



LIJIYA SAJI

DHA LICENSED REGISTERED NURSE

EXPERIENCE

REGISTERED NURSE | Aug 2022 to Still Working

MEDICURE POLYCLINIC | DUBAI, UNITED ARAB EMIRATES

Department : Medical & Surgical, Pediatric, Gynecology Out Patient Department

- Conduct thorough assessments of patients in the Medical & Surgical, Pediatric, and Gynecology Outpatient Department.
- Monitor and record vital signs, administer medications, and assist in diagnostic procedures.
- Provide comprehensive education to patients and their families regarding their medical conditions, treatment plans, and preventive care measures.
- Collaborate with physicians, specialists, and other healthcare professionals to ensure coordinated and effective patient care.
- Maintain clear and open communication with the healthcare team, patients, and their families.
- Accurately document patient assessments, interventions, and outcomes in electronic health records.
- Ensure compliance with all regulatory and organizational documentation requirements.
- Adhere to strict infection control protocols to maintain a safe and hygienic environment for patients and healthcare providers.
- Participate in quality improvement initiatives to enhance patient care outcomes and departmental efficiency.

ICU REGISTERED NURSE | Feb 2020 to Mar 2022

BHATIA HOSPITAL

Department : Medical & Surgical ICU

- Manage patient with ventilators, handle the emergency drugs and emergency situations.
- Assisted the procedures intubation, tracheotomy and central line.
- Conduct comprehensive assessments of critically ill patients in the Medical & Surgical ICU.
- Monitor and interpret vital signs, administer medications, and implement advanced life support measures as needed.
- Develop and implement individualized care plans based on ongoing assessments and critical care protocols.

EDUCATION

BSC NURSING | 09/2015 - 12/2019

LAXMI MEMORAL COLLEGE OF BSC NURSING | Rajiv Gandhi University

PLUS TWO | 2013 - 2015

GHSS, Thumpamon North Kerala Higher Secondary School.

SSLC | 2012 - 2013

GHSS, Thumpamon North Kerala Higher Secondary School.

SKILLS & EXPERTISE

Nursing Diagnosis		Medication Administration	
ICU Care		Ventilator management	
Medical & Surgical		Patient safety/Assessment	
Pain Management		Patient/family education	
Record Keeping		Pediatric & Gynecology	
Medical Teamwork		Communication Skills	

ABOUT ME

Dedicated and compassionate registered nurse with 3+ years of experience in both Medical & Surgical, Pediatric, Gynecology Outpatient Department, and Intensive Care Unit (ICU) settings. Proficient in utilizing electronic health records and adhering to stringent infection control protocols. Adept at conducting rapid patient assessments, implementing emergency medical procedures, and collaborating seamlessly within multidisciplinary teams. Possesses strong knowledge of advanced life support measures and implementing advanced nursing interventions to optimize patient outcomes. Exceptional communication and interpersonal skills ensure effective patient advocacy and support. Adept at working as a collaborative team member to ensure that patients receive the highest level of care possible. I aim to leverage my experience and knowledge to effectively fill the Registered Nurse position at your institution the growth of organization and grow with it.

CERTIFICATIONS

- ❖ ACLS
- ❖ BLS

LICENSE & REGISTRATIONS

- ❖ **DHA - LICENCE IN DUBAI ARAB EMIRATES**
DHA ID No : 18448920-001
- ❖ **KARNATAKA STATE NURSING COUNCIL**
Reg. No : 1900919

LANGUAGE KNOWN

- English
- Hindi
- Malayalam
- Kannada
- Tamil

PERSONAL DETAILS

Date of Birth : 26/11/1997
Nationality : Indian
Gender : Female
Marital Status : Married
Passport No : T0896013
Date of Issue : 21/11/2019
Date of Expiry : 20/11/2029

REFERENCE

- ❖ **JERRY VARGHESE**
ICU Incharge
Bhatia Hospital, Mumbai
Ph : +917506607992
Email ID : icu@bhatiahospital.org
- ❖ **ABDUL NASAR**
Clinic Manager
Medicure polyclinic dso
Ph : +971 55 800 9503
Email ID : abdul.nasar@medicuregroup.com

INTERESTS



Music



Travelling



Cooking



Movies

PROCEDURES ASSISTED

- ❖ Urinary Catheterization
- ❖ ABG & EGG
- ❖ Assist in intubations and extubation
- ❖ Assist in Abdominal tapping & Plural tapping
- ❖ Cardiopulmonary resuscitation
- ❖ Administration of blood transfusion
- ❖ Assist in Suture removal & CVP Insertion
- ❖ Assist in temporary pacemaker insertion
- ❖ Defibrillator
- ❖ Assist in tracheotomy insertion
- ❖ Setting up a new ventilator circuit

INSTRUMENT HANDLED

- ❖ Cardiac Monitor
- ❖ Infusion Pump
- ❖ ECG machine
- ❖ Bipap Machine
- ❖ Ventilator
- ❖ CVP Manometer
- ❖ Oxygen Cylinder
- ❖ Emergency Trolley

DECLARATION

I hereby declare that the above particulars of facts and information stated are true, correct and complete to the best of my belief and knowledge.

LIJIYA SAJI