

CURRICULUM VITAE



SANI A. THOMAS

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OBJECTIVE

Seeking placement in a reputed organization, where I can use my knowledge and experience for the betterment of the organization and to enhance excel in the field of Health Care Services.

SUMMARY OF EDUCATIONAL QUALIFICATIONS:-

SSLC Passed 2004 -Board of Kerala NSSHS V. Kottayam, Pathanamthitta.
Plus Two -Passed 2006 -Board of Kerala SNVHSS Angadical Pathanamthitta.
B.SC Nursing - Aruna College of Nursing Tumkur, Bangalore (2006-2010)
M.SC Nursing - Hill side College of Nursing Raghuvanahalli Bangalore (2012-14)

POSITION & MEMBERSHIP IN THE NURSING SOCIETY:

<u>Registrations</u>	<u>Institution</u>	<u>License No/ref:</u>
Professional Regn:	Karnataka nursing council Karnataka, India	BSC-35699 MSC-007576
Professional Regn:	Ministry of Health, Govt. of Sharjah, UAE	RN016628

SEMINARS & TRANINGS

- Basic Life Support

EXPERIENCE

06-02-2023 to 04-08-2024	Community Medical Centre, Al Mahata, Sharjah
14-06- 2020 to 01-04-2022	Al Dallah Medical Centre, Rolla, Sharjah, UAE
14-02- 2017 to 15-08-2018 Department	Manasa Multi Specialty Hospital, Bangalore Medical ICU

03-10-2015 to 03-12-2016
Department

Apollo Hospital, Bangalore
Medical ICU

Apollo Hospital is a 330 bedded multi-specialty (JCI Accredited Super Speciality Tertiary Hospital) hospital with all advance equipment's. The hospital has a multi organ transplant unit, Laboratory and X-ray and also providing accommodation for staffs. It has got operation theatre, ICU, CCU, IPCU, Dialysis, NICU, Pediatric Ward, OPD, Emergency Unit, and community Health department and Cardiac Hospital. It has got modern facilities like Ultrasonography, Endoscopy, Roentgenography, Echo, TMT, Audiometer etc.

10-03-2011 to 11-07-2012
Department

Sunflag Hospital, Faridabad
Medical Surgical Ward and ICU

Sunflag Hospital and Research Center is a 210 bedded multi-specialty hospital with all advance equipment's.

DESSERTATION TOPIC FOR MSC NURSING

A study to assess the effectiveness of self-instructional module on knowledge regarding Extended and expanded role of nurses among staff nurses in selected hospitals at Bangalore

DUTIES AND RESPONSIBILITIES

- Admission and receiving of patient, vitals monitoring.
- Assessing patient condition
- Planning and implementing Nursing Care.
- Administrations of medicines, fluids, blood and blood product as prescribed by physician.
- Handling different types of life threatening emergency situations.
- Psychological support to the patient and her relatives.
- Maintain all aseptic techniques.
- Following barrier nursing.
- Maintaining accurate records and reports.
- Periodical assessment of the disease condition.
- Giving orientation to the patients at the time of admission.
- Carry out routine investigation.
- Help patients to do daily activities & increasing their social relationship.
- Assist the doctor in procedure & proper explanation to the patient before each nursing procedures.

- Administration of drugs at the prescribed times.
- Maintain nutritional status and personal hygiene.
- Health Education.
- Proper reporting and recording.
- Prepare the patients file for billing.
- Cardio pulmonary resuscitation.
- Assist doctor's rounds.

PROCEDURES ASSISTED

- IV cannulation, blood Transfusions
- Nebulization
- Introducing Foley's catheter
- Wound dressings
- Suture removal
- Injection IM, SC, ID
- Assist in CVP, Intubation, CPR, lumbar puncture , HD catheterization , icd drain , cut down etc.
- ABG Analysis
- ECG
- Assisting suturing

EQUIPMENTS HANDLED

- Cardiac monitor
- Ventilators
- Bipap
- Defibrillator
- ECG Machine
- Nebulizer
- Infusion Pump
- Syringe Pump
- Pulse Oxymetry
- Suction apparatus
- Glucometer

STRENGTH & SKILLS

Dedicated and patient focused with proven skill in actual patients care. Staff development and family advocacy. Interpersonal & Communication skill.

- Attend all mandatory education sessions.
- Accuracy in patient history charting and other documentation.
- Implements & Maintain ICU Policies routines.
- Co-ordinate patient's care with various health team members.

COMPUTER KNOWLEDGE

- Competent user of Microsoft Word, and Power Point,
- Proficient in use of internet, E-mail and work-related databases.

PERSONAL INFORMATION

Date of birth : 22-09-1988
Sex : Female
Marital Status : Married
Visa status : Husband visa
Nationality : Indian
Religion : Christian
Languages Known : English, Hindi & Malayalam

REFERENCES

1. Mrs. Mary Jose
Director – Nursing
Apollo Hospital
#154/11, Bannerghatta Road
Bangalore-560076, India
2. Mr. Sreenivas
Nursing Superintendent
Manasa Hospital
Kenchanakuppe cross,
Bidadi-562109, Bangalore, India
3. Mrs. Smitha Bhaskar
Managing Director AL Dallah Medical Center Sharjah
4. Mrs. Nidhi Sisodiya
Managing director community Medical Center Sharjah

DECLARATION

I hereby assure you that all the above-mentioned information is true to the best of my knowledge.

Sani A Thomas

Place: Sharjah
Date: 01-09-2024