



ANEENA THANKACHAN

DHA LICENSED NURSE

DHA License No :- 66525857-001

Driven State Registered Nurse with 4 years comprehensive experience providing direct patient care .Seeking to leverage background and training to secure station nurse role. Skilled in delivering high quality patient care, education & counseling. Demonstrated leadership skills that advance patient care, Patient satisfaction and safety initiative to drive holistic care approaches

KEY SKILLS

Team Work	Work Ethic	Attention to Detail	Infection Control
Clinical Assessments	Patient Advocacy	Medication Administration	
Detail Oriented	Punctual	Care Planning	Empathy
			Analytic Skills

EMPLOYMENT CHRONICLE

- STAFF NURSE | 04/07/2018 to 12/08/2021**
Karnataka Health Institute Ghataparbha in Medical And Surgical Ward.
- STAFF NURSE | 09/06/2021-Present**
ASTER DM HEALTHCARE DUBAI-UAE, Burdubai
(OPD)-Emergency department and Pulmonology
- internal medicine department

DUTIES AND RESPONSIBILITIES

- Conducting comprehensive assessments of patients' health status, including physical, psychological, and social aspects.
- Developing individualized care plans based on patient assessments, collaborating with the healthcare team, and setting goals for patient care.
- Providing direct patient care, including administering medications, treatments, and interventions as prescribed, and monitoring patients' condition and response to care.
- Maintaining accurate and timely documentation of patient information, including assessments, care provided, medication administration, and any changes in the patient's condition.
- Educating patients and their families about their health conditions, treatment options, self-care techniques, and lifestyle modifications to promote health and prevent complications.
- Collaborating with other healthcare professionals, such as doctors, therapists, and social workers, to ensure coordinated and holistic patient care.
- Collaborating and communicating with the healthcare team.
- Engaging in continuous professional development activities, such as attending seminars, workshops, and training programs to enhance knowledge, skills, and stay updated with the latest healthcare practices.
- In the ICU, ER, and ENT departments providing specialized care to patients in critical condition or with specific ear, nose, and throat-related conditions.

CONTACT

+971 52 609 4655

aneenam4@gmail.com

Dubai, UAE

ACADEMIC CREDENTIALS

RAJIV GANDHI UNIVERSITY

HIGHER SECONDARY | 2015

- Sahyadri College of Nursing, Mangalore
- Rajive Gandhi University
- | First class

HIGHER SECONDARY | 2009

- Board of Higher Secondary Examination, Kerala, India
- CMB HSS, Nooranadu

SSLC | 2005 |

- Board of Public Examination, Kerala, India
- St. MARYS MMGSS, Adoor

REGISTRATION DETAILS

- DUBAI HEALTH AUTHORITY
 - DHA License No :- 66525857-001

EQUIPMENT HANDLED

- Oxygen Cylinder
- Ambu Bag
- Ventilator
- Defibrillator
- Suction Apparatus
- Pulse Oximeter
- Nebulizer
- ECG Machine
- Infusion Pump
- Syringe Pump
- Cardiac Monitor
- Steam inhalers
- Glucometer
- NIBP Monitor

PASSPORT DETAILS




Passport Number : S0059275
Date of Expiry :18/03/2028
Place of Issue :Trivandrum

LANGUAGES KNOWN

English 90 %
Malayalam 100 %
Hindi 90 %
Tamil 70 %

INTERESTS

Songs Travelling Reading

REFERENCE

- Available upon request

- Assisting in surgical procedures and providing post-operative care.
- Managing and organizing patient care assignments.
- Assessing and addressing patient pain management needs.
- Implementing infection prevention and control measures.
- Conducting patient health education on disease prevention and self-management.
- Responding to emergency situations and providing immediate medical assistance.
- Providing emotional support to patients and their families during challenging times.
- Demonstrating empathy, patience, and a caring demeanor in all patient interactions.
- Trained to respond quickly and effectively to emergencies.
- collaborate with physicians, specialists, and other healthcare professionals to ensure the best possible outcomes for patients.

PROCEDURES

- | | |
|---|------------------------------|
| ▪ Endotracheal Intubation | ▪ Tracheostomy |
| ▪ Bone Marrow Aspiration | ▪ Wound Dressing |
| ▪ Lumbar Puncture | ▪ Arterial Line Insertion |
| ▪ ICD (Implantable cardioverter Defibrillator) Insertion. | ▪ PICC Line Insertion |
| ▪ Pleural Trapping | ▪ Urinary Catheterization |
| ▪ Cardiopulmonary Resuscitation (CPR) | ▪ IV Line Insertion |
| ▪ Gastric Tube Insertion | ▪ Surgical Wound Closure |
| | ▪ Dialysis Access Management |
| | ▪ Chest Tube Insertion |

PERSONAL STRENGTHS

- **COMMUNICATION** - Interpersonal skills – verbal, problem solving and listening skills in any administrative role.
- **SERVICE** - Having a client focused approach Skills include Patience, Attentiveness and a positive language.
- **ORGANIZATION** - Helping others, organizing a to-do list. Prioritizing tasks by the deadline for improving time - management.
- **MANAGEMENT**- Management skills to direct others and review others performance.

PERSONAL DOSSIER

Gender : Female
Date of Birth : 04.May.1989
Nationality : Indian
Marital Status : Married

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

ANEENA THANKACHAN