## PERSONAL DATA



### J R ABIMA REEJINI

Sharjah - UAE Mobile No.: +971586105335 Emailreejinijohn87@gmail.com

#### PERSONAL PROFILE

Nationality: Indian Date of Birth: 05.03.1987 Place of Birth: Tamil Nadu Sex: Female Marital Status: Married

#### Language known:

English, Tamil, Malayalam, Hindi.

#### LICENSING/REGISTRATION

- MOH REFERENCE NO: 268650
- TAMIL NADU NURSES AND MIDWIVES COUNCIL
- RN NO: **97836**
- RM NO: 101916
- BLS CERTIFICATION FROM ANA, UAE.
- MBA IN HOSPITAL ABMINISTRATION

,MEENAKSHI UNIVERSITY ,CHENNAI**, TN.** 

**Passport No:** U8837156 **Expiry:** 21/04/2031

Visa Status: Residence Visa Expiry: 31/10/25

# **CURRICULUM VITAE**

## **Career Objective**

Aspiring for the challenge career in nursing profession. Desirous of taking up challenging jobs and executing them in time and to the satisfaction of the client.

### **Post Applied**

## **Registered Nurse, Senior Nurse**

### **Desired Job**

Seeking a permanent position as a senior career with a reasonable salary.

## License Status – MOH Evaluation Letter

Reference No - 268650

## **Experience**:

10 Years of Experience as Registered Nurse in the fields like Gynecological ward, labour and delivery, Medical surgical, Casualty, currently worked in Nmc medical centre al shahba, Sharjah for 5 months.

## **Academic Qualification**

Master of Science in Nursing. M.Sc. (N) Christian College of Nursing, Neyyoor, K.K district

Bachelor of Science in Nursing. **B.Sc.(N)** Annai J.K.K Sampoorani Ammal College of Nursing

MBA in Hospital Administration.

### Experience

- Worked as a registered nurse in Nmc medical centre al shahba for 5 months.
- Worked as a Senior **"Registered Nurse"** in Gynecology & Emergency at **" Binu Hospital"** Tamil Nadu, India From 01/02/19 To 10/06/22.
- Worked as a "**Registered Nurse**" in General at "Shalom Hospital" Tamil Nadu From 01/01/15 To 30/06/15.
- Worked as a "**Registered Nurse** in School Nurse at "Happy Home" at Dubai from 01/10/13 To 30/09/14.

- Worked as a **"Registered Nurse"** in Casualty and General at **"Shalom Hospital"** Tamil Nadu, India From 15/12/12 To 30/04/13.
- Worked as a **"Registered Nurse"** in "Gynecology and Medical Surgical" at **"Sadhana Hospital"** Tamil Nadu, India From 01/09/11 To 15/07/12.
- Worked as a **"Registered Nurse**" in "Gynecology and Medical Surgical" at **"Apollo Hospitals**" Tamil Nadu, India From 19/06/09 To 20/08/11.

### **Professional Skills:**

- Good quality in teaching with AV aids.
- Expertise in reading & interpreting the subjects.
- Skills in mentoring to ensure success in exams.
- Preparation of various technical notes for presentations.

### **Responsibilities in gynecological ward:**

Assess and document various clinical conditions and vital signs of the patient.

- Order appropriate diagnostic and laboratory tests, evaluate and record the results.
- Administers prescribed medications such as Oral, SC, IV routes and record changes and response of the patient.
- Maintain skill and knowledge in using various medical devices such as Electronic fetal monitors, defibrillators, Suction pumps and other Gynae unit instruments.
- Assist Obstetricians and Gynecologists in various procedures related to delivery, postpartum, C-section, newborn care etc.
- Educate patients and families regarding breast feeding, newborn care, C-section care etc.

## Medical surgical ward responsibilities

 Assessing, planning, implementing, and evaluating patient care plans in consultation with healthcare professionals.

- Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre-and post-surgery patients.
- Preparing, administering and recording prescribed medications.
- Changing dressings, inserting catheters, and starting IVs.
- Adjusting specialized medical equipment as needed, as well as interpreting and recording measurements.
- Monitoring patients' vitals and reporting adverse reactions to medications in a timely manner.
- Collaborating on discharge planning with the healthcare team.
- Answering questions and educating patients and their families on surgical procedures and post-surgery care.
- Maintaining and updating patient files, medical charts, and health records.
- Adhering to best nursing practices, standards, and protocols

## **Equipments and Instruments Handled**

- Ventilator
- BP Apparatus
- Syringe pump
- Infusion Pump
- Pulse Oximeter
- Suction Apparatus
- ECG Monitor
- Oxygen Cylinder
- Ambubag
- Cardiac Monitors
- Nebulizer
- Glucometer
- Cardiac Monitors
- Arterial Blood Gas Analyser
- Computer Handling

## Achievements:

Participated in pulse polio programme.

- Participated in Breastfeeding awareness programme.
- Participated in cardiac resuscitation class.

Conducted a research study regarding effectiveness of video assisted teaching regarding

breast feeding among primi post-natal mothers.

• Participated in disaster management.

## **Computer Skills** :

- ✤ MS Word, Excel & PowerPoint
- ✤ D T P

## Key Skills and competencies:

Planning & Organization

Communication

Team Work

Leadership & Motivation

Initiative & Decision making

Able to adopt to new situations

- Excellent communication and presentation skills.
- Hard worker & Punctual.
- Good Moral character.

# **Infection Control**:

- Disinfection of Soiled Linens.
- Strict Aseptic Techniques for all Sterile Procedures.
- Hand washing prior and after all Procedures.
- Sending Equipment for Autoclaving & Gas Sterilization.
- Proper Disposal of Biological & Non Biological waste materials.
- Isolation & Treatment of Infected Patients.
- Use of Gown, Mask, Cap, Goggles.
- Universal Precaution for Infected Patients.
- Covid-19 protocols followed.

# **Declaration :**

# I, ABIMA REEJINI, hereby

declare that the details mentioned above are true and correct to the best of my knowledge.

Sharjah

J.R. Abima Reejini