



## Veera Clara Fernandes

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Address: Al Muweilah,  
Sharjah, UAE

### Language Proficiency

- English
- Kannada
- Hindi/Urdu

### Registration Details

- Issuing Authority: MOHAP
- Registration Number: RN005209

### Personal Details

- Date of Birth: 21-May-1981
- Gender: Female
- Marital Status: Married
- Nationality: Indian
- Passport Expiry: 01-Mar-2026
- UAE Visa: Visit Visa

### Key Skills

- Emergency Management
- Accident & Trauma
- Burns, Poisoning & Drowning
- Basic Life Support
- Team Management/ Trainings
- Infection Control
- Nurse Educator
- Proficient in computers (MS Word, MS PowerPoint, MS Excel)

### Awards:

- Appreciation for Commitment and Dedication to Scholars International Academy, Sharjah.

### Course:

- Basic Life Support (up to date)

## Registered Nurse – Medicine, Psychiatry, Surgery, Orthopedics, Emergency and Childcare

Diploma in General Nursing and Midwifery, offering more than **16 years** of rich experience in **Accident and Emergency Department, Medicine, Surgery, Psychiatry, Orthopedics, Geriatrics and Childcare** having **MOHAP** license.

### PROFILE SUMMARY

- Experienced School Nurse committed to serving school students as a trained medical professional and passionate public health advocate.
- Excels at supporting students with minor illnesses and injuries and providing referrals to doctors, surgeons and other specialists when appropriate.
- Agile and responsive to dynamic patient needs and environmental conditions.
- Team-oriented and reliable with healthcare knowledge, clear verbal and communication skills and sound clinical judgement.
- Nursing background includes general orthopedics, general surgery and internal medicine experience.
- Over seven years of experience serving school students.
- Registered Nurse certification.
- Trained in emergency medical response.
- Effective and concise communication style.
- Trained in sterilization techniques.
- Passionate about advocacy for healthy school environments.
- Delivery of compassionate care to student population.
- Detail-oriented and motivated worker.
- Skilled in the following **procedures**:
  - ✓ IV Cannulation and IV fluid administration
  - ✓ ECG
  - ✓ Tube feeding
  - ✓ Nebulization
  - ✓ Enema
- Updated **Basic Life Support certification** (Valid up to 2022)
- Computer Skills: Proficient in MS Word, MS Excel and PowerPoint.

### ACADEMIC DETAILS

- **Yenepoya Institute of Nursing**, Mangalore, Karnataka Board, India - **General Nursing and Midwifery**: 2001-2004.
- **Pre-University Examination Certificate (Grade 12)**, Karnataka Board, India: 2001.
- **Secondary Education Examination (Grade 10)**, Karnataka Board, India: 1997.

### PROFESSIONAL LICENSE

- **Ministry of Health and Prevention, UAE**: RN005209.  
(Passed Ministry of Health, UAE Examination for Nurses in 2009)
- **Indian Nursing Council, India**: Registration No. 01DN4803.

## **Scholars International Academy, Al Muweilah, Sharjah, UAE as School Nurse: January 2014 to July 2022**

### **Duties and Responsibilities:**

- Provided high-quality care for students and teachers during the school day within school environment.
- Diagnosing and treating minor injuries and illnesses of students and school staff. Referring to doctors, surgeons and other specialists, if and when appropriate.
- Dispensing medications to students and school staff under School Doctor's supervision and as per School Health Guidelines.
- Follow up of the students with chronic illnesses especially Bronchial Asthma and Type 1 Diabetes mellitus.
- Organized and maintained Students' Medical Records as stipulated by the Ministry of Health and Prevention, UAE.
- Maintaining record of clinic visits of students and school staff.
- Organizing medical checkup of the school students.
- Conducting and assisting in Health Education sessions with the School Doctor.
- Organizing and assisting dental camps.
- Maintaining inventory of medicines and equipment in the School Clinic.
- Proper storage of the medicines and equipment in the School Clinic.
- Arranging vaccinations for the students as per the MOHAP vaccination schedule. Documentation of vaccination and updating MOHAP Happiness Studies. Maintaining vaccination cold chain. Ensuring emergency medicines are stocked at the time of vaccination.
- Training volunteer students (Year 11,12 and 13) in administering First Aid and dealing with medical emergencies in the school setup.
- Assisted with health policy implementation.

### **Special Roles and Responsibilities During COVID-19 Pandemic**

- Active member of school's COVID-19 Taskforce.
- Updating and maintaining pertinent information about COVID-19 cases and close contacts within the school.
- Assisting with the Contact Tracing of confirmed COVID-19 positive case.
- Coordinating with the MOHAP to reduce COVID-19 transmission within school environment.
- Implementing the COVID-19 Protocol in the school.
- Reinforcing precautions like correct technique to wear masks and PPE, maintaining social distancing etc.
- Arranged Year 1, Year 8 & Year 11 MOHAP scheduled vaccinations while adhering to COVID-19 Precautions and guidelines.
- Follow-up of confirmed COVID-19 Positive cases and close contacts for the duration of their isolation/quarantine.
- Assisting the school doctor with the Post-quarantine/Post-isolation assessment of the students and staff members.

## **Sharjah Corniche Hospital, Buhairah Corniche, Sharjah, UAE as Staff Nurse in Ward and Orthopedic OPD: May 2012 to October 2013 and September 2009 to August 2011**

### **Duties and Responsibilities:**

- Receive and assist a variety of OPD Patients.
- Complete care of post-anesthesia patients including monitoring of vital signs, pain management and management of postoperative nausea and vomiting.
- Ensure optimal fluid input.
- Monitoring and charting bladder, NG Tube and drainage tubes output.
- Updating patient reports.
- To establish proper communication between doctor, patient and their relatives.

## **Goretti Hospital, Kallianpur, Santhekatte, India as Staff Nurse in Medicine, Pediatrics, Surgery, Emergency Department, Geriatrics and Palliative Care Unit: October 2007 to August 2008**

### **Duties and Responsibilities:**

- Assisting and receiving patients in the Emergency Department.
- Complete care of Geriatric patients including bathing, bed-sore dressing, catheterization, feeding, administering medicines as per their medication charts.
- Provided care to patients with terminal illness.
- Participated in Ward Rounds with senior doctors.

- Assisted in the Medical and Pediatric ward.
- Taking ECG, cannulization, nebulization.
- Assisting in the Obstetric-Gynecology department in conducting deliveries.
- Providing initial baby care post birth including suctioning the orifices and giving baby bath.

**St Ignatius Hospital, Honnavar, Karnataka, India as Staff Nurse in Surgery, Psychiatry and Post-operative Ward: September 2006 to September 2007**

**Duties and Responsibilities:**

- Receive and assist patients in the Surgery OPD.
- Complete care of post-anesthesia patients including monitoring of vital signs, pain management and management of postoperative nausea and vomiting.
- Ensure optimal fluid input.
- Monitoring and charting bladder, NG Tube and drainage tubes output.
- Updating patient reports.
- To establish proper communication between doctor, patient and their relatives.
- Care of patients admitted in the Psychiatry Department.
- Assisted the doctor in ECT (Electroconvulsive Therapy).

**Yenepoya Medical College Hospital, Mangalore, India as Staff Nurse in Emergency Department, Post-operative Ward and Outpatient Department: September 2004 to September 2006**

**Duties and Responsibilities:**

- Receive and assist variety of OPD Patients.
- Assessing patients in Emergency Department.
- Transferring patients to multi-specialty hospitals.
- Maintaining inventory in Emergency Department.