

# **Dr. Saima Zakir Kiran**

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## ***Career Profile***

Highly motivated, dedicated and clinically competent general practitioner with Experience caring for patients from a range of cultural backgrounds. I am committed to Pursuing a role in which I can help people maintain their health and quality of life.

## ***Professional Experience***

### **Riaz Medical Centre, Sharjah, UAE:**

*(July 2014 – Dec 2019)*

#### **General Practitioner:-**

#### **Responsibilities:-**

- Greet patients and take personal histories, perform examinations, order laboratory tests, x-rays and other diagnostic procedures.
- Evaluate patients' physical and mental health; refer patients to specialists where appropriate
- Prescribe and administer medications and treatments
- Provide emergency care for acute coronary syndrome and asthma attacks
- Report notifiable diseases, such as tuberculosis to governmental authorities
- Advise patients about strategies for maintaining optimal health, including disease and accident prevention
- Examined patients, documented their medical histories, ordered laboratory tests, x-rays and other diagnostic procedure

### **Aga Khan Health Services Pakistan:**

*(May 2011 – July 2013)*

#### **General Practitioner:-**

#### **Responsibilities:-**

- Admitted patients after consulting with senior medical practitioners
- Performed minor surgical procedures such as IV cannulation, ECG, ABG and urinary catheterization
- Accompanied registrars and consultants on morning and afternoon ward rounds
- Report notifiable diseases, such as pertussis and measles, to governmental authorities
- Advise patients about strategies for maintaining optimal health, including disease and accident prevention
- Examined patients, documented their medical histories, ordered laboratory tests, x-rays and other diagnostic procedures

**House Job (Internship) in Medicine:**

***(Nov 2010 –April 2011)***

**Sir Ganga Ram Hospital,**

**Department of Medicine,**

**Lahore, Pakistan**

- Managed efficiently patients of chronic conditions i.e. hypertension, diabetes and urgent care like MI, Congestive Heart Failure, Asthma, COPD, Renal failure, trauma, burns etc.
- Admitted new patients after comprehensive evaluation through OPD and Emergency Dept. and followed them throughout the hospitalization.
- Provided compassionate hospital care to adult patients admitted to intensive care unit, cardiac care unit, and general medical floor
- Gained huge hands-on experience of dealt with patients of various sub specialties.
- Attend and run twice weekly medical out patient clinics and wards rounds regularly
- Participated in weekly Clinical-pathological Conference
- Supervised and teach junior house officer, medical and para-medical students
- Attend group meetings and case presentations of patient admitted in the ward or any other working units

**House Job (Internship) in Gynecology/Obstetrics:**

***(May-2010- Oct- 2010)***

**Sir Ganga Ram Hospital,**

**Department of Gynaecology / Obstetrics,**

**Lahore, Pakistan.**

- Performed numerous vaginal deliveries and uncomplicated caesarean section.
- Responsible for pre and post operation care of patient in labor room and wards.
- Independently performed minor gyne/obs procedures and assisted in major elective ones like myomectomies, hysterectomies and bilateral salpingo-oophrectomies etc.
- Working as an on-call doctor and performed regular emergency and cool duties in labor room, infertility clinics, anti-natal and post-natal OPD.
- Presented on floor admitted patient during daily consultant and weekly grand rounds.
- Case presentation in weekly and monthly meetings and in conferences.

**Clinical Skills:-**

<b>1</b>	History taking	<b>9</b>	Removal of superficial foreign bodies
<b>2</b>	Physical Examination	<b>10</b>	Speculum insertion for vaginal swabs
<b>3</b>	Intravenous access techniques	<b>11</b>	ECG and simple interpretation
<b>4</b>	Arterial puncture	<b>12</b>	Laryngoscopy
<b>5</b>	Mask ventilation	<b>13</b>	CPR
<b>6</b>	Nasogastric tube placement	<b>14</b>	Ascitic tap and pleural tap
<b>7</b>	Foley catheter insertion		
<b>8</b>	Primary closure techniques		

**Medical Licensing**

**Ministry of Health, UAE**

General Practitioner

License number: D38151

DHA Eligibility

### **Key Skills and Abilities**

- Ability to put patients at ease and inspire their trust. Highly developed communication skills enable me to listen, respond and adapt to patients from a range of cultural backgrounds in a clear and empathetic manner. I have a genuine concern for all patients and take the time to explain their condition and treatment options.
- Proven ability to make sound diagnoses following accurate case-taking, examination of patient and interpretation of diagnostic procedures.
- Experience working in hospitals and practices with limited staff and a high volume of patients who present with both emergency and non-emergency cases. Able to remain calm and methodical in my examination, diagnosis and treatment of patients, even in testing situations.

### **Education**

Bachelor of Medicine, Bachelor of Surgery (MBBS)      Lahore, Pakistan  
Fatima Jinnah Medical College (FJMC)  
Punjab University  
Graduated 2009

### **Trainings, Certificates & Seminars:**

Pakistan Medical and Dental Council Certificate of Registration, 2010  
Basic Life Support for Health Care Providers Certificate of Participation, April 2014  
Advanced Cardiovascular Life Support.

### **Personal Information**

<b>D.O.B</b>	15-Feb-1985
<b>Languages</b>	English, Arabic, Urdu
<b>Marital Status</b>	Married
<b>Visa Status</b>	Husband Visa
<b>Nationality</b>	Pakistani

### **References**

- Available upon request