



SEENA XAVIER

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Passport : W3977606
MOH : MOH License NO 327195

PROFILE SUMMARY

Compassionate and experienced Registered Nurse with a strong background in medical, urology, and orthopedic patient care. Over 2 years of professional experience across renowned hospitals in Kerala. Possesses UAE MOH License (License No: 327195) and strong skills in medication administration, surgical dressing, and emergency patient management. Seeking a nursing opportunity in the UAE to contribute clinical expertise and commitment to patient welfare.

KEY SKILLS

- Medication Administration (Oral & Parenteral)
- Surgical Dressing
- Venous Blood Collection
- IV Infusion
- Emergency Response
- Ward Management
- Communication Skills
- Patient Care

PROFESSIONAL EXPERIENCE

S R Speciality Hospital, Kerala Oct 2023 – Feb 2025 Oct 2023 - Feb 2025

Designation : Staff Nurse – Urology, OPD, Orthopedic Department

- Assisted urologists in procedures like catheterization, stent care, and pre-op prep.
- Provided orthopedic care including splinting, dressing, and post-surgical rehab.
- Managed OPD flow, patient triage, minor procedures, and documentation.
- Maintained sterile techniques and infection control during procedures.
- Educated patients on post-op care and lifestyle changes for related conditions.
- Handled patient records, appointments, and follow-up coordination.
- Contributed to departmental audits and quality assurance activities.

John Varghese Hospital, Kerala Sep 2022 – Sep 2023

Designation : Staff Nurse – Medical Ward

- Delivered nursing care including pre/post-op care, chronic illness management, and infection control.
- Monitored vitals, administered medications, and managed IV infusions.
- Coordinated with physicians and healthcare teams for accurate treatment plans.
- Maintained patient records and documentation as per hospital protocols.
- Responded to emergencies, providing CPR and first aid as needed.
- Educated patients on medication, diet, hygiene, and discharge care.
- Supervised and trained junior nurses and assistants to ensure care quality.

EDUCATION

B.Sc. Nursing 2021

Tamil Nadu Dr. MGR Medical University, Chennai

Plus Two, Science Stream 2016

Board of Higher Secondary Examination, Kerala

SSLC 2014

Board of Public Examination, Kerala

CERTIFICATIONS & REGISTRATION

- UAE MOH Registered Nurse License – License No: 327195
- BLS Provider
- Kerala Nurses and Midwives Council (Registration No: 233331)

CERTIFICATIONS & REGISTRATION

- Awarded “Best Performer Nurse” at John Varghese Hospital for patient care excellence (2023).
- Commended by management for swift, accurate emergency response in critical care.
- Presented a case study on patient turnaround at a regional seminar on emergency ward efficiency.



Date: 09/02/2025

التاريخ: 2025/02/09

Evaluation Letter

خطاب تقييم

Reference Number	327195	الرقم المرجعي
Name	SEENA XAVIER SINDHU	الإسم
Nationality	Indian	الجنسية
Specialty 1	Registered Nurse	التخصص 1
Title 1	Registered Nurse	المسمى 1
Privilege		الامتياز
Remarks	ملاحظات:	
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