

 Syeda Sameen Zehra

 Student

 **Industrial Area 1, Near Granada Roastery, Sharjah**

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Personal Profile:

An undergraduate psychology student willing to apply expertise and skills of confidently working, studying and flexibility to work well under pressure. Experienced with part time voluntary works, which increased my self-confidence and mental strength. An optimistic energetic student looking for an internship/training opportunity to expand my knowledge and experiences in Psychology.

Personal Information:

**Name:** Syeda Sameen Zehra

**Gender:** Female

**Nationality:** Pakistan

**Religion:** Islam

**Date of birth:** 2nd January 1998

**Age:** 23 years old

**Visa status:** Residence visa

**Passport number:** AP5124433

**Passport expiry:** 20th April 2021

**Visa expiry:** 27th June 2022

**Emirates ID:** 784-1998-5473730-3

## Education:

Present University of Bolton, RAK, UAE

 BSc. (Hons) Psychology

 2nd Year

 Societies: Volunteering

 **2016-18 English Language School, Dubai, UAE**

 **A Levels:** Biology, Chemistry, Physics

 **8 GCSEs** including Mathematics, Chemistry, Physics

 **2013-15 Pristine Private School, Dubai, UAE**

 **Secondary Education**

Voluntary Experience:

April 2019 JSS School, Jumeirah

 STAR Quiz Challenge, Volunteer

March 2019 Sharjah Cricket Stadium

 Pakistan vs. Australia ODI’s, Usher

March 2019 Media City

 Concert “The Assembly Ambassador”, Usher

**March 2019 Zabeel Park**

 Holi event, Volunteering

**April 2018** **Zabeel Park**

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**May** **2014 Pristine Private School, Dubai**

 Community service, **Volunteer**

Internship Experience:

**February 2020 to March 2020 The Central School, Dubai**

 Department of Empowerment to Inclusion and Well-being

Skills Profile:

* **Flexible/Adaptable:**

Being able to adjust with people of different ages during volunteering at the stadium as well as dealing with some rude visitors in a pleasant manner rather than responding to their rudeness.

Able to balance academic and voluntary work.

Great time-management skills, strategically timing a study-work ethic to make sure excellent results are achieved in the work I begin.

* **Collaborative skills:**

Together with my group mates, we prepared a skit on Pygmalion and performed during school assembly.

Managed to coordinate well with the team members of cricket and throw ball, during interschool matches.

Takes collaborative working as a chance to gain knowledge from people of different fields, different interest, background, age portraying their ideas, share experiences and results in faster and more effective decision making.

* **Optimistic:**

Optimistic about whatever situation I’m put in, led my final year’s A’Level biology group presentation on “Biodegradable” with few of my group mates as others failed to show up, presentation was a success nonetheless.

During the volunteering in Zabeel Park, the incharge we had was short tempered which made the environment rather tensed, and this increased the level of difficulty of the task at hand, yet I persisted, as a can-do attitude of mine has made me do the assigned task positively.

* **Communication skills:**

Conveying speeches and presenting presentations for class assignments or for extra-curricular clubs and activities. As a part of student council (grade 8) I worked with environmental club and convey a speech with presentation on ‘Plastic bags and packaging should be banned.

As a volunteer, working in a group of people who are different in age and background has polished this skill remarkably.

Being bilingual gives an opportunity to communicate with not only English speakers but Urdu speakers.

* **Computer skills:**

Excellent Microsoft office abilities (MS Word, MS Excel, MS Access, MS Power Point, MS Outlook).

Proficient in many social media sites for work purposes (Twitter, LinkedIn, Facebook and Dubizzle)

Achievements/ Additional information:

* “Best Cricketer” in cricket, 2017.
* Third position in the Throw Ball, 2016.
* High distinction in the English International benchmark test, 2014.
* “BLAMUN” (model united nation) honorary mention in specpol, 2013.
* 7th state rank in the International Olympiad of English, 2011.
* An “Accelerated Reader” of Readers’ Club for three years (2012, 2011, 2009).
* Certificate of Achievement for completing the following courses in 2020, 2021:
1. Introduction to Psychology: Developmental Psychology (90%)
2. Introduction to Psychology: Biological Psychology (83%)
3. Introduction to Psychology: The Psychology of Learning (92%)
4. Introduction to Psychology: The Psychology of Personality (93%)
* Spend free time in outdoors activity.
* Can speak Urdu and English fluently.

[References will be furnished on request]