

# ANEENA THANKACHAN

DHA LICENSED NURSE

DHA License No :- 66525857-001

Driven State Registered Nurse with 4 years comprehensive experience providing direct patient care .Seeking to leverage background and training to secure station nurse role. Skilled in delivering high quality patient care, education & counseling. Demonstrated leadership skills that advance patient care, Patient satisfaction and safety initiative to drive holistic care approaches

## KEY SKILLS

Team Work

Work Ethic

Attention to Detail

Infection Control

Clinical Assessments

Patient Advocacy

Medication Administration

Detail Oriented

Punctual

Care Planning

Empathy

Analytic Skills

## EMPLOYMENT CHRONICLE

**STAFF NURSE | 04/07/2018 to 12/08/2021**

Karnataka Health Institute Ghataparbha in Medical And Surgical Ward.

**STAFF NURSE | 09/06/2021-Present**

ASTER DM HEALTHCARE DUBAI-UAE, Burdubai (OPD)-Emergency department and Pulmonology - internal medicine department

## DUTIES AND RESPONSIBILITIES

- Conducting comprehensive assessments of patients' health status, including physical, psychological, and social aspects.
- Developing individualized care plans based on patient assessments, collaborating with the healthcare team, and setting goals for patient care.
- Providing direct patient care, including administering medications, treatments, and interventions as prescribed, and monitoring patients' condition and response to care.
- Maintaining accurate and timely documentation of patient information, including assessments, care provided, medication administration, and any changes in the patient's condition.
- Educating patients and their families about their health conditions, treatment options, self-care techniques, and lifestyle modifications to promote health and prevent complications.
- Collaborating with other healthcare professionals, such as doctors, therapists, and social workers, to ensure coordinated and holistic patient care.
- Collaborating and communicating with the healthcare team.
- Engaging in continuous professional development activities, such as attending seminars, workshops, and training programs to enhance knowledge, skills, and stay updated with the latest healthcare practices.
- In the ICU, ER, and ENT departments providing specialized care to patients in critical condition or with specific ear, nose, and throat-related conditions.

## CONTACT

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aneenam4@gmail.com

Dubai, UAE

## ACADEMIC CREDENTIALS

### RAJIV GANDHI UNIVERSITY

#### HIGHER SECONDARY | 2015

- Sahyadri College of Nursing, Mangalore
- Rajive Gandhi University
- | First class

#### HIGHER SECONDARY | 2009

- Board of Higher Secondary Examination, Kerala, India
- CMB HSS, Nooranadu

#### SSLC | 2005 |

- Board of Public Examination, Kerala, India
- St. MARYS MMGSS, Adoor

## REGISTRATION DETAILS

- DUBAI HEALTH AUTHORITY
  - DHA License No :- 66525857-001

## EQUIPMENT HANDLED

- Oxygen Cylinder
- Ambu Bag
- Ventilator
- Defibrillator
- Suction Apparatus
- Pulse Oximeter
- Nebulizer
- ECG Machine
- Infusion Pump
- Syringe Pump
- Cardiac Monitor
- Steam inhalers
- Glucometer
- NIBP Monitor

## PASSPORT DETAILS

Passport Number : S0059275  
Date of Expiry :18/03/2028  
Place of Issue :Trivandrum

## LANGUAGES KNOWN

English  90 %  
Malayalam  100 %  
Hindi  90 %  
Tamil  70 %

## INTERESTS

Songs Travelling Reading



## REFERENCE

- Available upon request

- Assisting in surgical procedures and providing post-operative care.
- Managing and organizing patient care assignments.
- Assessing and addressing patient pain management needs.
- Implementing infection prevention and control measures.
- Conducting patient health education on disease prevention and self-management.
- Responding to emergency situations and providing immediate medical assistance.
- Providing emotional support to patients and their families during challenging times.
- Demonstrating empathy, patience, and a caring demeanor in all patient interactions.
- Trained to respond quickly and effectively to emergencies.
- collaborate with physicians, specialists, and other healthcare professionals to ensure the best possible outcomes for patients.

## PROCEDURES

- Endotracheal Intubation
- Bone Marrow Aspiration
- Lumbar Puncture
- ICD (Implantable cardioverter Defibrillator) Insertion.
- Pleural Trapping
- Cardiopulmonary Resuscitation (CPR)
- Gastric Tube Insertion
- Tracheostomy
- Wound Dressing
- Arterial Line Insertion
- PICC Line Insertion
- Urinary Catheterization
- IV Line Insertion
- Surgical Wound Closure
- Dialysis Access Management
- Chest Tube Insertion

## PERSONAL STRENGTHS

- **COMMUNICATION** - Interpersonal skills – verbal, problem solving and listening skills in any administrative role.
- **SERVICE** - Having a client focused approach Skills include Patience, Attentiveness and a positive language.
- **ORGANIZATION** - Helping others, organizing a to-do list. Prioritizing tasks by the deadline for improving time - management.
- **MANAGEMENT**- Management skills to direct others and review others performance.

## PERSONAL DOSSIER

Gender : Female  
Date of Birth : 04.May.1989  
Nationality : Indian  
Marital Status : Married

## DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

**ANEENA THANKACHAN**