

# SHAHIDA KOTHIKKAL

Dubai, United Arab Emirates

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## SUMMARY

Seeking for an opportunity as general dentist to work in a reputable hospital or dental clinic and utilize my professional skills to improve patient satisfaction for the benefit of organization.

## WORK EXPERIENCE

**AUGUST 2018– TILL DATE (STILL CONTINUING)**

**GENERAL DENTIST, UNION MEDICAL AND DENTAL CENTRE (MOH/NO-5038), AL NAKHEEL, RAS AL KHAIMAH, UAE**

**FEBRUARY 2017 – MARCH 2017**

**ACE DENTAL CARE ,BANGALORE -PURSUED TRAINING IN BASIC AND ADVANCED ENDODONTICS**

**SEPTEMBER 2013– APRIL 2017**

**GENERAL DENTIST, ST.GEORGE DENTAL SPECIALITY CLINIC, INDIA**

**OCTOBER 2013 – OCTOBER 2015**

**LECTURER, CENTURY INTERNATIONAL INSTITUTE OF DENTAL SCIENCE & RESEARCH CENTRE, INDIA**

**NOVEMBER 2012 - SEPTEMBER 2013**

**GENERAL DENTIST, ALL SMILE SPECIALITY CLINIC, BANGALORE ,INDIA**

## PROFESSIONAL LICENSURE

Registered dentist under, Karnataka state dental council (KSDC) India No: 31979 A, under part A

Ministry of Health (MOH) License Number: D52727

Dubai Health Authority (DHA) Eligibility Ref: DHA/LS/1932016/576644

## VARIUOS DUTIES PERFORMED:

- Skilled at providing professional dental service and care to patients
- Clinical and radiographic diagnosis
- Emergency pain management
- Oral prophylaxis (ultra-sonic scaling, root planning & curettage)
- Simple and complex restoration including aesthetic restorations
- Teeth whitening procedures (bleaching)
- Minor periodontal surgeries
- Endodontic therapy (anterior & posterior)/Hand and Rotary
- Removable and fixed partial dentures (crown and bridges)
- Complete dentures
- Extractions ( Surgical and non-surgical extraction)
- Pediatric dental care (Pit and fissure sealants, pulp therapy, application of fluoride, Instructions on Brushing and diet, habit breaking appliances)
- Dental treatment of medically compromised patients
- Reassuring anxious patients and clearly explaining the procedure
- Promoting and educating good oral health to the public
- Updating a patient's medical records
- Managing the training and development of staff
- Dealing with routine appointments and check ups
- Maintain quality, safety, infection control standards and ethical standards  
For delivery of dental surgical care

## ACADEMIC QUALIFICATIONS

BDS BACHELOR OF DENTAL SURGERY

*Vydehi institute of dental science (VIDS) 2007 – 2012*

Affiliated to Rajiv Gandhi University, Karnataka

INTERNSHIP :( Duration – 1 year)

Organization - VIDS

- Review: Efficiently completed assigned quota of clinical requirements to be completed which included all aspects of restorative dentistry.
- Deftly conducted oral health education awareness camps and contributed in various treatments and screening camps organized by Vydehi education society
- Effectively handled cases which involved Root Canal Treatment, Ultra-sonic scaling, Curettage and Root Planning, Composites & Amalgam Restorative Fillings, Complete and Removable Partial Dentures, Fixed Partial Dentures, Extractions, Tooth preparation for Crown Placement, Alveoloplasty and Impaction Surgeries.
- Assisted professors in surgeries like Impaction, Mandibular Fractures, Frenectomy and Operculectomy.
- Performed clinical assessment on patients-discussed treatment options and decided best suitable treatment plan taking into account factors including time, cost, age and medical history of a patient.
- Held weekly pediatric sessions and performed procedure on children; developed excellent patient care skills.

## **CONTINUING DENTAL EDUCATION PROGRAMMES ATTENDED:**

Seminar on Temporomandibular joint disorders (conducted at vydehi Institute of dental science -2013)

Workshop on advances in esthetic dentistry (conducted at vydehi Institute of dental Science – 2014)

Periopanorama (conducted at MR.Ambedkar dental college -2015 Bangalore Karnataka)

RAKCODS Dental Conference 2018 'Dentistry Now and Beyond'!

## **PERSONAL STRENGTH**

Highly motivated, reliable and detail oriented

Approachable, hard-working, and punctual.

Ability to communicate with people of all different backgrounds and ages

Organized and can efficiently pick up on new skills and master them with minimal supervision.

Focused and calm under pressure with an aptitude for detailed oriented jobs.

## **PERSONAL INFORMATION**

Marital status – Married

Languages known – English, Hindi, can follow basic Arabic for patient communication

Visa status – Residence visa

**REFERENCES** – Available on request.