

# SONIA P SKARIAH

## Objectives ▾

To Join in a reputed and established firm where I can put my learning into actual output, and to contribute to the development of the firm along with improving myself.

## Experience ▾

### 19<sup>th</sup> November 2022–Still Working

- Assistant Nurse • Thumbay Medical & Dental Specialty Center, Sharjah, UAE

### 4<sup>th</sup> April 2018–15<sup>th</sup> March 2021

- Staff Nurse • Southern Institute Of Medical Science, Trivandrum, Kerala, India

### 10<sup>th</sup> March 2016–31<sup>st</sup> March 2017

- Staff Nurse • Christuraj Hospital, Kottarakkara, Kerala, India

### 2<sup>nd</sup> November 2015–25<sup>th</sup> February 2016

- Staff Nurse • St. Thomas Hospital, Malakkara, Kerala, India

### December 2009–July 2010

- Staff Nurse • Century Hospital, Mulakuzha, Kerala, India

### October 2007–December 2009

- Staff Nurse • Kamineni Hospital, Hyderabad, AP, India

## Education ▾

Course	Year	Institution
Diploma in General Nursing and Midwifery	2004-2007	Kamineni School of Nursing, Hyderabad, Andhra Pradesh, India.
Plus Two	2001-2003	Govt.V.H.S.S, Mulakuzha, Kerala, India.
SSLC	2000-2001	St. Annes Girls High School, Chengannur, Kerala, India.

## Professional Licenses ▾

- MOH Evaluation Letter
- BLS Passed with Certificate
- ACLS PASSED with Certificate



## Contact

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## Responsibilities ▾

- Receiving and Managing Patients.
  - Checking Vital Signs.
  - Connecting the patients to the Monitor.
  - Recording ECG.
  - Providing basic needs of the client including comfort nutrition, Hygienic needs and elimination.
  - Suctioning Oral.
  - Providing Chest Physiotherapy and Steam inhalation.
  - Helping the client in active and passive exercises.
  - Assisting in critical situation.
  - Care of the patient with urinary catheters.
  - Ambulating the client with the help of crèches, walkers and Wheel chair ambulation.
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## Nature of Work ▾

### Medical Ward Nurse

- Walk the ward and assess patient's medical needs.
- Provide prescribed injections and medications.
- Administer intravenous medications as required.
- Monitor vital signs and adjust treatment.
- Perform patient evaluations at equal interval.
- Notify doctors about changes in patient's status.
- Collect sputum, urine, and stool specimen for medical analysis.
- Analyze lab test results and change treatment accordingly.

### ICU Staff Nurse

- Intensive Medical and Surgical Care Unit.
  - Experience in treating patients recovering Asthma, Diabetes mellitus, COPD, Tracheotomy, Hypertension, Epilepsy, Tuberculosis, Cerebro vascular accident, Hemiplegia, Respiratory failure, Appendectomy, Pneumonia , Thyroidectomy, Tonsillectomy, Renal failure.
  - Special experience in collecting blood for Arterial Blood Gas Analysis, Ryle's Tube placement, Female Urinary
  - Catheterization, I.V. Cannulation, Oral suctioning.
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## Personal Attributes ▾

- Good communication skills.
  - Rendering comprehensive nursing care at overall sight of clinical area.
  - Exhibiting ethical behavior at all professional activities.
  - Practice relationship centered care with individuals and families.
  - Demonstrate critical thinking reflection and problem solving skills.
  - Working in inter disciplinary teams.
  - Practice leadership quality, continue to learn and help others.
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## Gadget the unit is provided with ▾

- Pulse Oxymeter.
- Oxygen flow meter and Suction apparatus.
- ECG Monitor.
- Sphygmomanometer.
- Crash Trolley with CPR equipment.
- ECG Machine.
- Defibrillators.
- Glucometer.
- Weight Machine.
- Nebulizer.
- Needle Burner.
- Steam inhaler.
- Oxygen Cylinder.

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## Special Procedures Assisted for ▾

- Blood Transfusion.
  - Foleys catheterization.
  - Inter Coastal Drainage.
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## Special Procedures Performed ▾

- I.V. Cannulation.
  - NG Tube placement.
  - Blood sample collecting.
  - Care of Blood Transfusion.
  - Care of Post-Operative patients.
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## Professional Competency ▾

- Sound clinical knowledge, skills & experience in acute / general nursing practice and willingness to learn.
  - Excellent communication and interpersonal skills.
  - Comprehensive problem solving ability.
  - Save the Life's.
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## Software Knowledge ▾

- MS Office
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## Personal Data's ▾

Name	:	Sonia.P.Skariah
Father's Name	:	P.C.Skariah
E-mail	:	ajirajuster@gmail.com
Age and Date of Birth	:	37 years. 14/11/1985
Gender	:	Female
Marital Status	:	Married
Nationality	:	Indian
Languages Known	:	English, Hindi, Telugu and Malayalam
Passport No.	:	U9886546
Visa Status	:	Residence Visa
Visa Expiry	:	18th April-2025
Professional License	:	MOH Evaluation Letter

### DECLARATION

I hereby consider the above contents are true to my knowledge and I will be great full to you if get a chance to serve in your organization.

Thanking you in anticipation.

Date :  
Place :

Sincerely,  
SONIA P SKARIAH