



SHABINA S

PHYSIOTHERAPIST (DHA ID: 00204132)



To secure a challenging position where I can effectively contribute to the growth and success of the organization and simultaneously contribute to my skills and acquiring knowledge on the road to success.



CONTACT

- +971 569104880
- shabnaas.88@gmail.com
- Dubai, UAE

KEY SKILLS

Team Work

Communication

Analytic Skills

Leadership

Organization Skills

Hardworking

Interpersonal Ability

Detail Oriented

Time Management

DEPARTMENTAL EXPERIENCE

- Department of Orthopedics.
- Pediatric Conditions
- Neurology and Neurosurgery (Ward & ICU)
- Cardiology, Cardiothoracic and Vascular Surgery (Ward & ICU)
- Obstetrics and Gynecology.
- Plastic Surgery and Cosmetic Surgery Departments.
- Burns Department.
- Sports Medicine and Rehabilitation.

ACADEMIC CREDENTIALS

BACHELOR OF PHYSIOTHERAPY | 2011

- Calicut University
- J.D.T. Islam College of Physiotherapy, Calicut, Kerala, India

EMPLOYMENT CHRONICLE

- PHYSIOTHERAPIST | 15th Jul 2019 – 19th Jan 2022**
MEDICURE POLYCLINIC, AL QUSAIS, DUBAI
- CONSULTANT PHYSIOTHERAPIST | 02nd Aug 2017 – 30th Jun 2019**
TIMS REHABILITATION CENTRE, TRIVANDRUM, KERALA, INDIA
- JUNIOR PHYSIOTHERAPIST | 08th Nov 2016 – 31st Jul 2017**
TRAVANCORE MEDICAL COLLEGE HOSPITAL, KOLLAM, KERALA, INDIA
- SENIOR CONSULTANT PHYSIOTHERAPIST | 20th May 2014 – 31st May 2016**
SANJEEVANI PHYSICAL MEDICINE AND REHABILITATION CENTRE, CHENGANNUR, KERALA, INDIA

Key Responsibilities

- Improve Awareness of the Role of Physiotherapy
- To carry out in a correct, safe and professional manner PT Assessment, Treatment Plan, Goal and the Management.
- To provide Recommendations, Advice and Assistance to the other Staff, Clients with regard to Manual Handling, Patient Mobility and Use of Equipment.
- Document the Treatment Status, Communicate Results to the Team Members, Patients and Family if appropriate.
- Formulating treatment plans to address the conditions and needs of patients.
- Conducting complex mobilization techniques.
- Assisting trauma patients with how to walk again.
- Educating patients, family members, and the community on how to prevent injuries and live a healthy lifestyle.
- Referring patients to doctors and other medical practitioners.
- Planning and organizing physiotherapy and fitness programs.

INTERNSHIP

Organizations : MES Medical College, Malappuram, Kerala, India

Duration : June 2011 to December 2011

Description : During the Internship period, I had worked with various medical departments of the above-mentioned Medical College with well experienced Medical Practitioners for treating acute and chronic patients for various Medical and Surgical problems requiring Physiotherapy.



COMPUTER PROFICIENCY

MS Office	★ ★ ★ ★
Basic Operation	★ ★ ★ ★ ★
Internet & Email	★ ★ ★ ★ ★

LANGUAGES

English	<div style="width: 100%;"></div> 100%
Tamil	<div style="width: 100%;"></div> 100%
Malayalam	<div style="width: 100%;"></div> 100%
Hindi	<div style="width: 60%;"></div> 60%

INTEREST

		
Music	Travelling	Reading

REFERENCE

- **MR. HARI BABU K.P**
Director
SRC, Chengannur, Kerala
+91 9447041594
sanjeevanirc@yahoo.com
- **Dr. Fawaz Mohammed**
Chief Physiotherapist & HOD
Travancore Medical College
Hospital, Kollam, Kerala
+91 9447464133
tmc@tmc.ac.in

CLINICAL SKILLS

Assessment, Diagnosis and Physiotherapy Management of patients with:

- Orthopedic conditions and Ergonomics
- Solid understanding of genetic, neurological and orthopaedic disorders and related motor skills problems in affected children
- Neurological and Neuro surgical conditions.
- Cardiologic, Cardio Thoracic and Cardio Respiratory Conditions.
- Obstetric and Gynec
- Geriatric Conditions General Surgical, Plastic Surgical and Cosmetic Surgical conditions.
- Sports and Burns Injuries

WORKSHOPS

-  CME on injuries of the Foot and Ankle (Workshop on Calcaneal Fractures).
-  CME on basic concepts and principles of Mulligan Techniques.
-  Workshop on Calcaneal Fractures.

PERSONAL DOSSIER

Gender	: Female
Marital Status	: Married
Nationality	: Indian

PASSPORT DETAILS

Passport No	: U3362774
Date of Expiry	: 22-06-2031

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars

SHABINA S

