



# Saad Tanveer

## Family Medicine Specialist

### Contact

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### Education

**Membership of Royal College of General Practitioners (MRCGP Int.)**  
2018

**Bachelor of Medicine & Bachelor of Surgery (MBBS)**  
2006

### Licenses

Department of Health (DOH) Abu Dhabi

Pakistan Medical and Dental Council (PMDC)

DHA Eligibility

MOH Evaluation Certificate

### Skills

- Primary Care Services
- Case Management
- Preventive Healthcare
- Chronic Disease Management
- Pediatric Care & Geriatric Care
- Minor Procedures & Emergency Care
- Diagnosis and Treatment
- Chronic Disease Management
- Urgent Care and Emergency
- Relationship Building
- Electronic Medical Records
- Team Leadership & Problem-solving

### Summary

Dedicated and highly skilled Family Medicine Specialist with MBBS and MRCGP qualifications. Over the course of my career, I have developed extensive experience in diagnosing, treating, and managing a wide variety of medical conditions across all age groups. Known for providing comprehensive, patient-centered care, I focus on preventive healthcare and holistic treatment approaches. Adapt at building strong patient relationships, ensuring quality care, and working collaboratively within multidisciplinary teams to deliver optimal health outcomes. Committed to continuous professional development and excellence in primary care services.

### Work Experience

**Family Medicine Specialist – Aspen Medical Healthcare Al Ain, UAE**  
2022 – Present

- Deliver holistic, patient-centered care to individuals of all ages, addressing a wide spectrum of acute and chronic medical conditions.
- Foster long-term, trust-based relationships with patients and their families to ensure continuity and consistency in care.
- Conduct routine physical examinations, screenings, and preventive assessments to proactively identify and manage potential health issues.
- Educate patients on healthy lifestyle choices, disease prevention, and the importance of routine medical care to support long-term well-being.
- Lead preventive care initiatives, including immunizations, screenings, and wellness education to mitigate health risks.
- Partner with local community resources to support public health efforts and improve the overall health of individuals and the broader community.
- Serve as the central point of contact for patients, coordinating their care across multiple medical specialties and healthcare providers.
- Facilitate referrals to specialists, ensuring seamless transitions and timely follow-up for specialized care.
- Maintain accurate, comprehensive, and up-to-date medical records to support clear communication and effective care coordination across the healthcare team.

**GP/Family Physician – Aster Medical DM Healthcare Clinics**  
2017 – 2022

- Provide primary care services to patients of all ages, addressing a wide range of acute and chronic health conditions.
- Conduct thorough medical assessments, including physical exams, diagnostic tests, and screenings, to accurately diagnose and manage illnesses.
- Develop individualized treatment plans based on patient history, health status, and current medical needs.
- Monitor patients' progress and adjust treatment plans as needed to ensure optimal outcomes.
- Manage long-term care for patients with chronic conditions, such as diabetes, hypertension, and heart disease, through regular monitoring and treatment adjustments.
- Collaborate with specialists when necessary to ensure comprehensive care for patients with complex medical needs.

## Trainings

Attended regular training to stay up to date with the upcoming medicines and treatments

Basic Life Support (BLS) Advanced Cardiac Life Support (ACLS)

Attended GP Upskilling workshop held by DOH

Owner of KPIs at Aspen Medical Center

## Languages

English



Urdu



Arabic



Punjabi



Hindi



## Personal Details

**Nationality:** Pakistani

**Date of Birth:** 20/03/1982

**Visa Status:** Golden Visa 10 Years

### GP/Family Physician – Almadar Medical Center (Alnoor Mediclinic Groups)

2015 – 2017

- Provide expert primary care to patients across all age groups, managing a broad range of acute and chronic medical conditions with a focus on personalized care.
- Conduct thorough clinical evaluations, including physical examinations, diagnostic testing, and health screenings, to diagnose and manage patient conditions effectively.
- Develop and implement individualized treatment plans, tailoring care to meet each patient's unique health needs and medical history.
- Continuously monitor patient progress, making necessary adjustments to treatment plans to optimize health outcomes.

### GP/Family Physician – Sajer Hosital, Riyad Reion, Ministry of Health, KSA

2012 – 2014

- Oversee the ongoing management of chronic conditions, including diabetes, hypertension, and cardiovascular diseases, ensuring comprehensive care through regular monitoring and evidence-based treatments.
- Work in collaboration with medical specialists and multidisciplinary teams to address complex health cases, ensuring seamless, integrated care.
- Act as the primary care coordinator for patients, facilitating communication and collaboration between specialists, hospitals, and other healthcare providers to ensure continuity and excellence in care delivery.
- Maintain meticulous and up-to-date patient medical records, supporting clear communication across the care team and enabling informed decision-making.
- Foster interdisciplinary collaboration to enhance patient outcomes and deliver holistic, coordinated care.

### Medical Officer – National Hospital & Medical Center Lahore, Pakistan

2010 – 2012

- Provide expert medical care, diagnosing and treating a wide range of acute and chronic medical conditions in patients of all ages.
- Conduct comprehensive medical assessments, including physical examinations, diagnostic tests, and lab work, to deliver accurate diagnoses.
- Advocate for preventive health measures, conducting routine screenings, vaccinations, and health check-ups to reduce the incidence of illness and promote long-term wellness.
- Educate patients on healthy lifestyle choices and preventive practices to mitigate health risks and enhance overall well-being.

### Medical Officer – Primary Healthcare Center Pakistan

2008 – 2009

- Provide primary care services to patients of all ages, addressing a wide range of acute and chronic health conditions.
- Lead and supervise clinical teams, including nurses, healthcare assistants, and other medical staff, to ensure seamless care delivery and adherence to medical protocols.
- Collaborate with multidisciplinary teams to coordinate comprehensive patient care, ensuring continuity and communication across departments and specialties.
- Facilitate the training and development of junior medical staff and interns, providing mentorship and guidance to support their professional growth.
- Participate in hospital or clinic management tasks, including the development of medical policies, protocols, and guidelines to improve patient care and operational efficiency.
- Monitor and ensure compliance with healthcare regulations, protocols, and safety standards within the medical facility.