


Permanent Address ▼

Sonia.P.Skariah,
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Objectives ▼

To Join in a reputed and established firm where I can put my learning into actual output, and to contribute to the development of the firm along with improving myself.

Educational Qualifications ▼

Course	Year	Institution
Diploma in General Nursing and Midwifery	2004-2007	Kamineni School of Nursing, Hyderabad, Andhra Pradesh, India.
Plus Two	2001-2003	Govt.V.H.S.S, Mulakuzha, Kerala, India.
SSLC	2000-2001	St. Annes Girls High School, Chengannur, Kerala, India.

Professional License ▼

- **DHA Exam Passed with Eligibility Letter**
- **BLS Passed with Certificate**
- **ACLS PASSED with Certificate**

Professional Experiences ▼

Experienced in MEDICAL WARD and ICU's

- **Staff Nurse: Kamineni Hospital, Hyderabad, Andra Pradesh.**
(General Ward- October 2007 to December 2009)
- **Staff Nurse: Century Hospital, Mulakuzha, Chengannur.**
(ICU- December 2009 to July 2010)
- **Staff Nurse: ST. Thomas Hospital, Malakkara, Pattanamthitta.**
(2nd November 2015 to 25th February 2016)
- **Staff Nurse: Christuraj Hospital, Kottarakkara, Kollam**
(ICU-10th March 2016 to 31st March 2017)
- **Staff Nurse: Southern Institute Of Medical Sciences, Trivandrum**
(Medical Ward-4th April 2018 to 15th March 2021)

Responsibilities ▼

- Receiving and Managing Patients.
- Checking Vital Signs.
- Connecting the patients to the Monitor.
- Recording ECG.
- Taking ABG and Evolution of report.
- Providing basic needs of the client including comfort nutrition, Hygienic needs and elimination.
- Suctioning Oral, Endo Tracheal and Tracheotomy tube.
- Providing Chest Physiotherapy and Steam inhalation.
- Helping the client in active and passive exercises.
- Assisting in critical situation.
- Care of the patient with urinary catheters.
- Ambulating the client with the help of crèches, walkers and Wheel chair ambulation.

Nature of Work ▼

Medical Ward Nurse

- Walk the ward and assess patient's medical needs.
- Provide prescribed injections and medications.
- Administer intravenous medications as required.
- Monitor vital signs and adjust treatment.
- Perform patient evaluations at equal interval.
- Notify doctors about changes in patient's status.
- Collect sputum, urine, and stool specimen for medical analysis.
- Analyze lab test results and change treatment accordingly.

ICU Staff Nurse

- Intensive Medical and Surgical Care Unit.
- Experience in treating patients recovering Head injury, Poisoning, COPD, Tracheotomy, Renal failure, Epilepsy, Tuberculosis, Cerebro vascular accident, Hemiplegia, Respiratory failure, TAH, Appendectomy, Bipolar Arthroplasty, Thyroidectomy, Tonsillectomy, Craniotomy.
- Special experience in collecting blood for Arterial Blood Gas Analysis, Ryle's Tube placement, Female Urinary Catheterization, Tracheotomy care, I.V. Cannulation, Oral and Endo Tracheal suctioning, Assisted in central venous line placement, Endo Tracheal intubation.

Personal Attributes ▼

- Good communication skills.
- Rendering comprehensive nursing care at overall sight of clinical area.
- Exhibiting ethical behavior at all professional activities.
- Practice relationship centered care with individuals and families.
- Demonstrate critical thinking reflection and problem solving skills.
- Working in inter disciplinary teams.
- Practice leadership quality, continue to learn and help others.

Gadget the unit is provided with ▼

- Pulse Oxymeter.
- Oxygen flow meter and Suction apparatus.
- ECG Monitor.
- NIBP Monitor.
- Sphygmomanometer.
- Crash Trolley with CPR equipment.
- ECG Machine.
- Defibrillators.
- Glucometer.
- Weight Machine.
- Nebulizer.
- Needle Burner.
- Steam inhaler.
- Oxygen Cylinder.

Special Procedures Assisted for ▼

- Blood Transfusion.
- Percutaneous Tracheostomy.
- ET Intubation and Extubation.
- Central line placement.
- Foleys catheterization.
- Arterial line placement.
- Inter Coastal Drainage.

Special Procedures Performed ▼

- I.V. Canulation.
- ABG Collection.
- NG Tube placement.
- CVP monitoring.
- Blood sample collecting.
- Care of patients on ventilator.
- Care of Blood Transfusion.
- Care of Post Operative patients.
- Care of snakebite patients.

Professional Competency ▼

- Sound clinical knowledge, skills & experience in acute / general nursing practice and willingness to learn.
- Excellent communication and interpersonal skills.
- Comprehensive problem solving ability.
- Save the Life's.

Software Knowledge ▼

- MS Office

Personal Data's ▼

Name : Sonia.P.Skariah
Father's Name : P.C.Skariah
E-mail : ajirajuster@gmail.com
Age and Date of Birth : 36 years. 14/11/1985
Gender : Female
Marital Status : Married
Nationality : Indian
Languages Known : English,Hindi,Telugu and Malayalam
Passport No. : U9886546
Visa Status : Residence Visa
Visa Expiry : April-2025
Professional License : DHA Exam Passed (Eligibility letter On Process)

DECLARATION

I hereby consider the above contents are true to my knowledge and I will be great full to you if get a chance to serve in your organization.

Thanking you in anticipation.

Sincerely,

Date :
Place :

SONIA.P.SKARIAH