

SHIFANA P

MOH Registered Nurse

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OBJECTIVE

Advanced resourceful and energetic nurse practitioner with 2years, of experience in Most advanced multispecialty hospitals in INDIA Having a professional attitude and an ability to providing excellent patient care, communication, leadership and organizational skills. Keen sense of responsibility, solid professional standards and maintains strong reputation for achieving high levels of patient satisfaction.

WORK EXPERIENCE

- ↗ Government Medical College Kozhikode-3000 bed (Kerala, India) 14.08.2021 to 13.08.2022
Medical ICU
- ↗ Government Taluk Hospital Malappuram-200 bed(Kerala, India) 28.05.2021 to 12..08.2021
Medical Ward
- ↗ Government Medical College Ernakulam-Cochin (Kerala, India) 06.01.2020 to 28.01.2021
Medical Ward and Labor Room

ACADEMIC & PROFESSIONAL QUALIFICATION

Course	Institution	Year
Bsc Nursing	Govt College Of nursing Ernakulam,kerala	2015-2019, kerala university of health science
+2 Science	Govt V.H.S.S Wandoor,kerala	2013-2015

DUTIES AND RESPONSIBILITIES

- Total care of patients - assessment, diagnosis, implementation and evaluation of care.
- Admission and discharge of the clients
- Recording and reporting vital signs
- Documentation and Maintaining records and reports.
- Administration of prescribed and protocol medications
- Handling of various equipment
- Assisting and performing various procedures
- Basic patient care
- Liaising with multidisciplinary team
- Caring/Serving all kind of acute and chronic medical patients who are very critical including oncology patients.
- Admission and discharge procedure
- Maintain good Nurse Patient relationship.

- *Checking Vital Signs*
- *Assisting for CVP, Endotracheal Intubation, lumbar puncture,*
- *Thoracentesis, Chest drainage, tracheostomy, dressing, blood transfusion etc.*
- *Administration of medications*
- *Oxygen administration*
- *IV infusions, maintenance of emergency drugs*
- *Follow up doctor's prescription and instructions soon after rounds*
- *Frequent observation of patients for any adverse reaction.*
- *Nebulization and steam inhalation*
- *Total care of bedridden patient eg. Medication, personal hygiene, back care, position changing, collection of lab report and diagnostic tests, conducting / attending in service education like health check up diabetes mellitus etc.*
- *Care of patient with Tracheostomy.*
- *Total care of sterilization of equipment's .*
- *Using proper hand washing and barrier nursing*
- *Ryle's tube insertion, feeding and suctioning.*
- *Urinary catheterization and maintain I/O chart*
- *Analysis of arterial blood gas*
- *Cardio pulmonary resuscitation*
- *Pre and post - operative care*

JOB RESPONSIBILITIES

- *Provide emergency care to the patients in critical conditions*
- *Promote high quality nursing care to service users*
- *Patient and family education*
- *Care of death and dying patients*
- *Care planning and implementation*
- *Nursing documentation and reporting*
- *Perform all emergency room skills*

EQUIPMENTS USED	PROCEDURES ASSISTED	PROCEDURES DONE
<i>Infusion Pump Mechanical ventilator ECG machine Cardiac monitor Pulse oximetry Suction apparatus Haemoglobinometer Defibrillator Hand Doppler device BIPAP machine Ophthalmoscope Syringe Pump</i>	<i>Aspiration of pericardial & pleural effusion Intercostal drainage tube insertion & removal Bone marrow aspiration Lumbar puncture Tracheostomy Central line insertion. VAC dressing Major & minor dressing Cast & back slab Application</i>	<i>TPN (Total Parenteral Nutrition) Oxygen administration/ Bed making Taking vital signs Tube feeding Sponge Bath Mouth Care. Enema. Hot and cold application. Eye and ear irrigation. Administration of medications and injections. Assist in blood transfusion. Assisting in ECG. Cardio pulmonary</i>

		<i>resuscitation Oxygen administration. Bandaging Steam inhalation. Nebulization. Suctioning. Tracheostomy care Colostomy care</i>
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PERSONAL DETAILS

*FATHER NAME : Abdul Hakkeem
DATE OF BIRTH : 18/11/1997
NATIONALITY : INDIAN
RELIGION : Muslim
GENDER : Female
MARITAL STATUS : Married
LANGUAGE KNOWN : English ,Hindi, Arabic,Malayalam
Passport No : V8236519*

COMPUTERS AND SKILL/ KNOWLEDGE

BASIC COMPUTER KNOWLEDGE : MICROSOFT WORD AND EXCEL INTERNET BROWSING

REFERENCES

*Mrs.NASEEM.KA
Government college of Nursing Ernakulam*

*Mrs.Hema.A.V
Government college of Nursing Ernakulam*

DECLARATION

I hereby declare that all the information furnished above is true and correct to the best of my knowledge and belief.

Ajman

Shifana.P