



# TEENA ALEX

*DHA Registered Nurse (RN)*

## EXPERIENCE

### REGISTERED NURSE AT THE, IP- PEDIATRIC WARD

Aster Hospital, Al Qusais, Dubai | April 2021- Present

#### My Job responsibilities include:

- Managing critically ill patients with all type of medical and surgical emergencies
- Keeping, maintaining and updating records of the patient's care
- Assessing the physical, phycological needs and planning patient care
- Collection and reporting of specimen for investigation (blood, urine, sputum, Wound swab)
- Care of patients with the tracheostomy tube and endotracheal tube.
- Care of patients with the arterial, CVP Catheter.
- Assisting procedure like, tracheostomy, bronchoscopy, endoscopy, Arterial cannulation, Lumbar Puncture, HD Sheath insertion, EVD insertion, Intubation, pleural tapping, ICD insertion, central line insertion, Twist drill and tapping.
- Quality nurse, Team leader, Certified preceptor IP Pediatric Ward.

### IP PEADIARIC WARD - STAFF NURSE

Holy Cross Multi Specialty Hospital - Kerala

|January 2018 – January 2021


#### My Job responsibilities include:

- Provide immediate care in extreme life-threatening emergencies and rapid grasp of a problem
- Identify and manage a patient crisis until physician assistance is available

## CAREER OBJECTIVE

To work in a challenging environment, to produce better output every time through constant learning and implementing innovative ideas into work.

## CONTACT

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 Al Qusais,  
Dubai- UAE

## REGISTERED NURSE

DHA LICENSE NO: 50597024-001

## PASSPORT DETAILS

PASSPORT NO.: S 8631377

DATE OF EXPIRY: 2 / 10 / 2029

PLACE OF ISSUE : TRIVANDRUM

## PERSONAL DETAILS

DATE OF BIRTH: 22/10/1995

GENDER: FEMALE

MARITAL STATUS: MARRIED

NATIONALITY: INDIAN

LANGUAGES KNOWN: ENGLISH,  
MALAYALAM & HINDI

- Render comprehensive care by promoting a healing climate and providing comfort measures.

## TRAINED TO PERFORM THE FOLLOWING PROCESS AND FUNCTION

- Experience in Monitoring Vital signs and Intervention of Nursing practice whenever necessary
- Intravenous Cannulation
- Administration of Medication through various routes
- pre-and post-operative Care
- Performing Dressing and suture removal
- Ventilator care & Tracheostomy care
- Cardio pulmonary resuscitation
- Urinary Catheterization
- RT feeding, Central Line Care Giving
- Enema, bed making
- Care of Unconscious patients
- Care of patients with ICD, Aseptic Techniques

## PROFESSIONAL QUALIFICATION

### BSC Nursing:

Mercy College of Nursing, valakom, Kottarakkara, Kerala, India, October 2017.

## CERTIFICATIONS

- Basic life support (BLS) 12-11-2020
- Advanced Cardiac Life Support (ACLS) 12-11-2020
- Pediatric Emergency Assessment, Recognition and Stabilization)- 24-09-2021

## DECLARATION

I hereby declare that all the information given above is correct to the best of my knowledge and belief.

25/01/2023

TEENA ALEX