

## **CURRICULUM VITAE**



### **SILKY MEHTA**

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#### **OBJECTIVE:**

- To treat and cure patients in the most effective and aesthetically optimized way using a combination of classic as well as latest hybrid innovations in the field of dentistry.

#### **PERSONAL BEHAVIOR:**

- Hardworking and dedicated to my job with very good hold on practical dental skills as well as theoretical grounds with excellent professional conduct.

#### **PROFESSIONAL MEMBERSHIP:**

- Member of Indian Dental Association 2021
- Hold Certificate of Registration with Haryana State Dental Council, India

#### **ACHIEVEMENTS:**

- **34<sup>th</sup> ALL INDIA RANK** IN PGI NOV 2016 EXAM
- **84<sup>th</sup> ALL INDIA RANK** IN AIIMS JULY 2016 EXAM WITH **94.94%**.
- **116<sup>th</sup> ALL INDIA RANK** IN PGI JULY 2016 EXAM
- Interviewed by PreLadder Academy under the heading: **“NEVER DOUBT YOUR CALIBER”**  
(published and uploaded online on 14<sup>th</sup> December 2016)
- Contributor in the writing of a renowned competitive exam book **“DENTAL SPECTRUM”** in 2010-2013 edition.

**EDUCATION:**

Year	Degree	Institution
2009-2013	Bachelor of Dental Surgery (BDS)	Pandit Bhagwat Dayal Sharma University of Health Sciences, Rohtak, Haryana, India
2013-2014	Internship	Pandit Bhagwat Dayal Sharma University of Health Sciences, Rohtak, Haryana, India

**EMPLOYMENT HISTORY:**

Dates of Internship/Employment	Institution/Clinic	City
28 <sup>th</sup> September 2013 till 14 <sup>th</sup> November 2014	Internship at Pandit Bhagwat Dayal Sharma University of Health Sciences	Rohtak, Haryana, India
05 <sup>th</sup> January 2015 till 10 <sup>th</sup> September 2020	Full time dentist at Haryana Dental Clinic Worked 40 hours per week	Yamunanagar, Haryana, India

**DUTIES PERFORMED:**

- Diagnosis with appropriate treatment of every kind of dental patients
- Taking Dental Anatomy theory classes of BDS first year in 2014
- Taking Dental Anatomy practical classes of BDS first year in 2014
- Taking Pediatric Dentistry theory classes of BDS final year students from 2017-2020
- Taking Preventive Dentistry theory classes of BDS final year students from 2017-2020

**SPECIALIZED SKILLS:****Endodontics:**

- Root Canal Treatment with Rotary Technique
- Root Canal Treatment with Conventional File System
- Hemisection

- Perforation Repair
- Esthetic Restorations and other restorations

#### Prosthodontics:

- Complete Dentures
- Removable Partial Dentures
- Fixed Partial Dentures
- PJC Crown Placement
- PFM Crown Placement
- All Metal Crown Placement

#### Oral Surgery:

- Extractions (including partially erupted 3<sup>rd</sup> molar extraction)
- Intentional Reimplantation
- Alveoloplasty
- Odontoma Removal

#### Pedodontics:

##### Minimal Intervention Cases:

- Topical Fluoride Application
- Resin Infiltration
- Pit and Fissure Sealant Application
- Hall Technique
- Silver Diamine Fluoride Application (SDF)

##### Conventional Cases:

- Apexification
- Apexogenesis
- Pulpotomy (MTA and Biodentine)
- Pulpectomy (with Rotary and Hand Instruments)
- Management of Trauma Cases
- Splinting
- Customized and Prefabricated Post and Core Placement
- SS Crown Placement
- Zirconia crown Placement
- Luxa crown Placement
- Strip crowns Placement
- Anterior and Posterior FPD
- Reattachment of broken Tooth
- Reimplantation of avulsed tooth
- Anterior and Posterior Composite build-up
- Bleaching

#### Ortho-Pedo cases:

- Conventional Fixed Orthodontic Corrections of Malocclusion
- 2 by 4 appliance
- Fabrication of Rapid and Slow Maxillary Expanders
- Fabrication of Space Maintainers
- Fabrication of Space Regainers
- Fabrication of Myotrainers
- Fabrication of all Habit Breaking Appliances
- Fabrication of Quad Helix appliance
- Fabrication of Catalans appliance
- Fabrication of Twin block
- Fabrication of Lip bumper
- Fabrication of Night guards

#### Periodontics:

- Scaling and Root Planing
- Crown Lengthening Procedures
- Minor periodontal Surgeries

#### **RESEARCH DONE:**

- A CLINICAL STUDY TO COMPARE EFFECT OF "MANUAL INSTRUMENTATION", "ROTARY FILES" AND "PRIME PEDO FILES" ON PAIN, TIME TAKEN AND QUALITY OF OBTURATION DURING ENDODONTIC TREATMENT OF PRIMARY TEETH.

