



SHIFA THESNI K

REGISTERED NURSE

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PERSONAL INFORMATION

Nationality : Indian
Gender : Female
Marital status : Married
DOB : 20/06/1998
Passport No : U2226884
Visa Status : Resident Visa

LINGUSTIC PROFICIENCY

English : Read-Write-Speak
Hindi : Read-Write-Speak
Malayalam : Read-Write-Speak
Tamil : Speak

KEY SKILLS

- Communication (Verbal & written)
- Multitasking Abilities
- Empathy
- Accuracy
- Attention to detail
- Leadership
- Critical thinking
- Physical endurance (since you will work long hours and have to use sometimes heavy equipment or patients)

OBJECTIVE

To obtain the position of a staff nurse in a well-established hospital that allows me to utilize my skills, talents, experience, caring, professionalism, and creativity. This will provide me with an opportunity to deliver satisfactory patient care and contribute to the growth of the organization and my own professional development.

PROFESSIONAL MEMBERSHIP

Ministry of Health (MOH) license No: T66939

Kerala nurses and midwives council Registration no: KL03202001688

WORK EXPERIENCE

Shifa Al Rabee Medical Centre

16/09/2022 – Still working

Registered Nurse

Muwaileh, Sharjah – UAE

Experience in Medical, Pediatric, Gynecology and Orthopedic departments.

PROFESSIONAL JOB RESPONSIBILITIES

- Maintaining accurate record and reports.
- Assessment for the nursing needs and making plans to meet the nursing needs of the patients.
- Monitoring records and reporting of vial parameters, blood gas analysis and intake and output chart.
- Administration of Medication and calculation of its dosage.
- Monitoring all aseptic technique and isolation.
- Giving accurate information to the patient's relatives about the condition of the patients.
- Handover of the article after every procedure, cleaning them properly and storing them at proper place.
- Meeting the psychological, social spiritual and rehabilitative needs of the patients.

FOLLOWING PROCEDURES DONE & ASSISTED

- Pleural tapping & Abdominal tapping
- Application of skeletal traction and skin traction
- Minor biopsy (bone and muscle biopsy)
- Split thickness and skin grafting
- Surgical & bed sore dressing
- Bladder irrigation
- Blood culture
- Continues drip feeds
- Inserting nasogastric tube
- Bowel wash, enema
- Blood administration
- Administration of infusion like dopamine, nitroglycerine, morphine, Lasix, adrenaline atropine, noradrenaline, dobutamine, pavlon, lorazepan, amiodarone, etc.

- Catheter care include subclavian & Foleys
- Taking laboratory specimens include arterial blood gas
- Administration & monitoring chemotherapy intravenously & orally
- Giving injection (IV, SC and IM) and medication
- Giving Chest physiotherapy & suctioning
- Family advice, counseling and support patients and relatives
- Care of patients on hemodialysis, ventilator and chest drainage
- Assessing the physical and psychological needs Planning the patient care
- Monitoring vital sign Q2H
- Nutritional needs of patient (Oral, Total parental nutrition, Intravenous infusion)
- Checking Glasgow coma scale

INSTRUMENTS HANDLED

- Pulse Oximeter
- Cardiac color monitors
- ECG Machines
- Defibrillators
- Infusion Pumps
- Ventilator
- Syringe Pumps
- Glucometer
- Nebulizer and Steam Inhaler
- Sphygmomanometer
- AMBU bag
- Laryngoscope
- Closed suction kit
- Venturi face mask
- Reservoir bag mask/ external cardiac monitor

EDUCATION HISTORY

B.Sc Nursing

Karuna Medical College, Palakkad

2019

Marthoma Higher Secondary School

Under Kerala Higher Secondary Board

2015

Marthoma Higher Secondary School

SSLC

2013

Basic Life Support (BLS)

Advanced Cardiovascular Life Support (ACLS)

DECLARATION

I hereby declare that the above written particulars are true and correct to the best of my knowledge and belief.

Shifa Thesni K