

Bijitha Rijith John

Contact No: 00971544472492 / 00971503566707

Email Address: bijitha.thankachen12@gmail.com



Objective:

Contribute to the success of an organization by fully utilizing my skills and knowledge that will provide growth in increasing level of responsibility and affiliate with the company where my interest, skills and aptitude used to further enhance my qualification and advance.

Profiles:

- Highly motivated, confident and with constructive approach to problem solving, quickly to learn new concepts and skills.
- Adoptable, flexible has the ability to work with pressure, apply methodical approach to provide effective solutions to deadlines.
- Positive attitude towards work and has upbeat personality, smart and responsible
- Self-starter, sincere & committed person, quick learner Responsible team player
- Systematic, Focused, Dedicated & Disciplined and trustworthy hard working and ability to work under pressure

Work Experience:

Hospital Name : Highrange Super Speciality co-operative Hospital society
Department / Section : Medical ICU
Position : Staff Nurse
Duration : 2011 TO 2014

Hospital Name : Upasana Hospital,Kollam,Kerala,India
Department / Section : Neurology ICU
Position : Staff Nurse
Duration : 2016 to 2017

Hospital Name : Sahar Medical Centre ,Industrial area 3,Sharjah,UAE
Position : Registered Nurse
Duration : 2018 to 2019

Hospital Name : Khyber Medical centre,Ajaman,UAE
Position : Registered Nurse
Duration : 2019 to 2020

Duties and Responsibilities:

- Assist in planning, directing and coordinating the nursing care of patients.
- Assist the physician with area rounds and carry out patient care directives.
- Assists duty officials in examinations and procedure.
- Administrator and charts medications and treatment.
- Institute appropriate measures for emergencies and critical situations.
- Apply knowledge of nursing principles and skills, exercising judgment in the delegation of duties to team members.
- Observe reports and records symptoms, reactions and progress of all patients.
- Proper endorsement of drugs and narcotics issued to ward for ready reference of next shift staff.
- Responsible and accountable for timely and accurate completion of the transfer procedure.
- Plans and implements a teaching program for the patient's medication and treatment at home.
- Obtain operative consent prior to any surgical or invasive procedures.
- Handling patients with hypothermic beds.

Routine Functions:

- Total patient care nursing system.
- Use the nursing process utilizing a head to the assessment guide.
- Invasive hemodynamic monitoring including arterial line central line and pulmonary artery catheter.
- Noninvasive Hemodynamic monitoring
- Continues 3 – 5 lead ECG monitoring continuous monitoring or nutritional need internal and parenteral feeding
- Continuous monitoring biochemical and hematological results.
- Continuous monitoring of neurological assessment such as GCS and Ramsay Score.
- Assisting patients on ventilators.
- Assisting in Endo tracheal tube intubations.
- Endotracheal tube suctioning.
- Assisting endo tracheal tube extubation.
- Ryle's tube insertion and artificial feeding through Ryle's tube
- Catheterization and care of foley catheter.
- ECG, CVP, PA Catheter monitoring.
- Arterial and Non invasive blood pressure monitoring.
- Assisting in intercostals chest drainage (ICD) tube insertion.
- Care of ICD tubes with water seal drainage and negative section.
- Close monitoring of the patients
- Care patients after Cardiac (CABG, MVR, PRCA) and Pulmonary (Pneumonectomy, Thoracotomy, Lobectomy,) surgeries.
- Medicine administration and proper documentation.
- Assist in advance bedside procedure.
- Attend emergency needs of the patients
- Co-operation and co-ordination with other Health Team Members.
- Management of the patient with IABP, CVP and ICD tubes Arterial line, Sheath etc.

Nursing Duties in Medical ICU

Monitoring patients with ECG monitors and I am capable of handling the following major equipment.

- Infusion pumps (Imed, Baxter's and Gemini and others like syringe infusion pumps).
- ECG Machine
- Crash trolley (including CPR machine)
- Pulse Oximeter
- Respirators (for short period)

Educational Background:

College : Dr. NTR University of Health Science Vijayawada,
A.P. Vijaya College of Nursing (Kurnool) 2006 – 2010
Course : Bachelor of Science in Nursing
: VHSE Board of Vocational Higher Secondary Examination
Govt. of Kerala / D.V.V.H.S.S, Thalavoor India 2006
: S.S.L.C. Board of Public Examination Kerala /
St. Mary's H.S.S. Kizhakketheruvu 2004

Instrument Handled and Assisted:

ECG Monitoring, Defibrillator, Ventilator, Nebulizer, Ambu Bag with mask, Suction Apparatus, Oxygen flow meter, Face Mask, CPAP, BIPAP, Syringe, Pump, Infusion Pump, Laryngoscope, ET Intubation & Extubation, CVP Line Insertion and Monitoring, Epidural Catheter, Catheterization, ICD Negative Suction, Pulse Oxymeter, and other ICU Instruments, Rotoprone Bed, Hypothermic Bed, Fresenius Machine, Prismaflex Machine, MARS.

Special Duties & Responsibilities:

- Supervision of students & non professional workers
- Attending doctors and nursing supervision round
- Performs other duties and responsibilities designated by Medical & Nursing Departments

Registration :

- Kerala Nurses and Midwives Council
- Andhra Pradesh Nurses, Midwives, Auxiliary Nurse- Midwives and Health visitors Council

License :

- Sharjah MOH (License No:-RN013871)

Personal Data:

Date of Birth : **29/12/1988**
Gender : **Female**
Civil Status : **Married**
Religion : **Christian**
Citizenship : **Indian**
Language Spoken : **English, Hindi, Malayalam, Telugu and Arabic**

Passport Details:

Visa Status : **Husband visa**
Passport No : **L7752733**
Passport Issue Date : **13/03/2014**
Passport Expiry Date : **12/03/2024**

Declaration:

In view of the above particulars I declare all information given is true to the best of my knowledge and belief. Please consider my application for favorable action and give me an opportunity to work under your administration. I assure you that I will perform my duties honestly to the entire satisfaction of all concerned.

Bijitha Thankachen

Reference :-

Upasana Hospital
Q.S. Road,N.H. 208
Kollam 691001
Kerala,India
Email : upasanahospital@hotmail.com
Phone : 0474- 2762887/ 2762889

Sahar Medical Centre
Industrial Area 3
Sharjah (P.box 35144)
UAE
Email :doc.hayder1962@gmail.com
Phone: 00971 65420843

Khyber Medical Clinic
New Industrial Area 2
Flat # 104
Ajman,UAE
Email :khybermedical786@gmail.com
Phone: 00971 67496090, 00971554585201

