

SOSAMMA VARUGHESE



Madinat Zayed
Abudhabi,UAE

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SUMMARY

Ambitious licensed HAAD nurse with 30 years of experience in patient care and hospital administrative functions. Strong skills combined with ability to evaluate and advocate for patient needs. Proven history of cultivating strong patient support to provide exceptional patient care and patient education.

WORK EXPERIENCE

1. SEHA-Western Region, UAE

Mar 2006 — Till Date

Staff Nurse

- Provide direct quality care to patients including daily monitoring, recording, and evaluating of medical conditions.
- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and hospital or regulatory standards.
- Restores and promotes patient's health by completing the nursing process.
- Collaborates with physicians and multidisciplinary team members.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Protects patients and employees by adhering to infection-control policies and protocols; medication administration and storage procedures; and controlled substance regulations.
- Documents patient care services by charting in patient and department records.
- Maintains continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.
- Ensures operation of equipment by completing preventive maintenance requirements; calling for repairs; and evaluating new equipment and techniques.
- Maintains nursing supplies inventory by checking stock to determine inventory level.
- Maintains a cooperative relationship among health care teams by communicating information and participating in team problem-solving methods.
- Developed and direct a rotational system in managing the care of patients in the department.
- Interact and communicate with patients of all ages and ethnic backgrounds, giving quality medical care and treatment
- providing pre- and post-operation care.
- Ensure to deliver quality, timely and continuous care to patients.

2. Zulekha Hospital, Sharjah, UAE

Apr 1997 — Feb 2006

Shift In Charge

3. Directorate of Health Services, Kerala, India

Feb 1989 — Apr 1996

Staff Nurse

**4. Medical Research Center of
Bombay, India**

Staff Nurse

Jan 1988 — Dec 1988

**5. ST Thomas Mission Hospital,
Kerala, India**

Staff Nurse

Dec 1985 — Nov 1987

CERTIFICATIONS

- Life Long HAAD and MOH License No:-R2099
- Indian Nursing License No:-5809

EDUCATION

**Diploma in General Nursing &
Midwifery**

ST Thomas Mission Hospital, Kattanam, Kerala, India

Jan 1982 — Jun 1985

Pr.Degree

Kerala University, Kerala, India

Mar 1978 — May 1980

**Secondary School Leaving
Certificate**

ST Thomas School, Kerala, India

Jun 1967 — Mar 1977

**PERSONAL
DETAILS**

Date of Birth: 28-06-1962

Passport No: M2958819

Nationality: Indian

Languages Known: Arabic, English, Hindi, Malayalam

Permanent Address: Nellimootil Veedu, Kulathupuzha.P.O, Kollam, Kerala.

REFERENCES

Mrs. Mini Thomas

Charge Nurse

OBGynec Ward

Madinat Zayed Hospital, Abudhabi, UAE

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DECLARATION

I hereby declare that all the above information provided is true to the best of my knowledge and belief .

Sosamma Varghese