

# Vinisha Nair

Registered Nurse

**Address:** Al Rashidiya, Dubai, UAE

**Phone:** +971-55-3559747

**E-mail:** vinishanair1@gmail.com



Passionate and dedicated nurse in healthcare experience in a variety of medical settings, including emergency units, ICU, Pediatric units, NICU and Gynecology units. Vast experience dealing with a very broad range of medical conditions. Bringing forth the ability to thoroughly and accurately assess the health of patients and prescribe the proper treatment programs for optimal health moving forward. Adapt in working as a collaborative team member to ensure that patients receive the highest level of care possible.

## Licenses and Registration

### DHA-RN

Health Authority of Dubai United Arab Emirates

**Eligibility No: 50495181**

### Registered Nurse

Maharashtra Nursing Council Mumbai, India.

**Reg. No: II-22550**

## Work History

**2019-06 - 2022-08**

### Staff Nurse

*Advance Dental Clinic, Pune, Maharashtra*

**(General Medicine, OPD, IPD)**

**2016-06 - 2018-06**

### Staff Nurse

*Christ Hospital, Chandrapur, Maharashtra*

**(Gynecology, pediatric and NICU)**

## Education

**2011-06 - 2015-06**

### Bachelor of Science: Nursing

*Smt. Radhikabai Meghe Memorial College of Nursing - Wardha, Maharashtra, India*

**2010-07 - 2011-06**

### H. S. C.

*ST. Mary's High School And Junior College. - Chandrapur, Maharashtra, India*

**2008-06 - 2009-07**

### S. S. C.

*Mount Carmel Convent High School - Chandrapur, Maharashtra, India*

## Skills

---

- Honesty and Integrity
- Patient Advocacy
- Strong Interpersonal Communication Skills
- Teamwork Skills
- Knowledgeable in Medical Terminology and Procedures
- Patient care
- IV management
- Documentation
- Vitals monitoring
- Case management

## Job Responsibilities

---

- Check the airways, breathing and circulation
- Assist in life saving resuscitation – Intubation, Defibrillation, CVC Insertion, ICD Insertion and CPR Techniques
- Admission Procedure, Nursing Assessment
- Orientation, Physical Examination
- Taking vital signs, reporting and recording
- Maintain the IV line
- Administering IV Fluids, blood and blood products and drugs
- Collection of sterile specimens
- Follow universal precautions while doing any procedures
- Meeting patients personal hygiene and maintaining sanitation
- Health education to patients and their relatives
- Providing direct patient care for newborn babies
- Analyzing and evaluation the effectiveness of care to babies and mothers
- Maintenance of documents
- Manage patient in ventilator support
- Creating & welcoming, caring and safe environment for neonates and their families

## Details of Work Experience

---

- Receiving and admission of patients
- Data collection
- Assembly of vital signs
- Physical examination of diagnostic evaluation
- Continuous monitoring of patients
- Following physician rounds and carrying out the orders prescribed, assisting for diagnostic and therapeutic procedures.
- Planning and implementation of patient care (include hygiene, nutrition, comfort measures, elimination and administration of medicines)
- Health education
- Discharge and follow up cares
- Maintaining records and reports

## Performed Procedures

---

- Cardio pulmonary resuscitation
- Endotracheal suctioning
- Introducing intravenous cannula
- Inserting nasogastric tube
- Urinary catheterization
- Administering medication
- Drawing of blood
- Blood transfusion
- Bowel wash & stomach wash
- Enema
- Admission and discharging procedure
- Inter costal drainage care
- Nasogastric tube feeding
- Care of body after death

## Instruments Handled

---

- Mechanical ventilator
- CPAP
- Defibrillator
- Radiant Warmer
- Laryngoscope
- ECG
- Cardiac monitor
- Pulse Oximeter
- Nebulizer
- Glucometer
- Suction apparatus
- O2 cylinder
- Ambu bag
- BP Apparatus
- Phototherapy
- Incubator
- Infusion and syringe pump
- Chest tube drainage system

## Co-Curriculum Activities

---

- Active coordinator at various cultural events held at college level.
- Actively participate in community awareness program and basic knowledge in computer.
- Learned and Actively performed in department of pediatric and neonatal well.

## Languages

---

- \* Hindi
- \* English
- \* Malayalam
- \* Marathi

## Personal Details

---

Date of Birth	:	10/06/1993
Nationality	:	Indian
Passport No.	:	V1272329
Religion	:	Christian
Marital Status	:	Married
Visa Status	:	Visit Visa

## Declaration

---

**I solemnly declare that the above statement is entrusted and true to the best of my knowledge and belief.**

**Vinisha C. Nair**