



OBJECTIVE:

Dedicated and compassionate registered nurse with 14 years of experience in hospital and school nursing. MOH licensed, seeking a challenging nursing position to provide high-quality care, support, and education to patients and students.

CONTACT:

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PERSONAL DETAILS:

Nationality: Indian

Date of Birth: May/20/1981

Passport No: H 5198193

Marital Status: Married

Visa Status: Husband Visa.

Languages Known: English, Arabic, Hindi & Malayalam.

NURSING SKILLS:

- Implementing and participating in vaccination and immunization programmes for Both adults and children.
- Patient assessment and care planning.
- Taking patient sample, pulses, temperatures and blood pressures.
- Responding calmly to emergency situations.
- Reviewing and evaluating the effectiveness of nursing interventions.
- Organising junior staff and prioritising busy workloads.
- Preparing beds, rooms, sterilising instruments, equipment and supplies, and ensuring
- That an essential stock of supplies is maintained.

Tisha Anil

Registered Nurse with MOH LICENSE UAE.

EDUCATION

- ❖ Diploma in General Nursing and Midwifery - Sri. Raghavendra School of Nursing, Bangalore, India (Rajiv Gandhi University Board of Examination, Govt. of Karnataka-Sep-1997 to Sep-2000).
- ❖ High Secondary Education - Mahatma Gandhi University, Kottayam, Kerala India – 1996.

LICENSURE/CERTIFICATION:

- ❖ Ministry of Health-License (MOH-Reg. No. RN001534 / until-2026).
- ❖ Nursing and Midwifery Council (Kerala) Registered (Reg. No. 92718).
- ❖ Nursing and Midwifery Council (Karnataka) Registered (Reg. No. 34133).
- ❖ Basic Life Support (BLS) Certification.

PROFESSIONAL EXPERIENCES:



GEMS OUR OWN ENGLISH HIGH SCHOOL- Sharjah, UAE.

School Nurse, December 2021 to December 2022.

- ❖ Delivered primary healthcare services to students and staff, ensuring their well-being within the school environment.
- ❖ Administered first aid and provided care for students with minor injuries and illnesses.
- ❖ Develop and enforce school health management protocols and procedures, particularly for emergency situations.
- ❖ Adhered strictly to all school district health and safety policies by making appropriate referrals and calling parents when necessary.



HABITAT INTERNATIONAL PRIVATE SCHOOL- AL JURF, AJMAN, UAE.

School Nurse, January 2019 to January 2020.

- ❖ Recognize alarming or abnormal behavior and discreetly reach out to school management and parents for intervention or remediation.
- ❖ Implemented health education programs to educate students about wellness and preventive care.
- ❖ Maintained accurate health records, including immunization records and medical histories.
- ❖ Responded to medical emergencies and provided support as needed during school events.



MGM MEDICAL CENTRE LLC-KING FAISAL STREET, SHARJAH, UAE.

Registered Nurse, February 2020 to July 2021.

- ❖ Assisted with obtaining personal information of patients and prepared paper work in timely and efficient matter.
- ❖ Provide quick assessments and helped to determine Tamiment needed for patients requiring critical care.



DR. ANEES ALI MEDICAL CENTER (FORMERLY DR. CHITHRA SHAMSUDDIN'S MEDICAL CENTRE) -ROLLA, SHARJAH, UAE.

Registered Nurse, March 2014 to November 2018.

- ❖ Worked as Staff nurse in GP, Dental & ENT Department.



AL IMAN GENERAL HOSPITAL – KINGDOM OF SAUDI ARABIA (KSA).

Registered Nurse, April 2004 to December 2007.

- ❖ Worked as Staff nurse in Female Surgical ward.

ADDITIONAL SKILLS:

- Student care and relations.
- Emergency response and crisis management.
- Patience and empathy.
- Effective communication.
- Clinical competency.
- Communication and interpersonal skills.

FAMILIAR MACHINES & EQUIPMENT'S:

- Electro Cardio Graph, Pulse Oximeter.
- Nebulizer, Suction apparatus, portable and central suction machine.
- Portable and central Oxygen Supply.
- Steam Inhaler
- Blood and Fluid Warmer
- Syringe Pump
- Infusion Pump
- Defibrillator

IT EXPOSURE

Proficient in Microsoft Word, Excel, Power point etc...

Multi-Specialty Hospital Ltd – ATTINGAL, KERALA, INDIA.

Registered Nurse, June 2002 to February 2004.

- ❖ Worked as Staff nurse in Operation Theatre.



National Hospital – CALICAT, KERALA, INDIA.

Registered Nurse, April 2001 to April 2002.

- ❖ Worked as staff nurse in Orthopedics and Surgical wards.

THE JOB RESPONSIBILITIES DURING THE TENURE WERE:

- ❖ Admission of seriously ill patients. Checking vital signs frequently.
- ❖ Maintaining the highest possible standard patient care with all aseptic technique.
- ❖ Administer of IV fluids & electrolytes, blood & Blood components.
- ❖ Nasogastric tube insertion, Gastrotomy or Jejunostomy feeding.
- ❖ Catheterization and care of patient with indwelling catheter.
- ❖ Nebulization therapy, performing chest physiotherapy.
- ❖ Surgical site preparation, preparation of patient for surgery & post-operative care.
- ❖ Safe lifting and moving of patients.
- ❖ IV cannula insertion.
- ❖ Care of patient with a tracheostomy and colostomy.
- ❖ Assisting the physician in performing all diagnostic and therapeutic procedures.
- ❖ Monitoring and evaluating nursing care plan, recording the procedures in the Nurses record after carrying out.

Declaration:

I hereby declare that all the statement mentioned above are true and benefited to the best of knowledge and belief.

Tisha Anil.