



**SHALET JOSEPH**

Ajman, UAE

Mob: +971 52 225 8737

Email: [shaletjos@gmail.com](mailto:shaletjos@gmail.com)

Currently on visit visa expiring Nov 7<sup>th</sup> 2019

**REGISTERED NURSE (MOH LICENSE NO – RN016781)**

Aim to be associated with the organization that provides me an opportunity to show my skills and improve my knowledge with latest trends and to be the part of the team that works dynamically towards the growth of an organization.

**PROFILE**

- Compassionate, dedicated and conscientious nursing professional with 5 years' experience.
- Providing first rate care to patients of all ages and medical conditions.
- Reputation as a flexible team player and positive attitude.
- Maintain the highest standards of physical and psychological care to the patient by means of Nursing Assessment, planning, care delivery and evaluation.

**PREVIOUS EXPERIENCE**

**Indraprastha Apollo hospital, New Delhi**

**Staff Nurse – (Oct 2013 – Apr 2016)**

Worked as staff nurse in cardiac Cath lab , Indraprastha Apollo hospital New Delhi , India. Indraprastha Apollo hospital is a 750 bedded dedicated multi-specialty hospital accredited by Joint Commission International.

**Website** : [apollohospdelhi.com](http://apollohospdelhi.com)  
**Designation** : Staff Nurse  
**Area of work** : Cath Lab  
**No of beds** : 750

## PREVIOUS EXPERIENCE

### Hafer Al Batin Central Hospital, Saudi Arabia

#### Staff Nurse – (July 2016 – Dec 2018)

Worked as a staff nurse in female medical ward in Hafer Al Batin Central Hospital, Saudi Arabia . It's a 200 bedded multispecialty hospital in Saudi Arabia [HOP].

- **Website** : www.hafrmoh.com
- **Designation** : Staff Nurse
- **Area of work** : Female Medical Ward
- **No of beds** : 200
- **Staff Patient Ratio** : 1:6

## PATIENT CARE RESPONSIBILITIES

- Patient assessment and nurses' notes
- Maintenance of IV fluid and Ionotrops (Eg.Dopamine & NTG etc)
- Administration of medications.
- Hot and cold application (Eg.Ice bag,hot water bag, cold compress, sterile hot compress and cold sponge).
- Tracheostomy care of the patient.
- Care of pressure sore. (Eg. Frequent back care and positioning.)
- Familiar with all protocols, administration of blood, blood products and care of immuno compromised patients.
- Prevention of aspiration.
- Glasgow coma scale monitoring and Neuro observation.
- Care of patient with Ryle's tube and PEG tube feeding.
- Maintenance of emergency drugs.

## MEDICAL EQUIPMENTS HANDLED

<ul style="list-style-type: none"><li>• Defibrillator</li><li>• Pulse oxymeter</li><li>• Oxygen cylinder</li><li>• ICU monitor</li><li>• CVP manometer</li><li>• Nebulizer</li><li>• Nelsons inhaler</li><li>• Ultrasound</li><li>• Bain circuit</li></ul>	<ul style="list-style-type: none"><li>• Suction apparatus</li><li>• ACT machine</li><li>• ECG machine</li><li>• TPI machine</li><li>• BP apparatus (manual and digital)</li><li>• Stethoscope</li><li>• Thermometer</li><li>• Laryngoscope</li></ul>	<ul style="list-style-type: none"><li>• Echo machine</li><li>• NIBP</li><li>• Arterial BP</li><li>• IABP</li><li>• Syringe pump</li><li>• Glucometer</li><li>• Humidifier</li><li>• Alpha bed</li><li>• AMBU</li></ul>
--	--	--

## TRAY SET

<ul style="list-style-type: none"><li>• ICD</li><li>• CVP</li><li>• Intubation tray</li></ul>	<ul style="list-style-type: none"><li>• Central line</li><li>• Foleys catheterization</li><li>• NG tube</li></ul>	<ul style="list-style-type: none"><li>• Mouth care</li><li>• Dressing</li><li>• Suture removal</li><li>• Tracheostomy</li></ul>
---	---	---

## PROCEDURES ASSISTED

<ul style="list-style-type: none"><li>• CPR including intubation and extubation</li><li>• Central line</li><li>• Tracheostomy</li></ul>	<ul style="list-style-type: none"><li>• TPI</li><li>• Pericardiocentesis</li><li>• Carotid Doppler</li></ul>	<ul style="list-style-type: none"><li>• ICD</li><li>• 2D echo</li><li>• Pleural Tapping</li></ul>
---	--	---

## EDUCATION AND ACADEMICS

- Basic BSc Nursing from Karavalai College of Nursing Science, Mangalore 2008-2012
- Vocational Higher Secondary School Tagore Vidyanikathen, Thaliparamba, 2008
- Senior Secondary School from St. Joseph HSS Vayattuparamba, 2006

## ADDITIONAL QUALIFICATIONS

Basic knowledge of computer application  
Basic life support –Saudi Arabia  
Saudi Prometric [Nursing Technician] exam passed

## PERSONAL DETAILS

Date of Birth : 21st July, 1990  
Languages : English, Arabic ,Hindi, Malayalam, and Kannada  
Passport No : N8493402 Valid Up to March 2026  
Nationality : Indian  
Marital Status : Married