TEENU THANKACHAN

REGISTERED NURSE

License	: DHA
License No	: 65917133
Mobile	: 0521132875
Date of Birth	: 02/02/1997
Sex	: Female
Nationality	: Indian
Marital Status	: Married
Passport No	: U276358
Vis	: Family Visa

LANGUAGE SKILLS

English- writing, Reading and speaking skills

Hindi   - writing, Reading and speaking skills

Malayalam- writing, Reading and speaking skills

EDUCATIONAL BACKGROUND

➢ BSc Nursing Little Flower College of Nursing 2015-2019
➢ Board of Higher Secondary Education, Kerala 2013-2015

CARRER OBJECTIVES

Proficient and self-driven registered nurse eager to leverage Clinical experience and skills in managing patient treatment plans towards new healthcare opportunities.

PROFESSIONAL EXPERIENCE

Registered Nurse-Medical Critical Care (ICU)
Little Flower Hospital and Research   Centre – (NABH Accredited)Angamaly, Kerala, India

December 2022 — April 2025

Critical Care Unit Preparation - Efficiently prepare units for critically ill patients, ensuring readiness for emergent situations and optimal patient care.

- **Patient Care –** Manage critically ill patients with complex medical conditions, such as sepsis, respiratory failure, and multi-organ disfunction.
- **Assessment and Diagnosis –** Conduct thorough assessments, interpret lab results, and diagnosis patients' conditions.
- **Treatment and Intervention –** based treatments, administer medications, and perform procedures (e.g., central line placement, intubation)
- **Multidisciplinary collaboration –** Work with a team of healthcare professionals, including physicians, nurses, respiratory therapists and pharmacists.
- **Specialized Ventilator Patient Care**: Provide dedicated nursing care to ventilator-dependent patients, ensuring their comfort and specialized needs are met.
- **Family support and communication:** Provide emotional support and communicate effectively with patients' families.

Trainee Staff Nurse -Medical ICU , Little Flower Hospital and Research Centre -Angamaly NABH Accredited

March 2021 — March 2022

- **Collaborative Medical Team support -** Actively participate in doctor's rounds, proficiently executing treatment plans and orders to deliver holistic patient care.
- **Commitment to Continuous Development -** Actively engage in service programs and training sessions to expand knowledge and refine nursing skills for enhanced patient care delivery.

Procedures Done	Procedures Assisted
• I.V cannulation • Foley's catheterization • Injection administration • Dressing • A.B.G sampling • Venous sample collection • Skin Traction Application • Figure strapping • Suture removal • E.T suctioning • Ryle's tube insertion • Plaster cutting (pop & synthetic) • Vital signs	• E.T intubation • Pop application • Biopsy • Tracheostomy • Central line insertion • Bronchoscopy • Pleural tapping • Femoral Catheterization • Arterial line • Ascetic tapping • I C D insertion

EQUIPMENTS HANDLED

- Cardiac monitor, defibrillator, bipap machine, ventilator.
- ECG Machine, IABP, ABG Analyzer, Infusion and Syringe pump.
- Central Suction and O2.
- DVT pump, Pulse oximeter, Ambubag, Laryngoscope.

CERTFICATIONS AND LICENSES

- DHA License
- Registered Nurse and Midwife - Kerala Nurses and Midwife Council
- Basic Life Support (BLS)
- Advanced cardiac life support (ACLS)certification

SKILLS

- Critical thinking and Problem solving (Quick Decision)
- Medication Administration Expertise
- High-Quality Nursing Care
- Teamwork
- Adaptability and Flexibility
- Computer Literacy
- Time Management
- Emotional Intelligence and Empathy

DECLARTATION

I, **Teenu Thankachan** hereby declare that all the information given above are true and correct with the best of my knowledge and I bear the full responsibility of the above-mentioned particulars.

Date: 14-05-2025   Yours Faithfully

Place: Dubai   Teenu Thankachan