

# CURRICULUM VITAE

**JITHEESHA PADMAKSHAN**

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## PERSONAL INFORMATION

Age : 29 yrs.  
Date of Birth : 21/06/1989  
Civil Status : Married  
Gender : Female  
Citizenship : Indian.

## EDUCATIONAL BACKGROUND

BSc Nursing  
Image Madhapur College of Nursing  
Hyderabad  
June 2012

## LICENSE

### Current License from country of origin

Registration No for nurse: 131725

Registration for midwife: 131281

### Saudi Arabia

Saudi Commission for Health Specialties

License No. 15-A-N-0052327

### UAE

UAE MOH License: RN:015041

Evaluation Ref : RL180119023352

## CERIFIED BY:

Basic Life Support  
Neonatal Resuscitation Program

## PROFESSIONAL EXPERIENCE

- **Staff Nurse**  
**Cath Lab**  
Fortis health care ltd,  
Mulund,Mumbai  
India  
(Worked from 20/02/2013 to 18/06/2015)

# **CURRICULUM VITAE**

- **Staff Nurse**  
**Neonatal Intensive Care Unit**  
King Fahad Hospital, Al Baha  
Kingdom of Saudi Arabia  
(Worked from 31/08/2015 to 14/01/2019)

## **HOSPITAL DESCRIPTION**

King Fahad Hospital is a 392 bedded acute care tertiary referral hospital which was accredited by National and International bodies namely Central Board of Accreditation for Health Care Institution (CBAHI) and Joint Commission International (JCI). It has vast facilities: Emergency Room Department, 5 Operating Room Theater, 16 bedded Hemodialysis Unit and Critical Care Unit providing services to Adult, Pediatric and Neonate. The complex of ten floors 'Baha Medical Tower' will be opened soon which will be staging more related to surgical specialties, cardiac and oncology services. Hospital has well equipped laboratory and extensive radiology services

## **DETAILED JOB DESCRIPTION**

### **Staff Nurse:**

1. Describes the Neonatal Intensive Care Unit's standard of practices.
2. Responsible and accountable for the assigned neonates and their treatments.
3. Assess neonates upon admission and re-assess as needed according to the approved policy.
4. Provides the neonatal patients on Mechanical ventilation.
5. Prepares and assists for invasive procedures like ---
  - Endotracheal intubation and extubation
  - Umbilical Vein/Arterial insertions
  - Central Venous Catheter insertions
  - Chest tube insertions
  - Lumbar Punctures
6. Reports the abnormal values of the investigations to Physician and takes immediate corrective actions.
7. Provides care for the babies who are under isolation adhering to strict isolation and infection control precautions.
8. Participates in the educational activities and in-services.
9. Complete the required unit specific competencies for gaining the skills needed to provide efficient care in the Neonatal Intensive Care Unit.
10. Performs any other assignments or duties, if given by the Head Nurse.

## **CASES HANDLED**

1. Preterms mostly less than 30 weeks
2. Sepsis
3. Respiratory Distress Syndrome (RDS)

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4. Multiple Congenital Anomalies
5. Perinatal Asphyxia/Birth Asphyxia
6. Hyperbilirubinemia
7. Hydrocephalus
8. Myelomeningocele
9. Hemangioma
10. Diaphragmatic Hernia
11. G6PD Deficient
12. Necrotizing Enterocolitis
13. Inborn Error of Metabolism
14. Lung Diseases
15. Chromosomal Abnormalities such as: Down Syndrome, Edward's Syndrome, Patau Syndrome and Collodian Babies
16. Bladder Extrophy
17. Osteogenesis Imperfecta
18. Infant of Diabetic Mother
19. Intrauterine Growth Retardation
20. Meconium Aspiration Syndrome
21. Congenital Heart Diseases
22. Transient Tachypnea of Newborn
23. Cleft Lip and Palate

### **MACHINES OPERATED**

1. GE Solar 800 M – Cardiac monitor
2. Air shields – Infant Incubator
3. Ohmeda Bioxx – Pulse Oximeter
4. Bear Cub 750 – Infant Mechanical Ventilator
5. Gomco Division – Vacuum portable suction machine
6. Argus 414 – IV infusion pump
7. Fazzini F-60 – Vacuum portable suction machine
8. Medela phototherapy lamp
9. Aitecs syringe pump
10. Hillroom Air shields – Open radiant warmer
11. Hillroom Air shields – Transport incubator
12. Gemini – IV infusion pump
13. Drager Babytherm 8004 – Opent Radiant Warmer
14. Caleo Drager – Infant Incubator
15. Philips Intellivue MP60 – Cardiac Monitor
16. Thecoterm Total Body Cooling/Olympic Cool Cap
17. Olympic CFM 6000 – EEG monitor
18. Drager Air-shields TI500 - Transport Incubator
19. B Braun syringe pumps/IV pumps
20. Glucometer (Accu-check)
21. Lifepack 20e - Defibrillator
22. ALGO 3i Newborn Hearing Apparatus
23. Giraffe incubator
24. Breast Pump
25. Vein Detector (Khristie)

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26. Smart monitor 2 PSL – Apnea monitor
27. Hallogen Phototherapy/Capsule Phototherapy
28. Digital Thermometer
29. Electronic Balance (weighing scale)
30. ECG Machine (MAC 1200 ST)
31. Drager Babylog 8000 – High Frequency Oscillatory Ventilator
32. SLE5000 – High Frequency Oscillatory Ventilator
33. Dinamap V100 – Portable Cardiac Monitor
34. Panda Infant Resuscitator table – Radiant Warmer

### **REFERENCES:**

**Ms. Novilyn Caingutan**

Head Nurse - NICU  
King Fahad Hospital, Al Baha  
Kingdom of Saudi Arabia  
00966557721726

**Ms. Shilu kuriakose**

Charge Nurse - NICU  
King Fahad Hospital, Al Baha  
Kingdom of Saudi Arabia  
00966552065365

**Dr. Hamdi Katar Hanafi** (MRCPCH (UK), SSCP, CABP)  
CONSULTANT NEONATOLOGIST (Certified)

48-20-1-0108  
Head – NICU  
Acting Head – Pediatric Department  
King Fahad Hospital, Al Baha  
Kingdom of Saudi Arabia  
Phone: 00966503777042  
Fax: 077254836

I hereby confirm that the above mentioned particulars are true to the best of my knowledge and I swear to offer my 100% effort for the good will of the institution following the ethics of this profession.

**Jitheesha Padmakshan**