medication Administration
- IV Therapy & Cannulation
- Wound Care Management
- Clinical & Diagnostic Support
- Pre- & Post-Operative Care
- Vital Signs Monitoring
- Critical Thinking & Decision-Making
- Emergency & Casualty Care
- Appointment & Record Management
- Sterilization & Infection Control
- Nursing Care Planning
- Surgical Assistance & Instrument Handling
- Blood Transfusion Procedures
- Mental Health & Emotional Support
- Administrative & Documentation Management

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VISA Employment Visa

WORK EXPERIENCE

ASSISTANT NURSE – Dental & Derma Department

Arak Medical Centre, Sharjah [01/08/2024 – Present]

- Assist dentists and dermatologists during procedures by preparing instruments and ensuring patient comfort.
- Educate patients on oral hygiene, skincare routines, and post-procedure care.
- Sterilize and arrange dental and dermatology instruments before and after procedures.
- Ensure the proper functioning of dental chairs, lasers, and dermatological equipment.
- Maintain and update patient records, treatment plans, and medical histories.
- Schedule appointments and coordinate follow-up visits for patients.
- Follow infection control protocols, sterilization procedures, and maintain hygiene standards.
- Ensure strict compliance with clinic policies and UAE healthcare regulations.
- Assist in handling and administering medications, anesthetics, and skin treatments as per medical guidance.

ASSISTANT NURSE – Pediatric OPD, Gynec OPD, General OPD & Dental Department

Antony Medical Centre, Sharjah [18/07/2023 – 29/06/2024]

- Assisted doctors in Pediatric, Gynecology, General, and Dental OPD with examinations, minor procedures, and treatments.
- Educated patients and caregivers on post-treatment care, hygiene, and medication instructions.
- Prepared and sterilized medical instruments, dental tools, and examination rooms before and after consultations.
- Ensured strict adherence to infection control protocols, sterilization procedures, and hygiene standards.
- Assisted in handling and administering medications, vaccinations, and topical anesthetics under supervision.

ASSISTANT NURSE – Dental Department

Al Thaweel Dental Clinic, Muweliah, Sharjah [10/10/2022 – 08/02/2023]

- Assisted dentists during procedures such as extractions, fillings, root canals, and scaling by preparing instruments and ensuring patient comfort.
- Maintained strict infection control protocols, sterilized dental instruments, and ensured a clean and hygienic clinical environment.
- Scheduled patient appointments, updated medical records, and guided patients on post-procedure care and oral hygiene practices.

COMPUTER SKILLS

- EMR (Electronic Medical Records)
- Microsoft Office (Word, Excel, PowerPoint)
- Patient Management System

ACHIEVEMENTS

- Earned appreciation for providing high-quality nursing care, ensuring patient safety, and assisting in critical medical procedures.
- Streamlined nursing procedures and patient care workflows, leading to improved treatment efficiency and reduced waiting times.

ADDITIONAL INFO

- DOB : 17/10/1987
- Nationality : Indian
- Gender : Female
- Passport No: C5656010

LANGUAGES KNOWN

- English
- Hindi
- Malayalam

REFERENCES

- **Annamma John**
Nursing Superintendent
Lifeline Super Specialty Hospital
Ph: +914734219500
- **Dr. Deyis Antony**
Managing Director
Antony medical center
Ph: +06563055

ASSISTANT NURSE – Gynecology

Al Shams Medical & Diagnostic Centre, Muweliah, Sharjah

[05/01/2022 – 30/07/2022]

- Assisted gynecologists in prenatal checkups, pap smears, ultrasound preparations, and minor procedures.
- Educated patients on women's health, prenatal/postnatal care, and hygiene practices.
- Maintained strict hygiene and sterilization protocols for medical instruments and examination rooms.
- Ensured proper disposal of biohazardous waste and used medical supplies.
- Assisted in administering medications, injections, and IV fluids as per the doctor's instructions.

STAFF NURSE – Casualty/Covid lab/Vaccination

Lifeline Super Specialty Hospital, Adoor, Kerala, India

[06/07/2020 – 02/09/2021]

- Provided immediate medical assistance to emergency and trauma patients, including wound care, IV administration, and life-saving interventions.
- Assisted doctors in stabilizing critical patients and preparing them for further treatment or surgery.
- Conducted COVID-19 sample collection (RT-PCR, Rapid Antigen tests) while ensuring strict infection control measures.
- Administered COVID-19 and routine immunizations while monitoring patients for any adverse reactions.
- Maintained accurate vaccination records and provided guidance on post-vaccine precautions.

STAFF NURSE – Operation Theatre

Vasan Eye Care Hospital, Thiruvalla, Kerala, India

[February 2018– October 2019]

STAFF NURSE – Operation Theatre

Eye Microsurgery & Laser Centre, Thiruvalla, Kerala, India

[03/02/2014 – 16/03/2015]

STAFF NURSE – Operation Theatre

Ahalya foundation Eye Hospital, Kayamkulam, Kerala, India

[02/10/2011 – 30/10/2012]

- Prepared patients for ophthalmic surgeries, ensuring proper positioning and administering preoperative medications.
- Monitored patients during post-operative recovery, checking vital signs and managing complications.
- Assisted surgeons during eye surgeries like cataract extraction, LASIK, and glaucoma procedures by handing instruments and ensuring a sterile field.
- Maintained and sterilized surgical tools, microscopes, and OT equipment following infection control protocols.
- Administered IV fluids, anesthesia support, and post-surgical medications under the surgeon's guidance.
- Maintained accurate surgical records, patient charts, and inventory of OT supplies.

DECLARATION

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief. I am committed to maintaining the highest standards of patient care, professionalism, and ethical practices in my nursing career.

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