

Dr. Saima Zakir Kiran

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Career Profile

Highly motivated, dedicated and clinically competent general practitioner with Experience caring for patients from a range of cultural backgrounds. I am committed to Pursuing a role in which I can help people maintain their health and quality of life.

Professional Experience

Riaz Medical Centre, Sharjah, UAE:

(July 2014 – Dec 2019)

General Practitioner:-

Responsibilities:-

- Greet patients and take personal histories, perform examinations, order laboratory tests, x-rays and other diagnostic procedures.
- Evaluate patients' physical and mental health; refer patients to specialists where appropriate
- Prescribe and administer medications and treatments
- Provide emergency care for acute coronary syndrome and asthma attacks
- Report notifiable diseases, such as tuberculosis to governmental authorities
- Advise patients about strategies for maintaining optimal health, including disease and accident prevention
- Examined patients, documented their medical histories, ordered laboratory tests, x-rays and other diagnostic procedure

Aga Khan Health Services Pakistan:

(May 2011 – July 2013)

General Practitioner:-

Responsibilities:-

- Admitted patients after consulting with senior medical practitioners
- Performed minor surgical procedures such as IV cannulation, ECG, ABG and urinary catheterization
- Accompanied registrars and consultants on morning and afternoon ward rounds
- Report notifiable diseases, such as pertussis and measles, to governmental authorities
- Advise patients about strategies for maintaining optimal health, including disease and accident prevention
- Examined patients, documented their medical histories, ordered laboratory tests, x-rays and other diagnostic procedures

House Job (Internship) in Medicine:***(Nov 2010 –April 2011)*****Sir Ganga Ram Hospital,****Department of Medicine,****Lahore, Pakistan**

- Managed efficiently patients of chronic conditions i.e. hypertension, diabetes and urgent care like MI, Congestive Heart Failure, Asthma, COPD, Renal failure, trauma, burns etc.
- Admitted new patients after comprehensive evaluation through OPD and Emergency Dept. and followed them throughout the hospitalization.
- Provided compassionate hospital care to adult patients admitted to intensive care unit, cardiac care unit, and general medical floor
- Gained huge hands-on experience of dealt with patients of various sub specialties.
- Attend and run twice weekly medical out patient clinics and wards rounds regularly
- Participated in weekly Clinical-pathological Conference
- Supervised and teach junior house officer, medical and para-medical students
- Attend group meetings and case presentations of patient admitted in the ward or any other working units

House Job (Internship) in Gynecology/Obstetrics:***(May-2010- Oct- 2010)*****Sir Ganga Ram Hospital,****Department of Gynaecology / Obstetrics,****Lahore, Pakistan.**

- Performed numerous vaginal deliveries and uncomplicated caesarean section.
- Responsible for pre and post operation care of patient in labor room and wards.
- Independently performed minor gyne/obs procedures and assisted in major elective ones like myomectomies, hysterectomies and bilateral salpingo-oophorectomies etc.
- Working as an on-call doctor and performed regular emergency and cool duties in labor room, infertility clinics, anti-natal and post-natal OPD.
- Presented on floor admitted patient during daily consultant and weekly grand rounds.
- Case presentation in weekly and monthly meetings and in conferences.

Clinical Skills:-

1	History taking	9	Removal of superficial foreign bodies
2	Physical Examination	10	Speculum insertion for vaginal swabs
3	Intravenous access techniques	11	ECG and simple interpretation
4	Arterial puncture	12	Laryngoscopy
5	Mask ventilation	13	CPR
6	Nasogastric tube placement	14	Ascitic tap and pleural tap
7	Foley catheter insertion		
8	Primary closure techniques		

Medical Licensing**Ministry of Health, UAE**

General Practitioner

License number: D38151

DHA Eligibility

Key Skills and Abilities

- Ability to put patients at ease and inspire their trust. Highly developed communication skills enable me to listen, respond and adapt to patients from a range of cultural backgrounds in a clear and empathetic manner. I have a genuine concern for all patients and take the time to explain their condition and treatment options.
- Proven ability to make sound diagnoses following accurate case-taking, examination of patient and interpretation of diagnostic procedures.
- Experience working in hospitals and practices with limited staff and a high volume of patients who present with both emergency and non-emergency cases. Able to remain calm and methodical in my examination, diagnosis and treatment of patients, even in testing situations.

Education

Bachelor of Medicine, Bachelor of Surgery (MBBS) Lahore, Pakistan
Fatima Jinnah Medical College (FJMC)
Punjab University
Graduated 2009

Trainings, Certificates & Seminars:

Pakistan Medical and Dental Council Certificate of Registration, 2010
Basic Life Support for Health Care Providers Certificate of Participation, April 2014
Advanced Cardiovascular Life Support.

Personal Information

D.O.B	15-Feb-1985
Languages	English, Arabic, Urdu
Marital Status	Married
Visa Status	Husband Visa
Nationality	Pakistani

References

- Available upon request