#### **LIBRARY DESSERTATION DONE:**

- M HEALTH (Mobile Health)

#### **ARTICLES PUBLISHED:**

<b>PUBLISHED IN JOURNAL</b>	<b>TOPIC</b>	<b>YEAR</b>
ACTA SCIENTIFIC DENTAL SCIENCES (ISSN: 2581-4893)	Stem Cells from Human Exfoliated Deciduous Teeth (SHED) – Turning Useless into Miracle: A Review Article	Volume 3 Issue 10 October 2019
International Journal of Health and Clinical Research	Discoloration of Teeth: A Literature Review	2020
International Journal of Health and Biological Sciences	Rotary Endodontics in Paediatric Dentistry: Literature Review	2020

Asian Pac. J. Health Sci.	Tooth Regeneration: Turning Hopes into Realities	2020
Journal of Current Medical Research and Opinion	Toothbrush, its Design and Modifications: An Overview	2020

#### **ARTICLES TO BE PUBLISHED:**

- A CLINICAL STUDY TO COMPARE EFFECT OF "MANUAL INSTRUMENTATION", "ROTARY FILES" AND "PRIME PEDO FILES" ON PAIN, TIME TAKEN AND QUALITY OF OBTURATION DURING ENDODONTIC TREATMENT OF PRIMARY TEETH.
- M Health

#### **CERTIFICATIONS:**

DATE	CERTIFIED FOR	UNIVERSITY/COLLEGE	CITY
22 <sup>nd</sup> December 2011	Attending lecture on "Direct Vs Indirect Restorations"	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India
20 <sup>th</sup> March 2017	Attending scientific sessions on "Modern Day Approach in Oral Hygiene" and "Periodontics – Beyond Prophylaxis"	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India
13 <sup>th</sup> -16 <sup>th</sup> September 2017	Participating in 39 <sup>th</sup> Annual Conference of Indian Society of Pedodontic and Preventive Dentistry.	Sri Ramachandra University	Chennai, Tamil Nadu, India
7 <sup>th</sup> October 2017	Participating in "Early Caries Detection: Importance and Quantification"	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India
8 <sup>th</sup> -10 <sup>th</sup> February 2018	Attending 15 <sup>th</sup> ISPPD National PG Conference	K.M. Shah Dental College and Hospital	Vadodara, Gujarat, India

8 <sup>th</sup> - 10 <sup>th</sup> February 2018	Presenting a Competitive e-Poster titled "Changing Colors of Pediatric Endodontics".	K.M. Shah Dental College and Hospital	Vadodara, Gujarat, India
5 <sup>th</sup> September 2018	Participating in the Continuing Medical Education (CME) Program	Post Graduate Institute of Medical Education & Research, PGIMER	Chandigarh, India
8 <sup>th</sup> September 2018	Attending Guest Lecture on "Management of Traumatic Injuries in Children"	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India
7 <sup>th</sup> -9 <sup>th</sup> November 2019	Attending 41 <sup>st</sup> NATIONAL CONFERENCE, ISPPD	I.T.S Dental College, Hospital and Research Centre	Greater Noida, India

**CERTIFICATE OF PARTICIPATION:**

DATE	PARTICIPATED IN	UNIVERSITY/COLLEGE	CITY
2nd December 2017	Attending the lecture and participating in "Hands-On" on Mini Implants	Subharti Dental College and Hospital Swami Vivekanand University	Meerut, U.P., India
14 <sup>th</sup> September 2017	Presenting e-Poster titled "Interdisciplinary Training to Improve Oral Health of Pediatric Patient"	Sri Ramachandra University	Chennai, Tamil Nadu, India
13 <sup>th</sup> and 14 <sup>th</sup> December 2017	attending and participating in "Implant Prosthodontic Workshop"	Uttaranchal Dental and Medical Research Institute	Dehradun, India
7 <sup>th</sup> -9 <sup>th</sup> November 2019	Presenting Oral Presentation titled "SMART FILES FOR SMART KIDS" at 41 <sup>st</sup> NATIONAL	I.T.S Dental College, Hospital and Research Centre	Greater Noida, India

	CONFERENCE, ISPPD		
14 <sup>th</sup> -16 <sup>th</sup> February 2019	Presenting Paper Presentation in 16 <sup>th</sup> National Post Graduate Convention on the Topic: "Changing Concepts of Pediatric Rotary Endodontics"	Swami Vivekanand Subharti University	Meerut, U.P., India
14 <sup>th</sup> -16 <sup>th</sup> February 2019	Active participation and contributing towards the scientific knowledge & success of 16 <sup>th</sup> National Post Graduate Convention.	Swami Vivekanand Subharti University	Meerut, U.P., India
9 <sup>th</sup> February 2020	Participating in Hands-On on Conscious Sedation	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India