

# SHILPA MANOJ

REGISTERED NURSE  
MOH ID : 315551

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Al Majaz, Sharjah



## PROFESSIONAL SUMMARY

A dedicated and compassionate Staff Nurse with expertise in providing high-quality care in diverse healthcare settings, including general surgery departments. Skilled in delivering comprehensive patient care, from pre-operative assessments to post-operative recovery, while ensuring patient comfort, safety, and well-being. Proficient in monitoring vital signs, administering medications, and assisting in surgical procedures, with a strong commitment to maintaining infection control protocols and sterile techniques.

## EDUCATION

### BACHELOR OF SCIENCE IN NURSING | 2023

- Moulana College of Nursing

### HIGHER SECONDARY | 2018

- Government Higher Secondary School  
Kunnakkavu, Kerala, India

### SSLC | 2016

- Government Higher Secondary School  
Kunnakkavu, Kerala, India

## COMPUTER PROFICIENCY

MS Office	★★★★★
Basic Operation	★★★★★
Internet & Email	★★★★★

## CERTIFICATIONS

- **Basic Life Support | BLS**  
American Heart Association  
Jan 2024 – Jan 2026

## LANGUAGES

English	██████████	100 %
Malayalam	██████████	100 %

## WORK EXPERIENCE

- **STAFF NURSE** | 01 Oct 2024 – 03 Feb 2025  
ASTER MIMS HOSPITAL, CALICUT, KERALA, INDIA
- **JUNIOR STAFF NURSE** | 10 Oct 2023 - 30 Sep 2024  
ASTER MIMS HOSPITAL, CALICUT, KERALA, INDIA  
Department : General surgery

## KEY RESPONSIBILITIES

- Providing direct patient care for pre-operative, intra-operative, and post-operative patients in the general surgery unit.
- Monitoring vital signs, reporting changes, and taking necessary actions to maintain patient safety.
- Administering medications as prescribed and observing for any adverse reactions.
- Assisting in wound care, including dressing changes and maintaining aseptic techniques.
- Assisting surgeons and surgical teams during operative procedures, ensuring a sterile field and preparing surgical instruments.
- Educating patients and families about post-operative care, including wound care, diet, and medication management.
- Recording and updating patient data accurately in medical charts and electronic health records.
- Assisting with patient mobility, comfort, and physical therapy as needed post-surgery.
- Collaborating with other healthcare professionals to develop and implement individualized care plans.
- Ensuring adherence to hospital infection control protocols and safety standards.

## PROFESSIONAL SKILLS

- Patient Care
- Clinical Skills
- Surgical Assistance
- Patient Education
- Infection Control
- Team Collaboration
- Critical Thinking
- Medical Documentation
- Emotional Support
- Time Management
- Patient Advocacy
- Multitasking
- Communication Skills
- Problem-Solving
- Confidentiality & Compliance

## PERSONAL DOSSIER

Gender : Female  
Date Of Birth : 25/09/2000  
Nationality : Indian  
Marital Status : Married

### Permanent Address

Pallath(Ho), Palathole P.O.  
Elamkulam, Malappuram, 679340  
Kerala, India

## INTERESTS



Songs



Travelling



Reading

## VOLUNTEER EXPERIENCE

- **FIRST YEAR BSC NURSING**
  - Taluk Hospital, Perithalmanna, Malappuram
  - Provided general nursing care
- **SECOND YEAR BSC NURSING**
  - Urban Health Centre, Eravimangalam
  - Primary Health Centre, Vettathur
  - Community Health Centre, Melattur
  - Delivered community nursing care
- **THIRD YEAR BSC NURSING**
  - Amala Hospital, Thrissur
  - Specialized in oncology nursing
- **THIRD YEAR BSC NURSING**
  - Kusamagiri Mental Health Centre, Kakkanad, Ernakulam
  - Dr. Salim's Centre for Neuro Psychiatry, Perinthalmanna
  - Gained experience in mental health nursing
- **FOURTH YEAR BSC NURSING**
  - Taluk Hospital, Perithalmanna
  - Focused on gynecology and obstetrics nursing

## PERSONAL STRENGTHS

- **EMPATHY** – Demonstrating a genuine concern for the well-being of others, ensuring patients feel cared for and understood.
- **ADAPTABILITY** – Quickly adjusting to changes in patient needs, working environments, and healthcare protocols.
- **ATTENTION TO DETAIL** – Carefully monitoring patient conditions, administering medications, and recording data with accuracy.
- **STRONG WORK ETHIC** – Consistently delivering high-quality care, maintaining professionalism, and going above and beyond to support patients and colleagues.
- **SERVICE** - Having a client focused approach Skills include Patience, Attentiveness and a positive language.
- **ORGANIZATION** - Helping others, organizing a to-do list. Prioritizing tasks by the deadline for improving time -management.
- **MANAGEMENT**- Management skills to direct others and review others performance.

## DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

**SHILPA MANOJ**