

# Deepa Santhosh

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Mob: 052 7850539



## Career Profile

- Hard working, adaptable and self motivated.
- Good communication, presentation and problem solving skill.
- Ready to accept more responsibilities.
- Remain calm and professional throughout the critical incidents.
- Strong analytical skills, capable of assessing conditions and implementing appropriate intervention.
- Quick learner with abilities to work in team environment.
- Establish comprehensive quality of nursing care to all patients irrespective of age, sex, caste and economic status.
- Posses good Computer handling skill and maintain good aseptic technique.

## Personal Details

Name : Deepa  
Nationality : Indian  
Religion : Christian  
Languages : English / Arabic / Hindi / Urdu and Malayalam  
Passport number : L 5486288  
Visa status : Residence visa

## Current RN Licensure

MOH (License No: RN010406)

## Registration Details

Registration number: 37848, The Kerala Nurses and Midwives Council, Kerala - India  
Date of Registration: 07/ 11/ 2003

## Academic Qualification

S.S.L.C - Board of examination TVM, India 1997  
Pre-degree - Calicut University 1999

## Professional Qualification

Diploma in General Nursing and Midwifery, Kerala Nurses and Midwife's Council, Kerala, India (2000 – 2003)

**Currently doing RN-BSN Program** in Rak University, Ras Al Khaima

## Professional Experience

### 1. Bristol Medical Center

Sharjah, UAE (Sep. 2015 - till June 7<sup>th</sup> 2018) - Head Nurse

### 2. Alsalama Hospital (50 bedded General Hospital)

Kerala, India (Oct. 2013 - May 2014) - Senior Nurse

### 3. Sehaty Polyclinic

Jumeirah, Dubai (Nov. 2011 - Sept. 2012) - Staff Nurse

### 4. Naseem Jeddah Polyclinic (24x7 running Polyclinic with all major departments)

Jeddah, Saudi Arabia (Nov. 2006 - May 2010) – Head Nurse

### 5. Paalana Institute of Medical Science (250 bedded Multispeciality Hospital)

Kerala, India (March 2003 - Sept. 2006) - Charge Nurse cum Staff Nurse

## **Duties and Responsibilities:**

### **As an In-Charge Nurse**

- Worked as a Nurse in-charge and supervised staff nurses, and other medical staffs.
- Maintaining and arrangement of Hospital inventory including vaccines, drugs, medical and non-medical items.
- Preparing monthly vaccination report, infectious disease notification and sending to Ministry of Health.
- Maintaining duty schedules of nursing staffs.
- Interact with departments regarding patient care.
- Keep a good inter-personal relationship with all staff & physicians.
- Checks all electrical points, pipeline O2, in built suckers for proper working condition.
- Communicate with concerned person for proper maintenance of unit.
- Autoclaving and sterilization of instruments, equipment, or supplies and ensure that stock of supplies is maintained.
- Takes responsibility for maintaining own professional development updating knowledge to reflect best practice and sharing knowledge with others.
- Contributes to the support, direction and teaching of colleagues to enhance professional development.
- Working as a Medical Waste Officer in the Centre.

### **As a Staff Nurse**

**Worked in Medical and Surgical ward, Pediatric ward, Emergency, maternity ward, Orthopedic & trauma Care Surgery Departments.**

- Suction ( Oropharyngeal, Tracheostomy, and Endotracheal) , Tracheostomy care, Hemodynamic monitoring.
- Management and first aid for cardiac emergencies.
- Administration of medications, injections, insulin, and IV. Cannulization, operating ECG machines.
- Able to do Foley's catheterization, NG Tube insertion and feeding.
- Assisted for Implant removal, Suturing, Circumcision, Incision and Drainage etc.
- Assisted for plaster casting, and first aid for patient with fracture.
- Management of accident cases and head injury.
- Emergency care of patients with seizure.
- Skilled in IV cannulization, phlebotomy of Infants, Children's and Adults.
- Giving all types of Pediatric and Adult Vaccinations as per MOH Guidelines.
- Assisted the surgeon for minor surgical procedures of eye.
- CVP Monitoring, Open and Closed Suction,
- Pre and postoperative care of patient with various abdominal surgeries.
- Monitored all aspects of patient care, including diet and physical activity.
- Maintaining and documenting information necessary for continuity of care and recovery.
- Providing good nursing care and, psychological support to the patient and relatives.

## **Equipments Used:**

Sphygmomanometer

Pulse Oxymeter

Glucometer

Suction Apparatus

ECG Machine

Cardiac Monitoring

Infusion Pump

AMBU bag

Centralized Oxymeter and Suction

Chest Tube and Water Seal drainage system

## **Computer Skills:**

Familiar with MS Office, Power Point, EXCEL, Internet and E-Mails.

## **Reference:**

### **1. Dr. Syed Rahil Ahmed**

**General Practitioner, Medical Director**

Bristol Medical Centre, Sharjah - UAE

### **2. Dr. Badriya Alawar**

**Pediatric Gastroenterologist – DHA**

Medical Director, Sehaty Polyclinic, Bur Dubai – Dubai

### **3. Dr. Jashir Ahmed Palikkunnil**

**Trauma Care Surgeon**

Medical Director, Naseem Jeddah Polyclinic, Jeddah – KSA

## **Declaration:**

I hereby declare that the above said information's are true and correct to the best of my knowledge and belief.

**Deepa Santhosh**