

CURRICULUM VITAE



SILKY MEHTA

#3903 Majestic Tower, Al Khan Corniche, Sharjah, UAE

Cell: +971 565 084 588,

Email: silkymehta1990@gmail.com

OBJECTIVE:

- To treat and cure patients in the most effective and aesthetically optimized way using a combination of classic as well as latest hybrid innovations in the field of dentistry.

PERSONAL BEHAVIOR:

- Hardworking and dedicated to my job with very good hold on practical dental skills as well as theoretical grounds with excellent professional conduct.

PROFESSIONAL MEMBERSHIP:

- Member of Indian Dental Association 2021
- Hold Certificate of Registration with Haryana State Dental Council, India

ACHIEVEMENTS:

- **34th ALL INDIA RANK** IN PGI NOV 2016 EXAM
- **84th ALL INDIA RANK** IN AIIMS JULY 2016 EXAM WITH **94.94%**.
- **116th ALL INDIA RANK** IN PGI JULY 2016 EXAM
- Interviewed by PreLadder Academy under the heading: **“NEVER DOUBT YOUR CALIBER”**
(published and uploaded online on 14th December 2016)
- Contributor in the writing of a renowned competitive exam book **“DENTAL SPECTRUM”** in 2010-2013 edition.

EDUCATION:

Year	Degree	Institution
2009-2013	Bachelor of Dental Surgery (BDS)	Pandit Bhagwat Dayal Sharma University of Health Sciences, Rohtak, Haryana, India
2013-2014	Internship	Pandit Bhagwat Dayal Sharma University of Health Sciences, Rohtak, Haryana, India

EMPLOYMENT HISTORY:

Dates of Internship/Employment	Institution/Clinic	City
28 th September 2013 till 14 th November 2014	Internship at Pandit Bhagwat Dayal Sharma University of Health Sciences	Rohtak, Haryana, India
05 th January 2015 till 10 th September 2020	Full time dentist at Haryana Dental Clinic Worked 40 hours per week	Yamunanagar, Haryana, India

DUTIES PERFORMED:

- Diagnosis with appropriate treatment of every kind of dental patients
- Taking Dental Anatomy theory classes of BDS first year in 2014
- Taking Dental Anatomy practical classes of BDS first year in 2014
- Taking Pediatric Dentistry theory classes of BDS final year students from 2017-2020
- Taking Preventive Dentistry theory classes of BDS final year students from 2017-2020

SPECIALIZED SKILLS:**Endodontics:**

- Root Canal Treatment with Rotary Technique
- Root Canal Treatment with Conventional File System
- Hemisection

- Perforation Repair
- Esthetic Restorations and other restorations

Prosthodontics:

- Complete Dentures
- Removable Partial Dentures
- Fixed Partial Dentures
- PJC Crown Placement
- PFM Crown Placement
- All Metal Crown Placement

Oral Surgery:

- Extractions (including partially erupted 3rd molar extraction)
- Intentional Reimplantation
- Alveoloplasty
- Odontoma Removal

Pedodontics:

Minimal Intervention Cases:

- Topical Fluoride Application
- Resin Infiltration
- Pit and Fissure Sealant Application
- Hall Technique
- Silver Diamine Fluoride Application (SDF)

Conventional Cases:

- Apexification
- Apexogenesis
- Pulpotomy (MTA and Biodentine)
- Pulpectomy (with Rotary and Hand Instruments)
- Management of Trauma Cases
- Splinting
- Customized and Prefabricated Post and Core Placement
- SS Crown Placement
- Zirconia crown Placement
- Luxa crown Placement
- Strip crowns Placement
- Anterior and Posterior FPD
- Reattachment of broken Tooth
- Reimplantation of avulsed tooth
- Anterior and Posterior Composite build-up
- Bleaching

Ortho-Pedo cases:

- Conventional Fixed Orthodontic Corrections of Malocclusion
- 2 by 4 appliance
- Fabrication of Rapid and Slow Maxillary Expanders
- Fabrication of Space Maintainers
- Fabrication of Space Regainers
- Fabrication of Myotrainers
- Fabrication of all Habit Breaking Appliances
- Fabrication of Quad Helix appliance
- Fabrication of Catalans appliance
- Fabrication of Twin block
- Fabrication of Lip bumper
- Fabrication of Night guards

Periodontics:

- Scaling and Root Planing
- Crown Lengthening Procedures
- Minor periodontal Surgeries

RESEARCH DONE:

- A CLINICAL STUDY TO COMPARE EFFECT OF "MANUAL INSTRUMENTATION", "ROTARY FILES" AND "PRIME PEDO FILES" ON PAIN, TIME TAKEN AND QUALITY OF OBTURATION DURING ENDODONTIC TREATMENT OF PRIMARY TEETH.

