



UMA PATHAK

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Professional Summary

High-energy SBA Trainer skilled at establishing clear training plans and putting together useful support materials to promote advancements in physiology. Well-versed in operating under tight schedules and with little supervision. Brings 20 years of experience specialising in midwifery.

Work History

11.2022 - Current

Registered Nurse

MRod Healthcare - Dubai, United Arab Emirates

- Worked closely with fellow nurses, doctors and clinicians for consistent communication and continued best care practices.
- Administered medication with meticulous attention to detail.
- Implemented and updated treatment plans in collaboration with doctors.
- Monitored patient vitals and necessary signs.
- Coordinated specialist referrals to assist patients.
- Assessed, planned and implemented treatments with precision and care, prioritising patient wellbeing.
- Performed home visits for clients and patients.
- Collaborated with doctors to plan post-treatment home care.
- Fostered relationships between nursing teams and patients.

10.2018 - 10.2022

IP Trainer/ NICU Supervisor

Bharatpur Hospital chitwan Nepal - Bharatpur

- Consulted and coordinated with health care team members to assess, plan, implement and evaluate care plans
- Investigated and reported significant medical errors and unanticipated outcomes resulting in patient harm
- Worked with director on evaluating, counseling, coaching and developing nursing staff in line with high standards of patient care.

11.2015 - 09.2018

LECTURER

NURSINGSUPERVISOR Dhading Hospital

- Administered and appraised quality improvement strategies across nursing services
- Promoted multidisciplinary service coordination between nursing staff, medical professionals, pharmacy and laboratory teams
- Worked with director on evaluating, counseling, coaching and developing nursing staff in line with high standards of patient care.

01.2006 - 11.2015

SBA Trainer

Janakpur Hospital - Janakpur, Nepal

- Organized educational activities and events to drive learning objectives and promote engagement.
- Lectured classes using exceptional communication techniques to enhance engagement.
- Designed exams, assessments and course content, including lecture material and writing assignments.
- Nursing Campus
- Janakpur, Dhanusha
- Prepared professional course syllabus to inform students about plans and requirements
- Prepared engaging lectures to help students explore foundational and advanced topics
- Handled many issues via email to give students reliable support for academic needs.

06.2005 - 06.2006

Staff Nurse

STAFFNURSE,LABORANDDELIVERY Jajarkot Hospital Jajarkot

- Monitored patients closely to spot problems and reported serious concerns to treating physicians for timely interventions
- Consulted and coordinated with healthcare team members to assess, plan, implement and evaluate patient care plans
- Maintained accurate, detailed reports and records.
- Analysed reporting to reconcile transactions, accounts and ledgers.
- Provided first-class care across various wards and units for patients with complex medical needs.
- Maintained accurate, up-to-date patient records, maximising data accuracy.

06.2003 - 06.2005

Staff Nurse

STAFFNURSE,OPERATINGROOM Bharatpur Hospital Bharatpur

- Identified and documented medication, dosage and administration details
- Managed safe and therapeutic environment of caring for patient comfort measures during procedures
- Identified and applied culturally-based resources to reduce anxiety and boost patient satisfaction
- Communicated with patients and caregivers to explain procedures, implement preparations and discuss post-operative care.
- Delivered life support with updated first aid and CPR training.
- Analysed symptoms to effectively diagnose and treat patients.

Skills

- Multidisciplinary care
- Coordination
- Quality improvement
- Coverage planning
- Medication tracking
- Policy optimization
- Counselling
- Health educator
- Clinical skill in Hospital

Education

01.2006

BACHELORSDEGREE, Midwifery, Purwanchal University - Biratnagar, Nepal

Additional Information

- DHA licence - November 2022

Languages

English

Upper intermediate

Hindi

Fluent