



MUMNTHAS ANZER

PHYSIOTHERAPIST

I am a committed caring and friendly physiotherapist with a great passion for helping people of all ages. I have previous experience in supporting a variety of patients ranging from children suffering from development problems to adults and the elderly affected by and recovering from injuries and movement disorder. I have excellent communication skills, both written and oral and I enjoy working with a variety of people .



SKILLS

Experienced in using deferent rehabilitation techniques and equipment

Ability to work with patients with a variety of diagnoses & needs.

Experienced with written & oral discharge / onward referral procedures.

Having a caring attitude when supporting patients during therapy sessions.

Showing tolerance and patience when dealing with patients, relatives and careers.

Handling Pre operative and Post operative Patients



LANGUAGES

MALAYALAM
Native or Bilingual Proficiency

ENGLISH
Full Professional Proficiency

TAMIL
Professional Working Proficiency

KANNADA
Professional Working Proficiency

HINDI
Professional Working Proficiency



munnumumz@gmail.com



0529393189



Shafeena Manzil
Parakunnu PO
Navaikulam-
695603



20 June2000



WORK EXPERIENCE

Internship Performed Mangalore

Internship locations

- Govt. Wenlock Hospital, Mangalore, Karnataka.
- Lombard CSI Hospital, Udupi, Mangalore, Karnataka.
- Lady Goshen Govt. Hospital Mangalore, Karnataka.
- Primary Health Center Bundar Mangalore, Karnataka.
- SDCPT OPD, Mangalore, Karnataka.
- Oldage Little Sister of Poor, Mangalore, Karnataka.

Departments Workplace

Mangalore

- Department of Orthopedic and Traumatology.
- Department of Surgery.
- Department of Neurology and Neurosurgery.
- Department of Pediatrics.
- Out-patient Department.



EDUCATION

Bachelor Of Physiotherapy

SREEDEVI COLLEGE OF PHYSIOTHERAPY, MANGALORE,
KARNATAKA.

08/2018 - 07/2023,

MANGALORE

Higher Secondary Education.

St Mary's Girls High Secondary School

2016 - 2017,
Kerala

Kayamkulam,



EDUCATION

Secondary School Education

St Mary's Girls High School

2015-2016,
Kerala.

Kayamkulam,



CONTINUOUS PERSONAL DEVELOPMENT

WORK SHOP ORGANIZED BY LAXMI MEMORIAL COLLEGE OF
PHYSIOTHERAPY (2018)

CME on Evidence based foundation of basics sciences in
Physiotherapy Education

57TH ANNUAL CONFERENCE OF PHYSIOTHERAPIST, BANGALORE
KARNATAKA (2019)

INDIAN ASSOCIATION PHYSIOTHERAPY CONFERENCE, MANGALORE,
KARNATAKA. (2022)

WORK SHOP ORGANIZED BY MEMORY OF LATE MRS. NASEEMA
FAREED (2023)

Early Mobilization in critical care
Diabetes and Cardiovascular disease
Chest X Ray interpretations
Pulmonary Tuberculosis and its management



DECLARATION

I hereby declare that all the information given above are true to the best of
my knowledge