LIBRARY DESSERTATION DONE:

- M HEALTH (Mobile Health)

ARTICLES PUBLISHED:

PUBLISHED IN JOURNAL	TOPIC	YEAR
ACTA SCIENTIFIC DENTAL SCIENCES (ISSN: 2581-4893)	Stem Cells from Human Exfoliated Deciduous Teeth (SHED) – Turning Useless into Miracle: A Review Article	Volume 3 Issue 10 October 2019
International Journal of Health and Clinical Research	Discoloration of Teeth: A Literature Review	2020
International Journal of Health and Biological Sciences	Rotary Endodontics in Paediatric Dentistry: Literature Review	2020

Asian Pac. J. Health Sci.	Tooth Regeneration: Turning Hopes into Realities	2020
Journal of Current Medical Research and Opinion	Toothbrush, its Design and Modifications: An Overview	2020

ARTICLES TO BE PUBLISHED:

- A CLINICAL STUDY TO COMPARE EFFECT OF "MANUAL INSTRUMENTATION", "ROTARY FILES" AND "PRIME PEDO FILES" ON PAIN, TIME TAKEN AND QUALITY OF OBTURATION DURING ENDODONTIC TREATMENT OF PRIMARY TEETH.
- M Health

CERTIFICATIONS:

DATE	CERTIFIED FOR	UNIVERSITY/COLLEGE	CITY
22 nd December 2011	Attending lecture on "Direct Vs Indirect Restorations"	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India
20 th March 2017	Attending scientific sessions on "Modern Day Approach in Oral Hygiene" and "Periodontics – Beyond Prophylaxis"	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India
13 th -16 th September 2017	Participating in 39 th Annual Conference of Indian Society of Pedodontic and Preventive Dentistry.	Sri Ramachandra University	Chennai, Tamil Nadu, India
7 th October 2017	Participating in "Early Caries Detection: Importance and Quantification"	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India
8 th -10 th February 2018	Attending 15 th ISPPD National PG Conference	K.M. Shah Dental College and Hospital	Vadodara, Gujarat, India

8 th - 10 th February 2018	Presenting a Competitive e-Poster titled "Changing Colors of Pediatric Endodontics".	K.M. Shah Dental College and Hospital	Vadodara, Gujarat, India
5 th September 2018	Participating in the Continuing Medical Education (CME) Program	Post Graduate Institute of Medical Education & Research, PGIMER	Chandigarh, India
8 th September 2018	Attending Guest Lecture on "Management of Traumatic Injuries in Children"	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India
7 th -9 th November 2019	Attending 41 st NATIONAL CONFERENCE, ISPPD	I.T.S Dental College, Hospital and Research Centre	Greater Noida, India

CERTIFICATE OF PARTICIPATION:

DATE	PARTICIPATED IN	UNIVERSITY/COLLEGE	CITY
2nd December 2017	Attending the lecture and participating in "Hands-On" on Mini Implants	Subharti Dental College and Hospital Swami Vivekanand University	Meerut, U.P., India
14 th September 2017	Presenting e-Poster titled "Interdisciplinary Training to Improve Oral Health of Pediatric Patient"	Sri Ramachandra University	Chennai, Tamil Nadu, India
13 th and 14 th December 2017	attending and participating in "Implant Prosthodontic Workshop"	Uttaranchal Dental and Medical Research Institute	Dehradun, India
7 th -9 th November 2019	Presenting Oral Presentation titled "SMART FILES FOR SMART KIDS" at 41 st NATIONAL	I.T.S Dental College, Hospital and Research Centre	Greater Noida, India

	CONFERENCE, ISPPD		
14 th -16 th February 2019	Presenting Paper Presentation in 16 th National Post Graduate Convention on the Topic: "Changing Concepts of Pediatric Rotary Endodontics"	Swami Vivekanand Subharti University	Meerut, U.P., India
14 th -16 th February 2019	Active participation and contributing towards the scientific knowledge & success of 16 th National Post Graduate Convention.	Swami Vivekanand Subharti University	Meerut, U.P., India
9 th February 2020	Participating in Hands-On on Conscious Sedation	J.N. Kapoor D.A.V. (C) Dental College and Hospital	Yamunanagar, Haryana, India