

# CURRICULUM VITAE



## **VIJENDRA NARNAWARE**

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**International city, morocco, I-07 Room No- 208, DUBAI, U.A.E**

### **POST APPLIED FOR: - Physiotherapist**

#### **CAREER OBJECTIVE: -**

Licensed Physiotherapist with 9 years of experience well-versed in a broad range of treatments and modalities for restoring function and mitigating disability. Collaborative Team leader with superior work ethic and interpersonal abilities with keep on learning attitude to upgrade personal skills and Knowledge .

#### **PERSONAL SUMMARY: -**

Highly motivated, energetic, enthusiastic team player committed to delivering quality rehabilitation with keen attention to the code of professional ethics. Driven to achieve exceptional outcomes as a member of a multidisciplinary team. Always thriving for new challenges and experiences.

#### **PERSONAL INFORMATION: -**

✚ Father's Name	:	Gajanan Narnaware
✚ Date of Birth	:	22/05/1984
✚ Nationality	:	Indian
✚ Gender	:	Male
✚ Marital Status	:	Married
✚ Religion	:	Buddhist
✚ Languages Known	:	English , Hindi , Marathi
✚ Passport Number	:	P3428546
✚ Date of Issue	:	23/03/2017
✚ Date of Expiry	:	22/03/2027
✚ Visa Status	:	<b>Visit Visa</b>

**DATA FLOW CASE:** : **D001-1809-282799**

**DHA ELIGIBILITY REF.NO.** : **DHA/LS/1292018/844317**

#### **EDUCATIONS DETAILS: -**

- ✚ **Bachelor of Physiotherapy (BPTTh) 2003-2008.**  
(Four- and half-year degree course)  
The Maharashtra University of Health Science, Nashik, INDIA.
- ✚ **Higher Secondary Education 2000-2001.**  
(Grade XII Diploma) Maharashtra State Board,  
Pune, Nagpur, INDIA.

## KEY SKILLES :-

- Assessment and therapeutic skills.
- Advocacy and collaborative skills for patient centred care.
- Clinical decision-making skills for assessment and interdisciplinary referring.
- Excellent oral and written interpersonal communication skills.
- I am maintaining patient records with progress and plans.
- Detail- oriented, organised and multitasked in a fast-paced work environment.
- Ability to work in a fast paced environment with time management.
- Excellent teaching – learning skills.
- Flexible for schedule and program change.

## Clinical Work Experience:

✚ **Assistant Physiotherapist: - Sep. 2009 – Nov. 2014**  
SAKET ORTHOPAEDIC APPLIANCES CENTRE.  
NAGPUR. (MAHARASHTRA) INDIA.

✚ **Physiotherapist: - Nov 2014 – Till date .**  
JIWTODE ORTHOPAEDIC, TRAUMA, SURGICAL AND DENTAL CARE HOSPITAL,  
SAONER, NAGPUR (MAHRASHTRA) INDIA.

### **Following were the task performed during the above professional experience,**

- ✚ Helping patients with a varying level of disability with an aspect of their care.
- ✚ They are assisting patients to complete physiotherapy programmes.
- ✚ Encourage and motivate the patients for physiotherapy treatments.
- ✚ I have prescribed home base physical exercise.
- ✚ Patients documents.
- ✚ I am communicating with patients while preparing them for treatments.
- ✚ Encourage them for physiotherapy treatments
- ✚ Asses patients and make treatment plans also
- ✚ Explain the advantages and importance of exercise.
- ✚ Assess patients and make treatment plans.
- ✚ Explain the advantages and importance of exercises.
- ✚ Assess patients and provide proper treatment to patients admitted in ICU and Post-operative patients.
- ✚ Teach home base exercise programs.
- ✚ Prescribe and demonstrate the uses of mobility aids.
- ✚ Follow the physicians' advice and report to them.
- ✚ Maintain the patient's record with progress note and plans.

## ❖ SCIENTIFIC PROJECTS:

“Prevalence study of Low back pain among the students engaged in physical education”, for final year degree course under Maharashtra, University of health science, Nashik (MAHARASHTRA) INDIA.

“Effect of Post Isometric Relaxation Technique in my-facial pain syndrome (Trapezius Muscle)”, the project submitted toward the requirement of Internship programme for a bachelor of physiotherapy under Maharashtra University of Health Sciences , Nashik. (MAHARASHTRA) INDIA

❖ **COMMUNITY SERVICES:**

1. Organised various physiotherapy diagnostic and therapeutic camps under rural outreach program.
2. Participated in community health programs and camps organised by the National Integrated Medical Association (NIMA).

❖ **PROFESSIONAL CERTIFICATION AND MEMBERSHIP:**

1. *Maharashtra State Council for Occupation therapy and physiotherapy, MUMBAI.*
2. *Co-ordinate member of National Integrated Medical Association (NIMA), Saoner Branch.*
3. *certificate of neuro-muscular dry needling workshop.*
4. *Certificate of on field therapeutic trapping workshop.*
5. *certificate of my-kinetics cupping therapy workshop.*
6. *certificate of BLS (American heart association)*
7. *Certificate of First-Aid.*

**REFARANCES: -**

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**1. Dr. RAJESHKUMAR SARODAY**

MD (Pathology ) PGD-QSHM (RCSI ), IFCAP.  
MBA-HCM (GBS-SWITZERLAND )  
Consultant clinical Pathologist

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General Practitioner

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**3. RAVI KHAMAR PT**

Senior Physiotherapist & Head of Rehabilitation Department

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