



SHIMNA NELLIKKA

**BSC NURSING
(POST BASIC)
DHA-RN**

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Email

Shimna.shimnu@gmail.com

**Nationality : Indian
Date of birth : 14/02/1986
Gender : Female
Marital status : Married
Religion : Hindu**

Languages Known

**English, Malayalam,
Hindi,Kannada.**

Passport Details

**Passport No : R8088347
Place of Issue : Kozhikode
Date of Issue : 03/07/2017
Date of Expiry : 02/07/2027**

Visa Status

Employment Visa

CURRICULUM VITAE

OBJECTIVE:

To acquire by getting in touch with the latest technologies of further execute my capabilities and put into daily use to the maximum level in my related job & experience, and to contribute for the growth of the Healthcare and exploring new ways of administering health services and other related fields.

SKILLS:

Experience as a registered nurse at **Dialysis Unit.**

WORK EXPERIENCE SUMMARY:

- PARIYARAM MEDICAL COLLEGE HOSPITAL
KANNUR,KERALA

- Hospital from 19/03/2007 to 22/07/2009
- Designation : Registered Nurse
- Working Section : Dialysis Unit
- SNEHATHEERAM DIALYSIS CENTRE,

DHARMADAM(Under Medical and Technical Supervision of MIMS Calicut)

- Hospital from 15/06/2012 to 31/12/2015
- Designation : Registered Nurse
- Working Section : Dialysis Unit

AL ZHARA HOSPITAL DUBAI

- Hospital from 12/06/2016 to Till date
- Designation : Registered Nurse
- Working Section : Dialysis Unit

Duties and Responsibilities:

- ❖ Care of Patient with checking vitalsigns
- ❖ Maintain patient records
- ❖ Nutrition and hygiene
- ❖ Plan and implement highest standard of patient care
- ❖ Management of acute emergencies during dialysis including assist in intubations.
- ❖ Close monitoring of the patients for any medical complications as air embolism, hypoglycemia, hypotension, Muscle cramps during dialysis
- ❖ Physical assessment and health status.
- ❖ Starting and closing of HD.
- ❖ Observation, assessment, auscultation & successful cannulation of the fistula.
- ❖ Determination of adequacy of HD.
- ❖ Heparinization.
- ❖ Sodium model.
- ❖ Management of intra dialysis alarms.
- ❖ Pharmacological aspects of HD.
- ❖ Infection control.
- ❖ Assessing Venous catheter pre/during/and post treatment.
- ❖ Paediatric HD
- ❖ Well versed of fully able with the hemodialysis procedures.
- ❖ Preventive maintenance and assurance of HD machine.
- ❖ Trouble shooting and proper management of Intra Dialysis Alarm & Technical Alarms.
- ❖ Expert handling of HD Machines.
 - ❖ NIPRO
 - ❖ FRESenius
 - ❖ NIKKISO

- ❖ Care of patients with shock, COPD, Various infections, CAD, Cardiac arrest, diabetes, mellitus, Renal Failure, Cerebro Vascular Accidents etc.
- ❖ Monitoring patients with ECG Monitors
- ❖ Preparation of administration of IV and other drugs
- ❖ Maintaining intake output chart Collection of specimens
- ❖ Assisting Diagnostics procedures like thoracentesis, paracentesis, LP
- ❖ Oxygen administration
- ❖ Blood transfusion
- ❖ Endotracheal Suctioning
- ❖ Care of patients with intercostal drainage and other drains
- ❖ Care of patients with the urinary catheters
- ❖ Providing Psychological support to the patient and the family
- ❖ Maintenance of the different equipments for patients care.
- ❖ Maintain a good rapport with the team members and patients
- ❖ Following Doctors Rounds and carrying out the orders prescribed.
- ❖ Assisting for diagnostic and therapeutic Procedure.
- ❖ Planning and implanting of patients care include hygiene, nutrition, comfort measures, eliminations need administration of medicine. Ventilator Care, IABP Care, Dialysis and Tracheotomy Care.
- ❖ Maintaining records and reports.
- ❖ Maintaining indents and inventory.
- ❖ Coordinating with other medical and paramedical staffs.
- ❖ Participating in wards teaching and in-service program.
- ❖ Providing Health education.
- ❖ Orientation for patient and relatives about the hospital and its functioning.
- ❖ Preparation and maintaining of emergency drugs
- ❖ Aseptic Management and Control of Nosocomial Infections.

EQUIPMENTS HANDLED

- Cardiac Monitor.
- Dialysis Machines
- Crash cart including all the emergency drugs.

- Syringe pump
- Infusion pump
- Ventilator
- Defibrillator
- Pulse oxymeter
- Glucometer
- Nebulizer
- NIBP monitor
- Ambu bag with mask
- Suction apparatus , BP apparatus,

I HAVE ASSISTED AND PERFORMED VARIOUS PROCEDURES

- Recording and maintaining of vital and positive parameters of the Haemodialysis patients during and post dialysis
- To attend all the emergencies during Haemodialysis other procedures
- Personal care of the patient
- Minor dressing
- Suture removal
- Introducing IV cannula
- Folley's catheterization
- Administering medications
- Cardio Pulmonary Resuscitation
- Nebulization
- Blood Transfusion
- Nasogastric Tube insertion.
- Oxygen therapy
- Transfusions and infusion therapy
- Venipuncture
- Urinary Catheterization and Bladder irrigation
- Gastric Lavage
- ABG sampling
- ECG
- Tracheostomy Care
- Dialysis Care

EDUCATIONAL QUALIFICATIONS

| Level | Name of Institution | Month & year of Completion | Percentage of Marks |
|--------------------------------|---|----------------------------|---------------------|
| Secondary Education (S.S.L.C) | Mambaram Higher Secondary School | March 2001 | 77% |
| Plus Two | Mambaram Higher Secondary School | March 2003 | 65% |
| General Nursing & Midwifery. | Academy of Medical Sciences, Pariyaram Medical College, Kannur | January 2007 | 77% |
| B.Sc. Nursing. (post basic) | Sahyadri College Of Nursing Mangalore | August 2011 | 72% |

ADDITIONAL QUALIFICATIONS

- Advanced Cardiac Life Support (**ACLS**) Provider course. Approved by American Heart Association
- Basic Life support (**BLS**) Provider course. Approved by American Heart Association.
- Health Authority - Dubai licensure Examination for Registered Nurses- (**DHA- RN**) has been passed on 8/02/2016.

PERSONAL ATTRIBUTES

- Self-motivated, hardworking, and experienced.
- Ability to communicate with all levels of management.
- Confident in dealing with different levels of people.
- Computer literate. Windows 7 & MS office 2003.

REFERENCE

1. Mrs. Amrutha Bai Pillai, Nursing Superintendent, kerala state Co-operative hospital complex and Centre for Advanced medical services Ltd No.4386. Pariyaram, Kannur. PH: +91 4972 808111
E-mail:kchc @ mcpariyaram.com
- 2.Mrs Irene Veigus,principal,Sahyadri College Of nursing,Mangalore

DECLARATION

I here by declare that all the statements given here are true and correct to the best of my knowledge and belief.

Yours Faithfully,

Place: Dubai

Date: 01-09-2017

Shimna N