




# Jovita Mariya Crasta

DHA ID:10077389

## CONTACT

 Dubai, United Arab Emirates

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## LANGUAGES

**English**

Fluent

**Kannada**

Native

**Hindi**

Advanced

**Malayalam**

Native

## PERSONAL DETAILS

**Date of Birth / Age:** 12/07/1998

**Marital Status:** Single

**Religion:** Christian

**Nationality:** Indian

**Passport Number:** V 6 6 3 6 8 0 9

**Visa Status:** Visit Visa

## EDUCATIONS

**Bachelor of Science: Nursing**

10/2016 – 10/2020

Rajiv Gandhi University of Health Science  
Karnataka, India

**Higher Secondary Education**

06/2014 – 05/2016

Kerala Board, Kerala,

## SUMMARY

To become a hardworking and competent registered nurse to build up a career and do my best for the organization I work for. I am dedicated to working with my professional and efficient outlook and focused on striving and obtaining my goals, in order to be successful in my profession and achieve personal and career growth.

## WORK HISTORY

**Staff Nurse in Operation Theater**

03/2021 – 01/2025

**Father Muller Medical College Hospital – Mangalore, India**

## DUTIES & RESPONSIBILITIES

- Scrub and circulating nurse, Assisting the surgeon in surgeries by preparing for surgery and help him during it
- Assisting surgery carefully and safe handling of instruments
- Responsible for the operating room care department and operations
- The ideal candidate goes one step further by being a critical thinker, fast to act in emergencies
- Provided the nurse services to the medical, surgical, orthopedic and critical cases
- Provided the orientation and training to new staff members, medical and nursing students
- Acting as the medical care and specialized nurse for the patients
- Receive patient in waiting area
- Sign in for the patients and check at the following Before entering the operation room:
  - Patient identification (name and medical health number)
  - Consent for operation
  - Consent for anesthesia administration
  - Confirmation of NPO
  - Site of surgery marked if applicable
  - Surgical / invasive procedure: "TIME OUT"
  - Surgical count
  - Position and prepare patient on operating table
  - Adhere to safety standards and precautions
  - Provide pre, intra and post-operative care and safety to the patients
  - Maintain excellent work and communication with all people and staff in the unit
  - Maintain sterile fields and application of early treatment
  - Ability to deal with overcoming challenges and work under high pressure
  - Ability to work independently and to be an effective team member
  - Responsible, handle high technology, and advance equipment's very carefully
  - Problem solving and decision-making
  - Assessment ability, Leadership Ability and Time Management

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## CERTIFICATIONS

Advanced cardiovascular support (ACLS)

Basic life support (BLS)

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## REFERENCES

### • Mrs. Reshma Nazareth

In charge, Oncology Operation Theater  
Father Muller Medical College Hospital,  
Mangalore, India  
Phone: +91 8971129171

### • Sr. Nancy

Chief Nursing Officer  
Father Muller Medical College Hospital,  
Mangalore, India  
Phone: +91 9483800663

## SURGERIES ASSISTED

### Oncological Surgeries

- Radical hysterectomy
- Retroperitoneal lymph node excision
- Radical nephrectomy
- Modified radical mastectomy
- Axillary clearances
- Composite resection
- Compartmental Excision
- Anterior and posterior resection
- Parotidectomy
- Thyroidectomy
- Hemicolectomy
- Modified radical neck dissection (MRND)
- Radical neck dissection (RND)
- Pneumonectomy

### General surgeries

- Hernia repair- inguinal hernia repair, incisional hernia repair, umbilical hernia repair
- Cholecystectomy
- Gastrostomy
- Colostomy
- Laparotomy
- Jejunostomy
- Appendicectomy
- Breast lump excision
- Lymph node biopsy

### Ent surgeries

- Septoplasty fess
- MLS
- Laryngoscopy
- Tonsillectomy
- Nasal bone reduction
- Rhinoplasty
- Adenoidectomy
- Radical modified mastoidectomy
- Thyroidectomy
- Pediatric repair of cleft lip and cleft palate

### Plastic surgeries

- Abdominoplasty
- Liposuction
- Scar revision
- Skin grafting
- Reimplantation
- ORIF
- Breast implantation
- Fibula free flap (FFF)
- Pectoralis major myocutaneous flap (PMMC)

### Gynecology

- LSCS
- Abdo Minal hysterectomy
- I and D