








QUALIFICATIONS

-  **BSC NURSING**
ALVA'S COLLEGE OF NURSING
| 2015
-  **HIGHER SECONDARY**
BOARD OF VOCATIONAL
HIGHER SECONDARY
EXAMINATIONS, KERALA,
INDIA | 2011
-  **SSLC**
BOARD OF PUBLIC
EXAMINATIONS, KERALA,
INDIA | 2009

REGISTRATION DETAILS

-  **MINISTRY OF HEALTH**
-  **KARNATAKA STATE NURSING COUNCIL**
REG NO: 74107

CERTIFICATIONS

-  **Basic Life Support (CPR & AED)**
-  **Advanced Cardiovascular Life Support (ACLS)**

Phone Number

+971 507343205

Email

seethaln4@gmail.com

Present Address

Industrial Area 17,
Muwailah Commercial, Sharjah

Permanent Address

Namkulath (H), Eravuchira (PO),
Thottacked, Kerala, India, 686539

SEETHAL N. CHERIAN

REGISTERED NURSE



+971 507343205



seethaln4@gmail.com

CAREER SUMMARY

As a dedicated and highly skilled Registered Staff Nurse with 8 years of comprehensive experience in the Emergency Department, Medical & Surgical Ward, and Cardio Thoracic Operation Theater, I aim to leverage my expertise and compassionate patient care to contribute to a progressive healthcare organization. My goal is to provide high-quality, patient-centered care, collaborate effectively with multidisciplinary teams, and continuously seek opportunities for professional development and process improvement to enhance patient outcomes and operational efficiency. I am committed to maintaining the highest standards of nursing practice and playing a pivotal role in fostering a supportive and healing environment for patients.

WORK EXPERIENCE

06th Apr 2022 – 05th Apr 2024

STAFF NURSE

ARRAWDHA GENERAL HOSPITAL DAMAM, SAUDI ARABIA

Department: Emergency Department

Achievements/Tasks

- Quickly and accurately assess patients upon arrival to determine the severity of their condition.
- Prioritize patient care based on the acuity of illness or injury.
- Provide immediate and effective emergency care for a wide range of medical conditions and traumatic injuries.
- Administer medications, treatments, and interventions as prescribed by physicians.
- Perform IV line insertions and manage IV fluids and medications.
- Assist with or perform necessary diagnostic procedures such as ECGs, blood draws, and other tests.
- Assist with emergency procedures such as resuscitation, intubation, and wound care.
- Collaborate with physicians, advanced practice providers, other nurses, technicians, and ancillary staff to ensure coordinated and effective patient care.

01st Feb 2020 – 05th Oct 2021

STAFF NURSE

PINNACLE HOSPITAL, MYSORE ROAD, BANGALORE, INDIA

Department: Medical & Surgical Ward

Achievements/Tasks

- Administering medications as prescribed by physicians, ensuring correct dosage and route, and monitoring patients for any adverse reactions.
- Providing meticulous care for surgical wounds, dressing changes, and monitoring for signs of infection or complications.
- Educating patients and their families about their medical conditions, treatment plans, and self-care strategies post-discharge.
- Monitoring patients' condition closely, recognizing any changes or deterioration, and reporting to physicians promptly.
- Assessing and managing patients' pain effectively through pharmacological and non-pharmacological interventions, in collaboration with the healthcare team.
- Participating in discharge planning by coordinating with other healthcare professionals to ensure smooth transitions and continuity of care post-discharge.

PERSONAL INFO

Nationality : Indian
DOB : 18th Sep, 1993
Gender : Female
Marital Status : Married

PASSPORT DETAILS

Passport No : T4841816
Date of Issue : 19/03/2019
Date of Expiry : 18/03/2029
Place of Issue : Cochin

LANGUAGES KNOWN

English
Malayalam
Hindi

REFERENCE

- DR. Guru raj Tantry,
HOD of Cardiac Anaesthesia,
A.J Hospital and Research centre,
Mangalore.
Mob No : +91 9448227342
- DR. Jay Shankar Marla HOD of
Cardiac surgery. A.J Hospital and
Research centre.
Mangalore.
Mob No : +91 9448145617
- Mrs. Jacintha
Nursing Manager
AJ Hospital and Research Centre.
Mangalore.
Mob No : +91 9845578900

Jul 2016 – Jan 2020
STAFF NURSE
A J HOSPITAL AND RESEARCH CENTRE MANGALORE,
KARNATAKA, INDIA
Department: Cardio Thoracic Operation Theatre
Achievements/Tasks

- Support in aortic valve replacement (AVR) and mitral valve replacement (MVR) procedures.
- Assist surgeons during coronary artery bypass grafting (CABG), both on-pump and beating heart.
- Facilitate various vascular procedures including femoro-popliteal bypass grafting, abdominal aortic aneurysm repair, and embolectomy.
- Exercise sound, ethical, and independent decision-making abilities consistent with established medical protocols.

PROCEDURES ASSISTED

- Coronary Artery Bypass Grafting (On Pump And Beating Heart)
- Aortic Valve Replacement
- Mitral Valve Replacement
- LA Myxoma Excision
- RA Myxoma Excision
- Bentals Procedure
- ASD Closure
- VSD Closure
- Assisted IABP Insertion
- Femoro-Popliteal Bypass Grafting
- Abdomino Aortic Aneurysm Repair
- Cross Over Femoro-Femoral Bypass Grafting
- Av Fistula
- Thoracic Procedures – Pneumonectomy, Lobectomy, Bi-Lobectomy, Thoracotomy
- Mediastinal Tumor Excision
- Sterile Dressing

EQUIPMENTS HANDLED

- Cardiac monitor
- Suction Machine
- ECG Machine
- Infusion pump/syringe pump
- Defibrillator
- Defibrillator
- ABG (Arterial blood gas analysis) Machine
- ACT (Activated clotting time) Machine
- Surgical instruments

KEY SKILLS

Clinical Expertise	Cultural Sensitivity
Patient Monitoring	Critical Thinking
Emergency Response	Communication Skills
Infection Control	Teamwork
Wound cleaning/Care Expertise	Attention to Detail
Medication Administration	Compassion and Empathy
Diagnostic Skills	Adaptability

DECLARATION

I do here by declare that the above-mentioned details are true and correct to the best of my knowledge, Information and belief.

SEETHAL N. CHERIAN